

Jubilee Life

Issue 12

Golden Jubilee
Foundation

NHS
SCOTLAND



(L-R) Golden Jubilee Expansion Programme Manager Claire MacArthur, Chief Executive Jann Gardner, Health Secretary Jeane Freeman, Chair Susan Douglas-Scott and Programme Director John Scott

Health Secretary's first look at eye centre
Data protection ~ Patients in the news ~ Cath Lab 5
Equalities ~ Uniform policy ~ Organ Donation Week ~ and much more...

First look at new Golden Jubilee Eye Centre



Above: Health Secretary Jeane Freeman experiences virtual reality of phase 2 expansion plan

Left: Chair Susan Douglas-Scott CBE and Health Secretary Jeane Freeman discuss plans with Expansion Programme Director John Scott

Health Secretary Jeane Freeman visited the site of the new Golden Jubilee Eye Centre recently to see how the building is taking shape.

Part of the Scottish Elective Centres' Programme, the development represents the first phase of NHS Golden Jubilee's expansion plans and will be open to patients in Summer 2020.

Currently under construction by principal supply chain partner Kier, it will have six theatres and an integrated outpatient department, and have the capacity to carry out up to 21,000 cataract procedures per year – helping the future demand across Scotland.

The facility will harness the Golden Jubilee ophthalmic model of care which has already allowed the National Hospital to treat more patients and provide an excellent quality of service and patient experience.

This model for cataract surgery has involved new ways of working, focusing on a team approach. Optometrists see new outpatients in clinic and nurses have been upskilled to take on additional responsibilities – freeing up consultants to spend more time in theatre.

Consultants are also now working across two theatres which allows them to increase the number of patients receiving surgery. More importantly, patient feedback on the service is excellent.

The Health Secretary also heard about accelerated plans to significantly increase capacity in orthopaedic, general surgery and diagnostic endoscopy procedures.

This second phase of expansion is due for completion at the end of 2021 and will create five additional laminar flow orthopaedic theatres, three endoscopy rooms, two general theatres, a surgical admission and discharge unit and a central sterilisation department.

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“We were delighted to welcome Health Secretary Jeane Freeman to the Golden Jubilee Eye Centre construction site to show how the building is taking shape.

“At a time where we need to meet the needs of a growing and increasingly elderly population, by combining our new facility with our evidenced improved patient experience, we will be able to provide sustainable services in this high demand speciality.

“This means even more patients will be treated faster, providing an improved quality of life for thousands of people every year.”

Jann Gardner, Chief Executive of NHS Golden Jubilee
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“The Golden Jubilee Eye Centre forms part of one of the elective and diagnostic centres that are being established across Scotland.

“This network will allow people to be treated more quickly for planned surgery, taking pressure off the other parts of the system that deal with unplanned and emergency treatment. This fantastic new facility will make a real difference to patients across Scotland when it opens next year.

“We have been clear that any patient waiting too long for treatment is unacceptable – and we have taken action to address this, including publishing our Waiting Times Improvement Plan. Backed by investment of £850 million, this will substantially and sustainably improve waiting times by Spring 2021.”

Jeane Freeman, Health Secretary
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Community get first view of the next phase of hospital expansion

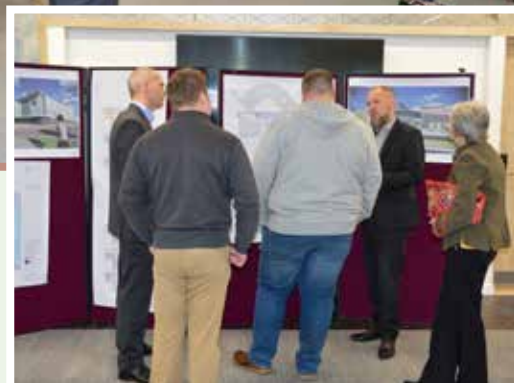
NHS Golden Jubilee threw open its doors at two public drop in events for the local community to find out about the hospital expansion.

The events on 14 and 18 September were an opportunity for attendees to see:

- an artist's impression of the outside of our phase two expansion
- a video flythrough of our new theatres; and
- images of our new concept endoscopy unit.

Members of the public had the opportunity to meet and pose questions to the team behind the expansion building and planning work.

As one of the top employers in West Dunbartonshire, NHS Golden Jubilee's recruitment team were on hand to discuss the opportunities that are currently available and also future vacancies that will be available as part of the expansion.



Be a good neighbour

As a vital part of our local community, it is important for NHS Golden Jubilee to be a good neighbour, especially to those who live next door to us.

In line with our organisational values, staff are expected to be respectful to each other, our patients and our local neighbours at all times.

We understand that car parking can sometimes be difficult. If you do have to park outside of the site, please be mindful of others and make sure you leave enough room on the kerb for prams, wheelchairs and those with mobility issues to get past.

If you are spending your break in your own or another person's car during the evening or late into the night, please switch off your headlights or move your car to a place where you will not be beaming headlights into someone's property.

Data Protection

What you need to know

Much has changed in recent years in relation to data protection laws.

With the introduction of the General Data Protection Regulation (GDPR) on May 2018, organisations like NHSScotland have a greater responsibility to safeguard personal identifiable and sensitive special category information that it processes. This includes information about patients, staff members, guests and visitors.

To uphold these responsibilities, NHS Golden Jubilee must ensure that:

- staff access to personal identifiable and sensitive special category information is reasonable and in line with their role,
- staff do not take advantage of their access to clinical systems (we use monitoring tools like Fairwarning© to check that staff access is legitimate),
- good strong passwords are used by staff (our standard is a minimum of 15 characters including uppercase and special characters and from 1 September 2019 we will be changing the password resets to every 6 months in line with Scottish Government recommendations), and
- all staff are trained on data protection and cyber security.

As an NHS Board, we process large amounts of personal identifiable and sensitive special category information. It is the responsibility of all staff to ensure that we do this safely and within the scope of Data Protection legislations.

We also have to make sure that we are not holding on to information longer than necessary. The Board has a retention schedule that lists all the different types of information we have and how long we should retain it and it is important that we follow this.



What should I do if something goes wrong?

An information security incident is an issue which impacts on the confidentiality, integrity or availability of the information. It is not only about losing a device or files.

You should know how to report a concern. If you are unclear, ask your line manager how to do this or contact Sharon Stott, Information Governance Manager, on extension 5765 or email Sharon.Stott@gjnh.scot.nhs.uk

Dual logos

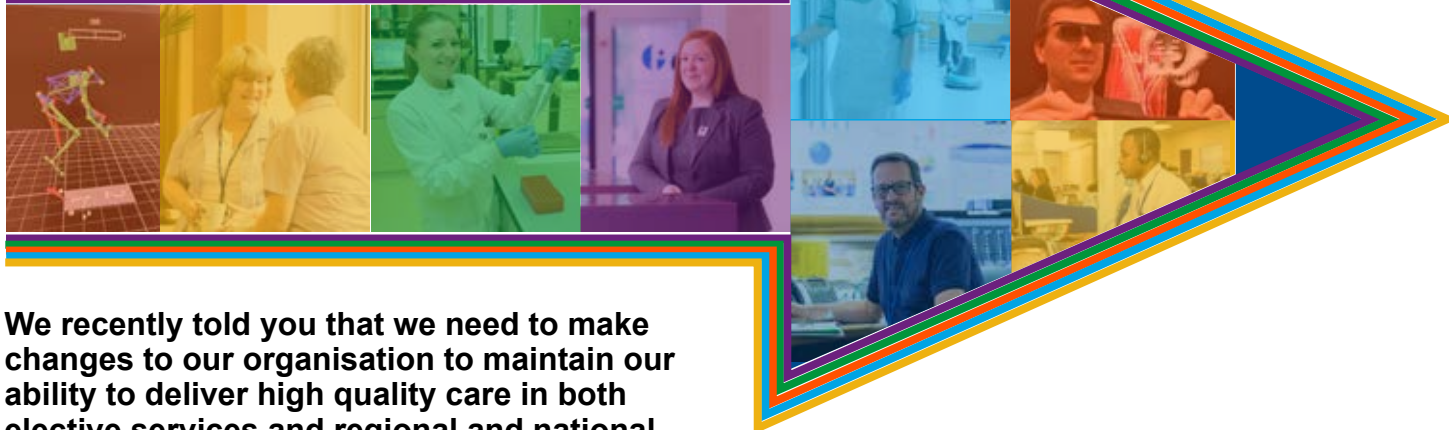
New dual NHS Golden Jubilee / NHSScotland branding has been created for the Golden Jubilee Foundation, Golden Jubilee National Hospital, Golden Jubilee Research Institute and Golden Jubilee Conference Hotel.

These logos should be used until further notice, and should be positioned on the top right hand corner of any documents/materials.



You can download the logos from Staffnet at: <http://jubileestaffnet/index.php/staff-work/logos-and-templates/>
For information or advice, contact the Communications Department on extension 5195 or email Comms@gjnh.scot.nhs.uk

Fit for the future



We recently told you that we need to make changes to our organisation to maintain our ability to deliver high quality care in both elective services and regional and national services, as well as ensuring consistent standards of care are delivered across all the new elective units.

New Board Strategy zone

To keep you up to date with these developments, we have created a new Board Strategy section within the news and events section of Staffnet: <http://jubileestaffnet/index.php/news-and-events/board-strategy/>

This new section is the place to find out all about our Board Strategy and associated work streams.

The Expansion pages have been moved into this new section and more pages will be added as other work streams progress.

New monthly bulletin

The main Board Strategy page is the place to find our new monthly Fit for the Future strategy update bulletins.

The first issue is available now and can be download at: http://jubileestaffnet/files/9715/6752/4678/Issue_1.pdf

More information

If you have any questions about our Board Strategy and associated work streams, you can:

- speak to your line manager,
- speak to a member of our Senior Management Team, or
- contact the Communications Team on extensions 5073/5195 or by emailing comms@gjnh.scot.nhs.uk

Want to know more?

Café Latte green initiatives

Café Latte has lowered the price of re-usable cups and introduced a loyalty card scheme to reduce the number of single use cups being sold.

The price of Café Latte re-usable cups has been reduced from £5 to £4 and now comes with a complimentary coffee at the time of purchase.

Loyalty cards will be issued to all Café Latte and other re-usable cup users to claim a free coffee after nine are purchased using your re-usable cup. You will even be given a new loyalty card for every completed one redeemed.

By buying one it's possible to support your favourite coffee shop and reduce the impact that throw-away cups have on the environment.



Further information on Café Latte's green initiatives, contact Denis Flanagan, Hotel Manager, on extension 6005 or email Denis.Flanagan@goldenjubilee.scot.nhs.uk

New cardiac catheterisation laboratory

Following approval by our Board, work is now going ahead on our fifth cardiac catheterisation laboratory (cath lab).

The fifth cath lab is going to be located in the area that is currently our Respiratory Lab, on Level 2 adjacent to the Cardiology Day unit and the existing four cath labs. The Respiratory Lab is being relocated within Level 2 adjacent to the Rehabilitation gym. There will also be an extension of the day unit to increase the number of recovery spaces and this is being located within the Radiology Suite.

The new cath lab will provide additional capacity to improve access for patients to interventional cardiology, particularly both coronary and Electrophysiology sessions. In addition, we are planning to relocate the device implantation sessions, currently delivered in theatres, to the new cath lab.



Our new cardiac cath lab is scheduled to open in April 2020.

New Look

Level 2



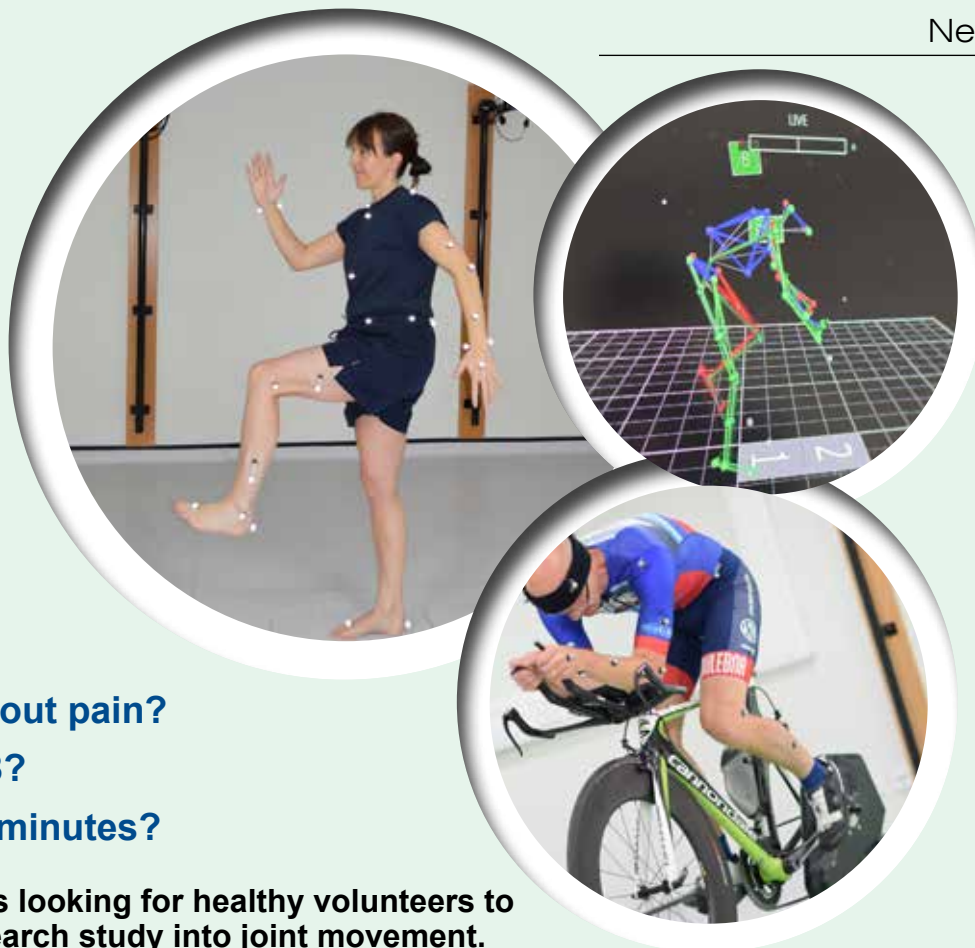
Walk our way

Are you:

- able to walk without pain?
- born before 1978?
- able to spare 45 minutes?

NHS Golden Jubilee is looking for healthy volunteers to join an important research study into joint movement.

Not only will you get feedback on how well you walk, sit and move, you will help improve the future treatment of orthopaedic patients in Scotland and beyond.



What do you need to do?

If you want to take part, then we will organise a short 45 minute session in the Golden Jubilee National Hospital's Motion Analysis Laboratory.

You will be filmed by 3D motion cameras to measure how you move when doing normal everyday activities, such as walking, sitting down and standing from a chair.

Want to take part?

To register your interest on the Healthy Volunteers Study, or for more information, contact:



research@goldenjubilee.scot.nhs.uk

0141 951 5910

Our location

Golden Jubilee Research Institute
Agamemnon Street, Clydebank, G81 4DY

Results

What do we do with your data?

Our researchers will compare data from all of our healthy volunteers with data from our orthopaedic surgery patients.

This will help us measure the effectiveness of different orthopaedic implants, procedures and treatment methods.

You can also keep in touch online:



goldenjubileefoundation.org



twitter.com/JubileeHospital



facebook.com/NHSGoldenJubilee



youtube.com/NHSGoldenJubilee

Having a ball walking back to good health

A Golden Jubilee patient is still enjoying playing the beautiful game even after three major heart surgeries.

Jamie Westwood, from Glasgow, started a walking football group for younger people, like himself, who may have health problems which prevents them from doing the sports they love.

The 27-year-old receives care from the Golden Jubilee's Scottish Advanced Congenital Cardiac Service (SACCS) as he has had his condition since birth.

Jamie, who works as a paediatric research nurse in Glasgow, was determined his love of football wouldn't be limited to just watching the national game and decided to get his boots on after hearing about Walking Football Scotland.

Walking football was introduced in Scotland to promote healthy activity for older people. Jamie decided to start sessions for people aged 18-50 at the Scotstoun Leisure Centre on Monday evenings.

Walking football is growing fast across the country and participants are enjoying the mental health and physical health benefits the game brings with it.



Jamie Westwood with Scottish footballer Lee McCulloch

“It's great to hear what Jamie is doing as walking football will be helping him build up his heart, which is a muscle, as well as his legs and joints.

“Age groups are different as there are people of all abilities and disabilities who do walking football and this evens up the playing field for everyone. It is life-changing for people and we want to get as many people fit and active as we can.

“You can do around 8,500 steps in an hour, it's a bit like power walking, and you can start at a low intensity. We have a very friendly ethos here and it really can give people a new lease of life.”

Gary McLaughlin, Walking Football Scotland Chairman

“Jamie's enthusiasm and determination to find ways to continue to be involved in sport is a fantastic inspiration to us all.

“He has shown that everyone, even people living with serious health conditions, can participate in organised sport. There is overwhelming evidence that being physically active is crucial to help us live a healthy and fulfilling life.

“People who do regular physical activity benefit physically and psychologically and this type of exercise is excellent for both young and older people.”

Dr John Sharp, Consultant Clinical Psychologist

“I have a lung condition related to my heart problems, which is the reason I started walking football.

“I love playing football, but unfortunately I'm limited to the physical activity I can do so walking football is perfect for me, more manageable, and I can still enjoy the basis of the game.

“I am aiming to get a league going as there are more and more people coming along each week and the numbers are slowly building.

“It's a great workout, there's no contact which reduces injuries and it keeps me fit and healthy and there's also the social aspect as well.

Jamie Westwood



For more information visit www.walkingfootballscotland.org.
Call 0141 287 4350 for details on Jamie's sessions at Scotstoun.

Couple have life-saving operations on same day, same time



Bobby and Anne Coburn at home after their operations

They say a husband and wife should do things together, but one couple took that a step further by having life-saving operations on the same day, at the same time, in the same hospital.

Anne and Bobby Coburn were also treated in the same High Dependency Unit (HDU) by the same nurse.

Dedicated staff even went the extra mile to ensure anxious Bobby, who was out of surgery first, knew Anne came through her procedure safely.

Anne was here for a triple bypass procedure after suffering a heart attack in February, while Bobby was having a tumour removed from his lung after it was found following tests for a prolapsed disc.

Anne, 62, would have had her surgery earlier, but her operation was pushed back after she developed pneumonia.

Bobby, 66, a retired Class 1 driver, already had the date for his operation at the Golden Jubilee when Anne found out her date for surgery. Both operations were scheduled for 8.15am on Wednesday 26 June – giving the couple, who have been married for 45 years, mixed feelings.

“This is such a wonderful story and certainly not something we’ve seen before or are likely to see again.

“I am immensely proud of how our staff handled this unique situation, in collaboration with Mr and Mrs Coburn and their family. It highlights the dedication of my colleagues as well as our commitment to person centred care when patients need it the most.”

Anne Marie Cavanagh, Nurse Director

“It really was sheer coincidence, or fate, that we ended up getting our operations at the exact same time in the same place.

“We were trying to work out if it was a good thing or not, because of the seriousness of the operations, but it’s all worked out in the end.

“I told Bobby ‘We’ve been married 45 years and I can’t even get an operation on my own!’.

“We even waved to each other when we were in the theatres and the staff were just wonderful with us. It was like a fairy story or something.”

Anne Coburn, Patient

“The whole family was obviously really worried about their operations, especially having them at the same time, but it looks like fate has been on our side here.

“Everyone at the hospital was just fantastic and some of the nurses in HDU even stayed back after their shifts to take my dad in and see my mum when she came out of theatre.

“Everyone was crying, it was such a lovely moment and we can’t thank all the staff enough for taking such good care of our mum and dad.”

Laura McMahon, Daughter



Mobile x-rays are improving patient care



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NHS Golden Jubilee has deployed mobile x-ray units to further help diagnose and monitor critically ill patients.

The new mobile x-ray units are helping us deliver person centred care for people who are extremely ill and assisting us in treating patients more effectively.

The units give the multidisciplinary radiology team very clear images which they can see immediately.

Radiographers can process the original image and produce new images that are of extra benefit to the patient's care and diagnosis that could not have been carried out before without radiating the patient more than once.

The mobile units also enable medical staff to view images at the patient's bedside and make a clinical decision straight away. It also reduces the need to move the patient, which can assist with their recovery.

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“This new development has considerably reduced the time it takes for Radiographers to x-ray patients in the ward and critical care areas.

“It is more efficient as the x-rays are digitally transferred directly to the Patient Archive Communication System (PACS), which means quicker results and better patient care.

“As the images are available immediately we can adjust the equipment straight away if we need a second image so we do not need to move patients unnecessarily.”

Patricia Trainor, Lead Radiographer

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“By having the ability to provide this service within our intensive care and high dependency units, we can now deliver high quality chest and abdomen x-rays at the bedside of our critically ill patients without the need for unnecessary moving and handling. This development provides obvious benefits to patients' successful treatment and recovery.”

Lynne Ayton, Associate Director of Operations

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Brave mum Melanie's mountain challenge

A determined mother-of-two with a congenital heart condition has climbed the UK's biggest mountain just months after the birth of her second child – raising £1,150 for NHS Golden Jubilee in the process.

Melanie Milligan climbed Ben Nevis with sister Lauren and best friends Hannah, Eilidh and Amy to say thank you to cardiac staff at the Golden Jubilee National Hospital for the special care she and her daughters received.

The 27-year-old was admitted to the Jubilee during her second pregnancy last year to be continuously monitored for her and her unborn baby's safety after she developed a blood clot on the metal aortic valve replacement which was fitted when she was just 14.

When the blood clot couldn't be cleared, our specialists delivered Millie in September at 28 weeks weighing just 2lbs 5ozs, with Melanie having heart surgery to replace the blocked valve the week after giving birth.

Whilst baby Millie spent several months in the neonatal wards in other hospitals, mum Melanie could keep a close eye on the tot from a dedicated 'babycam link' at her hospital bedside. Mum and baby are now both doing great.

The Scottish Adult Congenital Cardiac Service (SACCS) team which helped Melanie safely deliver Millie and big sister Ariana, even ensured the older girl could celebrate her third birthday with a party in the hospital.



Melanie, Lauren, Hannah, Eilidh and Amy at the top of Ben Nevis



Melanie, Millie and Ariana Milligan with Dr Janet Brennand, Consultant in Maternal at Fetal Medicine at Queen Elizabeth University Hospital and the Scottish Adult Congenital Cardiac Service's Consultant Cardiologist Dr Niki Walker and Senior Nurse Specialist Maggie Simpson.

“The care I've had at the Golden Jubilee has been so special.

“It was a very traumatic and emotional time for me and all my family, but the staff are just amazing. I wanted to do something special to show my appreciation and show that although I have a heart problem, it won't stop me from doing things I want to do.”

Melanie Milligan, patient



“We'd like to thank Millie and her family for this very generous donation, which will help us deliver person centred care for other families who go through the same situation.”

Niki Walker, Consultant Cardiologist



Trial has potential to improve lives of heart patients



Consultant Cardiologist Stuart Watkins and Louise Graham with OCTOBER Trial patient David Newman

The Golden Jubilee has recruited its first patients into a trial using technology which could improve the treatment of complex narrowed heart arteries.

NHS Golden Jubilee is hoping to recruit at least 20 patients into the international multicentre OCTOBER trial.

The study is monitoring patients with angina or stabilised heart attacks who are found to have a significant narrowing involving a branch point (bifurcation) within the artery, during their coronary angiogram.

These branch points are one of the most problematic for interventional cardiologists who say treating this type of heart disease with stents carries a higher risk of the stent narrowing, or acutely blocking, over time.

The Europe-wide trial is aiming to compare whether Optical Coherence Tomography (OCT)-guided revascularisation can benefit patients requiring stents inserted at branch points (bifurcations), as opposed to the current standard angiographically-guided method.

Specialists believe using OCT to treat the more complex branch point narrowings could lower the risk of stents narrowing and blocking after they have been implanted in patients, and hope the study will prove this.

OCT is an imaging technique which uses light within a heart artery to give specialists very detailed images of the coronary disease they are treating, to help them choose the appropriate tools to prepare the narrowing for a stent, as well as accurately measuring the size of stent needed.

In addition, once the stent has been inserted, OCT can be used to ensure the stent is perfectly expanded and hasn't caused any damage to the artery at either end of the stent.

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“The OCTOBER Trial aims to investigate if using OCT to treat narrowed arteries involving a branch point, which are more complicated to treat, is beneficial to patients compared to the standard procedure.

“Stents come out of their packaging in the form of a straight tube, so if you have a narrowing involving a branch point within an artery, these are more complicated to treat and require more complex techniques.

“OCT provides the most detailed images of inside a patient’s artery that we can get, giving the cardiologist a lot of information which can help guide the procedure and ensure we achieve an excellent result from our treatment.

“We have randomised the first Scottish patient into the trial and are currently actively screening for patients, who have complex coronary artery disease, who can participate and possibly benefit from this technology and new way of working.”

Stuart Watkins, Consultant Cardiologist and principle investigator for the trial
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“NHS Golden Jubilee is always at the forefront of developing new and innovative ways to treat patients better through our respected Research Centre.

“We are very excited to be part of this important trial which has the potential to not only improve the lives of patients, but to also save lives. This is why research and the participation of patients is so vital.”

Alistair Macfie, Interim Medical Director
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From heart patient to



Norrie Hunter crossing the Ironman finishing line

Golden Jubilee patient Norrie Hunter proved he was made of strong stuff after completing his first Ironman triathlon, just 16 months after life-saving heart surgery.

Norrie Hunter, 36, first found out he may have a congenital heart condition while tending to his unwell mother.

Already a seasoned marathon runner, it was during a competition that Norrie experienced breathing difficulties and found it harder to run. Although he finished the race, he decided to go for a check-up and discovered that he had been born with a Bicuspid Aortic Valve, leading to an enlarged left ventricle.

From there he was booked into the Golden Jubilee for heart surgery in March 2018 under the care of the Scottish Adult Congenital Cardiac Service (SACCS). After just six weeks, Norrie started training again and downloaded a fitness app to get going.

Just 16 months later Norrie was able to compete in his first Ironman. One of a series of long-distance triathlon races, the Ironman consists of a 2.4-mile swim, a 112-mile bicycle ride and a marathon 26.22-mile run, raced in that order and without a break.



“It was while recovering in my hospital bed that I was given a book called Operation Ironman. Written by George Mahood, it describes the authors’ journey from the discovery of a cancerous growth wrapped round his spine to competing, four months later, in the Ironman triathlon. It was inspiring.

“I downloaded the Couch to 5k app and started using that because, although I’d done marathons before, I knew I was going to have to start again.

“I feel like I’ve been given my life back. I’m not quite back to the strength that I was before the operation but I’m still running and I refuse to be defined by a scratch on my chest.”

Norrie Hunter

“It’s wonderful to hear that once our patients leave the NHS Golden Jubilee National Hospital, they continue to grow in strength.

“Regaining his fitness and strength so quickly after heart surgery is not only testament to his own strength and determination, but also to the great skill of our own dedicated and caring staff.”

Jim Mearns, SACCS Nurse Practitioner

The greatest gift

Our organ donation week stand was supported all week by our patients



From left: Transplant patients Clark Drennan, Pamela Rae, John Jamieson along with Geddes McLean who is awaiting a transplant

Organ Donation Week 2019 was an opportunity to promote the change in the law around organ and tissue donation in Scotland and encourage people to share their donation decisions with their loved ones.

Many of our heart transplant patients took turns operating our information stand to tell staff, patients and visitors about the importance of organ donation.

Geddes Mclean, who is awaiting a transplant, and transplant patients Julie-Ann Morris and Irene Bell kindly shared their own stories in a bid to raise awareness of how organ and tissue donation saves and transforms lives.



To hear their stories in their own words, watch on our Organ Donation Week 2019 playlist on YouTube: <https://www.youtube.com/watch?v=QTz-MxXLZbc&list=PLZeCzyCuo2tGLXVjLjtR5x4va5WJi1Dc6>

The playlist also features short films from Mark Steven, Clinical Lead for Organ Donation, Alison Mitchell, Senior Nurse for Organ Donation and Nawwar Al-Attar, transplant surgeon and Director of the Scottish National Advanced Heart Failure Service.



New Law

From Autumn 2020, if people have not confirmed whether they want to be an organ donor, it may be assumed they're willing to donate when they die.

People have a choice, and can record their decision on the NHS Organ Donor Register at any time. Sharing that decision with family and friends is vital, so they can ensure it is honoured should something happen.



More information about the opt out system of organ and tissue donation, and your choices can be found at:

www.organdonationscotland.org

Golden Jubilee National Hospital
September 3 at 4:09 PM · 🌐

We want to say a big thank you to our #FabFour for managing our #OrganDonationWeek stall today. We'll have heart transplant patients at the stall at the West Lifts all week so if you're looking for information or advice stop by, say hello and hear their amazing stories.

It's important to record your decision on the NHS Organ Donor Register and to share that donation decision with family. #MyDonationDecision... See More



Get More Likes, Comments and Shares
This post is performing better than 85% of other posts on your Page. Boost this post for £25 to reach up to 8,800 people.

3,961 People Reached **735** Engagements [Boost Post](#)

👍❤️ 158 19 Comments 17 Shares

👍 Like 💬 Comment ➦ Share

Golden Jubilee National Hospital
September 2 at 4:11 PM · 🌐

This Donation Week, Geddes is asking you to share your donation decision. Your family are twice as likely to support donating your organs, if they know it's what you would have wanted. #MyDonationDecision




11,280 People Reached **1,300** Engagements [Boost Post](#)

👍❤️ 99 7 Comments 121 Shares

👍 Like 💬 Comment ➦ Share

Golden Jubilee National Hospital
20 hrs · 🌐

VIDEO: Organ donation is such an emotional subject and emotions ran high when heart recipient Julie-Ann Morris from #Glasgow told us her transplant story. Organ and tissue donation remains an act of immense generosity - please make sure your family know your choice. #MyDonationDecision #MyJubileeStory #OrganDonationWeek... See More



12,964 People Reached **3,674** Engagements [Boost Post](#)

👍❤️😂 172 36 Comments 104 Shares

👍 Like 💬 Comment ➦ Share

NHS Golden Jubilee @JubileeHospital · 17h

Many thanks to our transplant patients Julie-Ann Morris, Gordon Hawker, Steve Kirkham and Mike Hanlon who spread the #OrganDonationWeek message at our stall today, along with Specialist Nurse for #OrganDonation Alison Mitchell. #mydonationdecision @scotorgandonor



💬 5 ❤️ 14 ➦ ||

NHS Golden Jubilee @JubileeHospital · Sep 2

Thanks to transplant recipients Mike Hanlon, Julie-Ann Morris and Steve Donaldson for managing our #OrganDonationWeek stall today. We'll have heart patients at the West Lift stall all week so if you're looking for information or advice, stop by and say hello. #MyDonationDecision



💬 4 ❤️ 16 ➦ ||

Learning and Organisational Development (L&OD)

We're the L&OD team; comprising of Donna, Deborah, Joanne and Carly (pictured). In addition, we also have Lynsey working with us for a six-month period.



L-R: Donna, Debbie, Joanne and Carly

We support a range of training and organisational development including:

- Team Development,
- e-Learning,
- Coaching,
- Leadership and Management, and
- corporate training programmes.

Over the last 12 months Learning and Organisational Development has:

- delivered a calendar of learning opportunities,
- supported a range of teams with team improvement activities,
- re-launched our Further Education Scheme,
- developed our local coaching service, and
- invested in the development of our own team to meet organisational demand for specific support.

Our focus for 2019/20 is to:

- Launch an Induction e-Learning module to replace our current Corporate Induction format.
- Launch new training opportunities including building self-awareness and supporting staff through organisational change.
- Continue to offer dedicated support to teams to improve team effectiveness.
- Further develop our Coaching Framework.
- Complete a review of our Leadership Framework to reflect your feedback and national developments.



Vicky

Feedback

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“Having completed the i:manage course two years ago, I have ensured all supervisors from my team had the opportunity to complete the i:supervise course. Every one of them have benefited from this course. It has also had a positive impact on the department. We all feel that support from L&OD is continued on completion of this course.

“For the future I am enrolling members of my team onto The Coaching Approach training and ensuring all members of my team are given the opportunity to attend courses on matters which interest them for example, Mentally Healthy Workplace Training and Assertive Communication.”

Get in touch!

Vicky Gow, Hotel Rooms Division Manager

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Learning and Organisation Development are always interested to hear your feedback. If you have used any of our services and would like to let us know about your experience, then please contact our team on extension 5123 or email L&ODinfo@gjnh.scot.nhs.uk

Uniform and dress code

The national
uniform has been in
place for 10 years



Every staff member is the face and voice of NHS Golden Jubilee.

The way you dress sends messages to the patients they care for, the customers and visitors they serve and to the public about professionalism and standards of care.

The national uniform policy came into force in 2009 and is still as important 10 years on.

NHS Golden Jubilee's Uniform, Dress Code and Laundry Policy sets out rules and guidance that all staff must adhere to.

General corporate image

- Staff must dress in a professional manner which is likely to inspire public confidence.
- Staff must be sensitive to the social, cultural and diversity and equality needs of other staff, patients and carers / visitors, in the manner staff dress.
- Staff identifiers must be worn and be visible at all times i.e. photo ID and/or name badges.
- Staff required to wear a uniform must have a clean uniform every day.

Clinical staff

- Staff must not undertake activities in public, such as shopping or using public transport, while in uniform.
- Scrubs should not be worn outside the hospital building, including car parks and public areas of the Conference Hotel.
- Navy blue scrubs are acceptable uniform for medical and on-call staff.
- Clinical staff should not carry pens or scissors in outside breast pockets.
- Theatre staff must not wear green scrubs outwith theatres, with the exception of collecting or returning a patient to the ward. Staff leaving theatre to attend a patient should change into clean greens on return to theatre.
- Staff working in clinical areas must adopt a "bare from the elbows" approach and, therefore, must wear short sleeved shirts / blouses, or have their sleeves rolled up.
- White coats must not be worn when providing patient care.
- Neck ties must be tucked in to shirt or not worn when providing patient care.
- Hair must be tied back and off the collar.
- Nails need to be kept short and clean, with no nail varnish or artificial nails.
- Cardigans and warming jackets must not be worn while providing care in clinical areas, with exception of some areas in the theatre department.

Policy compliance

Repeated or deliberate failure to comply with this policy may result in formal action being taken in line with the Employee Conduct policy.



The Uniform, Dress Code and Laundry Policy is available on the Policies and Guidelines Sharepoint site: <http://nwtc-sharepoint/sites/huddle/default.aspx>

Louise takes a deep breath and goes for a walk

Physiotherapists here at the Golden Jubilee have used a technique to help ventilated patients get vital exercise.

Historically, patients in Intensive Care Units (ICU) are limited to bed rest and the mobility of patients with breathing difficulties is restricted for the entire time they are on the ventilator.

The protocol involved physiotherapists and nurses moving the patient in such a way that it enabled them to walk while still being on the ventilator.

The technique was used on 21-year-old Dundee woman, Louise Robbie.

Mobility restriction in patients can lead to muscle atrophy, reduced exercise tolerance, weight loss and restriction in respiratory muscle function. By helping patients move and exercise, it helps maintain muscle strength, which can deteriorate the longer a patient is bedbound.

The mobilisation of the ventilated patient was carried out by the same team who carried out the first mobilisation of a patient on a femoral intra-aortic balloon pump (IABP) in the UK last year.



Our expert clinical team help patient Louise Robbie to walk while still on a ventilator

“We have mobilised a patient on a ventilator and it is great for patients.

“People who require the use of a ventilator are often too ill to do any form of exercise, or even normal day-to-day activities.

“For Louise’s family to see her up and about on her feet, is great from a psychological point of view.”

Ross Marscheider, Senior Physiotherapist

“She’s always been very determined, you could see that when she was walking around the ward.

“It was really good to see her up and about again, we’re really thankful to all the staff at the Golden Jubilee for pushing to get her up and out of bed, it’s their determination that keeps us positive.”

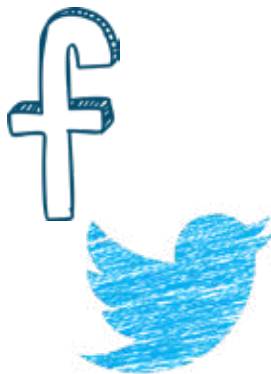
Aileen Robbie, patient’s mother

“A technique like this helps us to deliver person centered care for people who are extremely ill and gives us the ability to provide the patient with much-needed exercise which aids their recovery.

“Being able to get up and breathe a bit better while she’s mobilising around the ward will help Louise move forward and hopefully help get the breathing tube out a bit quicker.”

Philip Henderson, Registrar

Social media roundup



NHS Golden Jubilee @JubileeHospital · Sep 18
 Our Choir's latest blog is up. "For me, one of the most important aspects of your healing journey is communication..." Follow the link below to find out more about Realistic Medicine.
goldenjubilee.org/realistic-medicine

BUILD A PERSONALISED APPROACH TO CARE?

NHS Golden Jubilee @JubileeHospital · Sep 13
 Today is #WorldSepsisDay and to show our support our Prevention and Control of Infection nurses have been doing the rounds offering information.... and chocolates.

For further information please visit nhsinform.scot/sepsis

Golden Jubilee National Hospital
 August 26 at 5:00 PM · 🌐

Health Secretary Jeane Freeman MSP paid a visit to the Golden Jubilee National Hospital today to see how the build of the new Eye Centre is coming along. Thank you to all the patients, volunteers and staff who were involved today and who help shape our future services. #TeamJubilee The Scottish Government

3,583 People Reached 347 Engagements

NHS Golden Jubilee @JubileeHospital · Sep 14
 Looking forward to seeing everyone at our community expansion drop in event - open now until midday @GJChine

Our Housekeeping team wanted to show how much they love their manager Lynn Moffat today that they presented her with a 'best boss 2019' trophy and other gifts - just to say #thankyou for being brilliant. #TeamJubilee #emotional

4,606 People Reached 2,052 Engagements

NHS Golden Jubilee @JubileeHospital · Sep 17
 Big thank you to the family of Paul Farris who raised £800 for us after the loss of his wife Del (legend tribute act Myra) in a heart attack. Mum Josephine, sister Catherine and nephew Scott donated money to our #Research Institute to help raise awareness of heart conditions.

Golden Jubilee National Hospital
 August 13 at 1:11 PM · 🌐

"There is hope of a new heart and a new life." The inspirational words of Golden Jubilee National Hospital transplant patient Morgan McComb.

<https://www.dailyrecord.co.uk/.../morgan-mccomb-celebrates-ge...>

Morgan McComb celebrates getting the best 21st gift ever - a new heart

3,887 People Reached 1,022 Engagements

Golden Jubilee National Hospital
 August 20 at 4:57 PM · 🌐

Steve Donaldson pictured below with the amazing pink hair has won a Bronze medal in the Team Time Trials in the Official World Transplant Games.

Steve received a new heart at Golden Jubilee National Hospital but his courage and determination is all his. Well done Steve and teammates. We wish you all the best for the rest of the games. 🏆❤️👏

2,325 People Reached 269 Engagements

Realistic Medicine Leads Rhona Slogmeth and Jason Roberts held their first collaborative learning event - Patients at the heart of what we do - for staff today to help them learn more about #realisticmedicine and share their experiences of how it matters or relates to the work they do. #TeamJubilee #PersonCentredCare

Golden Jubilee National Hospital
 Hospital ·

2,414 People Reached 759 Engagements

Chat with the Chief



Come along and have a coffee and a chat with our Chief Executive, Jann Gardner on the following dates:

- Thursday 26 September 3pm, Auditorium, Golden Jubilee Conference Hotel
- Wednesday 23 October 11am, Auditorium
- Thursday 28 November 2pm, Innovation Centre, Golden Jubilee Conference Hotel

All staff welcome and we look forward to seeing you at one of the sessions.



Bee a flu hero. Don't infect. Protect

We care for you! We don't want you to get flu. And there are lots of people you care about too...

This winter we're aiming to maximise the flu vaccination uptake and participation amongst all NHS Golden Jubilee staff.

Be a flu hero and do everything you can to keep your patients, colleagues, family and friends safe.

We can all work together to reduce flu risks for everyone.

To help make it possible for all staff to quickly and easily get their flu vaccination, pop along to one of our drop-in sessions. Look out for details over the next few weeks.

For more info, contact Occupational Health for your flu vaccination on 5436.

Tell flu to BUZZ off



“Staff, especially those who have contact with patients, can play a vital role in limiting the spread of the virus this year by getting vaccinated early.

“Flu is very infectious and can be serious, so don't risk your health or the health of those around you. Act now and play your part in ensuring we are ready to fight flu this winter.”

Anne Marie Cavanagh, Nurse Director



Local is Lovely

BBar and Grill at Golden Jubilee Conference Hotel
A first class service at the heart of your community.

Passion | Dedication | Creativity



A warm welcome awaits at your local hotel, bar and restaurant.



Proud to serve up forward thinking dishes using locally sourced ingredients.



The perfect backdrop for every occasion – from lunch to a family party.

To book, call on 0141 951 6015



Golden Jubilee Conference Hotel
 Beardmore Street, Clydebank, G81 4SA

www.goldenjubileehotel.com



Golden Jubilee
 Conference Hotel

Workplace Equality Index

As part of our annual submission to Stonewall's Workplace Equality Index, we need feedback from staff on whether the Golden Jubilee feels like an LGBT inclusive workplace. The survey is open now until Friday 1 November.

The survey is open to all staff regardless of your sexual orientation or gender identity and the feedback is really important in helping inform our ongoing diversity work. As a result of your feedback from last year, we're working on increasing staff confidence on reporting bullying and harassment issues and improving training across our equalities strands.



The survey can be completed online in a few minutes by using the following link: https://www.snapsurveys.com/wh/s.asp?k=155912759332&mc_cid=9ab40f3fbe&mc_eid=8bb63d2b76

Please ensure you record your organisation as **Golden Jubilee Foundation** and use the code **1433**.

For more information on our LGBT equality work, please contact **Carole Anderson** carole.anderson@gjnh.scot.nhs.uk



Equality in practice

Public Sector Equality Duties

As a public sector organisation, we are legally required not only to comply with equalities legislation within the workplace but to try to further equality within the community, with the aim of making Scotland a country where all people are treated fairly and consistently. This requirement is called the public sector equality duties (PSED).

To meet these legal duties we have to identify where we can make improvements, provide evidence of the work that we are doing to address these areas and then show that these changes have made a difference.

We need to understand the demographics of our workforce

Firstly we have to understand our workforce and we do this by collecting the equality monitoring data of the workforce. This information is held confidentially and when pulled into reports, particularly the workforce monitoring report, it is reported ensuring that there is no breach of confidentiality. This report is pulled together annually and scrutinised to ensure that the Foundation is not discriminating against any particular group, i.e. not recruiting or not offering training to any particular group. This information can be seen in our workforce monitoring report on the intranet.

The PSED wants us to review this monitoring data and cross-reference it with other information to ensure that the organisation is not discriminating against particular groups.

Equal Pay Statement

Equal Pay Legislation was introduced in the UK in 1970 and this meant women and men should receive equal pay for equal work. Unfortunately over 40 years later this is not always the case, with there still currently being an 18% gap (UK Equalities office Nov 16).

So part of the duties requires the organisation to review its workforce demographic information against a variety of measures i.e. pay band, promotion opportunities, training opportunities etc, to ensure that it is not discriminating on the grounds of gender.

If any anomalies are found, then these would need to be addressed. The organisation then has to produce a statement which states the organisations commitment to equal pay.

Race and Disability Statements

As with gender, there have been legal protections around disability and race for a number of years. The Disability Discrimination Act 1992 made it illegal to discriminate against people with disabilities and the Race Relations Act 1976 made it illegal to discriminate in employment on the grounds of race. Even with legislation in place to provide protection, people still face discrimination on the grounds of their race or disability.

Although the organisation has monitored these characteristics to ensure that there is no discrimination on the grounds of race or disability, for the first time in 2017 the organisation was required to publish statements, similar to the equal pay statement.

Mainstreaming Report

The mainstreaming report is the organisations chance to evidence the work that it is doing to tackle the areas that it has identified.

Examples of what we've done:

From sickness absence reporting, we know that stress, anxiety and depression (covered as a disability) is one of the main reasons staff are off sick with:

- so we have looked at ways to support staff by providing Cognitive Behavioural Therapy (CBT),
- we are participating in Caring Behaviours Assurance System which is underpinned by the principle of self-care and the development of resilience in participants.
- Re-introduced Schwartz Rounds – these are an evidence based forum for hospital staff from all backgrounds to come together to talk about the emotional and social challenges of caring for patients. The aim is to offer staff a safe environment in which to share their stories and offer support to one another.
- Signed up to See Me, a programme to challenge the stigma of mental health

Recognising the challenges of youth unemployment, the organisation has worked to increase the number of youth employment opportunities we offer.

- We have increased our participation in the Modern Apprentice scheme, pledging opportunities for those aged 16 to 24 to engage with work by identifying a range of suitable roles within catering, housekeeping, hotel services, and engineering. Discussions are taking place with West College Scotland to finalise the associated modules to be undertaken.
- We worked to achieve the Investors in Young People accreditation, in keeping with our work to attract young people into our organisation.



More information about equality can be found at:
<http://nwtc-web02/index.php/staff-work/equalities/>

Equalities

Each issue of Jubilee Life will include information on our important Equalities work.

In this issue, you can find out about our Equalities Steering Group, meet our Equality Leads and learn about the work we are doing around some of the protected characteristics. Updates on the other protected characteristics will feature in future issues.

For more information on the work of our Equalities Steering Group:

- visit the Equalities page on Staffnet: <http://jubileestaffnet/index.php/staff-work/equalities/>
- contact any of the Equality Leads
- contact Executive Lead Gareth Adkins

Equalities Steering Group

As a public sector employer, NHS Golden Jubilee is required to meet the following requirements of the Public Sector Equality Duty set out in the Equality Act (2010).

The Equalities Group works to oversee our actions to:

- eliminate unlawful discrimination, harassment, victimisation and any other conduct prohibited by the Equality Act 2010;
- advance equality of opportunity between people who share a protected characteristic and people who do not share it; and
- foster good relations between people who share a protected characteristic and those who do not.

They also support the development and monitoring of our equality outcomes, the completeness of our employee workforce information and our pay gap analysis.

The Equalities Group includes the Equality Leads for each of the nine protected characteristics plus a lead for Health Inequalities.



Disability

Our work on disability covers awareness raising and education on issues for staff and service users with impairments.

We work to ensure that when a staff member faces barriers in the workplace and would benefit from adjustments which would improve their efficiency or productivity, we provide appropriate support.

We know that two of the most common impairments impacting in the modern workplace are mental health issues and chronic pain resulting from musculoskeletal conditions. As a result, our Occupational Health Service has a range of interventions available for staff who have mental health issues and we have also established a staff physiotherapy service for staff with musculoskeletal problems.

Other work that we have undertaken to support our staff with impairments:

- Participating in the Disability Confident Scheme (previously the “positive about disability two ticks” scheme) which means that any applicant with a disability who meets the minimum job criteria is guaranteed an interview. NHS Golden Jubilee has achieved Level 3: Disability Confident Leader.
- Working with the Glasgow Centre for Inclusive Living to fund a graduate trainee post.
- Developing a Managers guide about Disability which includes reasonable adjustments, a Travel Guide for staff travelling overseas on work business, and recently a guide about Menopause
- Establishing a Staff Disability Network where staff can share experiences and provide support to colleagues as well as helping the Foundation shape services, policies etc. This now has a Facebook page that staff can ask to join.
- Signing up to “See Me”, a Scottish programme to tackle mental health stigma and discrimination. funded by the Scottish Government and Comic Relief, and managed by SAMH and the Mental Health Foundation.

Sexual Orientation

Our work on sexual orientation covers awareness raising and education on issues facing lesbian, gay and bisexual (LGB) staff, service users and LGB people in the wider community.

During LGBT History Month (February) we published weekly articles in edigest on the legal changes for LGB people since the Stonewall Riots 50 years ago, marked 10 years as a Stonewall Diversity Champion and shared current research on poor experiences of LGBT staff and service users in health.

Our enthusiastic group of Allies have organised a few awareness stalls on LGBT issues, talking about their role in supporting LGBT staff and service users and encouraging staff to show their support for diversity and inclusion by wearing one of the GJ rainbow lanyards. Free lanyards for non-clinical staff, Allies ID badge clips for clinical staff, and Ally pens are available.

For Bi Visibility Day on 23 September, we were visited by Joanna Walker from Virgin Money and heard her experiences of being out and bi in the workplace.

Our staff LGBT network continues to grow. All LGBT staff are welcome to get in touch with the network by contacting Carole.



Trans

Over the past year or so, we have reviewed a number of important policies to ensure that any staff member wishing to transition (change their gender) at work is able to do this in a fair, supportive and sensitive manner. The Board has a guide for trans staff, their managers and advice for colleagues which can be found on Staffnet.

We have also updated our Trans Inclusion Policy for staff, patients and service users, ensuring that our approach as an employer is fair and our care services are person-centred. We have also ensured that a number of accessible single toilets are designated as gender –neutral and are working to incorporate access to gender neutral facilities in our new expansion areas.

For Conference Hotel staff, we have introduced a guide to inclusive communication, helping staff to use appropriate terms for trans service users, and deal with any issues where a service user's gender is incorrectly assumed (mis-gendering).

We continue to mark important calendar days for trans people and have raised the trans flag on trans day of visibility (31 March).

Health Inequalities

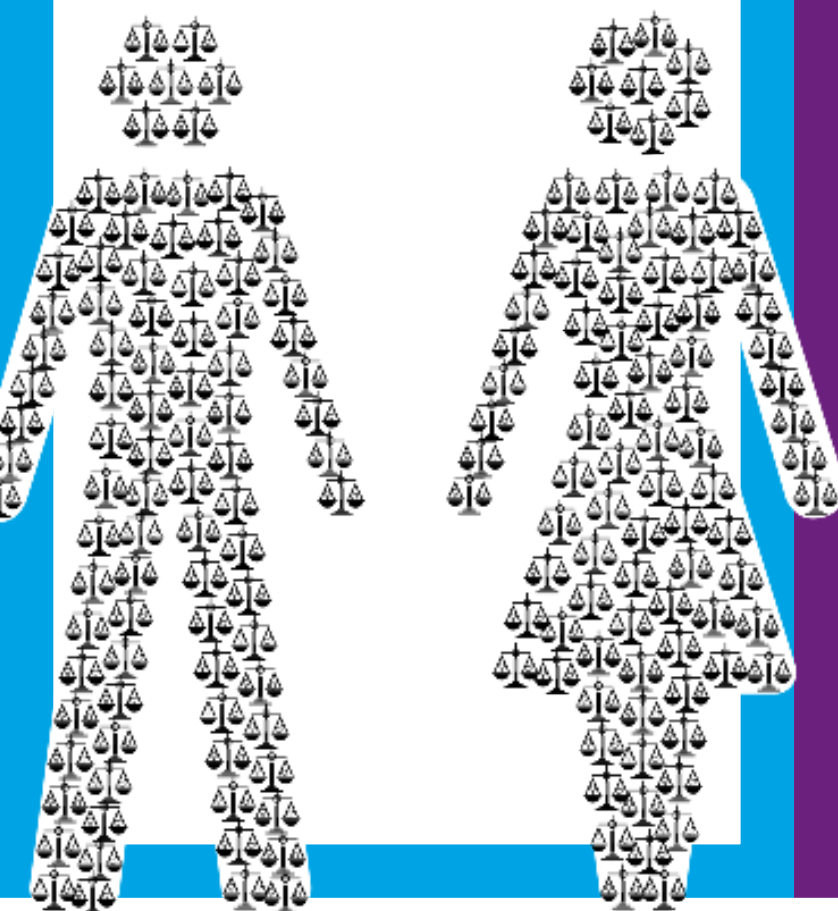
Health Inequality is not a protected characteristic, but since 2013 and a national campaign in Scotland, it is increasingly being treated in the same way.

Health Inequalities are the unjust and avoidable differences in people's health that are the product of influences that it should be possible to change. An unequal distribution of income, power and wealth leads to poverty, marginalisation and reduced opportunities. These could be seen in areas of poor housing, reduced access to education, poor transportation, limited access to social opportunities. The end result can be inequalities in health outcomes, for example it is reported that men living in Drumchapel have a 15-year lower life expectancy than those in Milngavie.

The national focus is to introduce measures which are most likely to be effective in reducing health inequality.

Designing an approach which can help to mitigate some of the reasons for health inequality is the way NHS Golden Jubilee will contribute to this national approach.

Understanding and identifying potential risks to those with health inequalities will become a focus for the Equalities Group. Advice will be available to teams. A requirement to consider these risks has been incorporated into the equality impact assessment.



Gender/Maternity and Pregnancy Work

We have reviewed a number of key policies and ensured they are up to date with current legislation.

The Maternity Leave Policy has been updated. This highlights the advice and support available to staff who are pregnant or have recently given birth. It also includes the process for applying for maternity leave and pay, advice on antenatal care, pregnancy related illness and return to work.

Work-life Balance policies available to staff include Maternity Support (Paternity) Leave Policy, Parental Leave Policy, Flexible Working Policy as well as advice on Childcare Voucher schemes. Our local Breastfeeding Policy actively supports breastfeeding amongst our staff and patients.

NHS Golden Jubilee treats any form of intimidating behaviour or harassment seriously and promotes a working environment free from harassment. Our Preventing and Dealing with Bullying and Harassment Policy highlights how to address any allegations of sexual harassment and the support and advice available to staff.

In September 2018, representatives from NHS Golden Jubilee participated in a workshop delivered by Policy Scotland which was aimed at supporting local employers in West Dunbartonshire in the fight against domestic abuse. This workshop educated local employers about the harmful behaviours associated with domestic abuse in order to recognise these behaviours and raise awareness within the workplace.

Our Gender Based Violence Policy has been reviewed and provides advice and support to managers and staff for any issues relating the gender based violence issues.

Further advice on any of the range of policies is available from the Human Resources Team.

Race

Over the last few years NHS Golden Jubilee has sought to include some attention to race.

Our vision is to promote greater awareness, appreciation and conversation about who we are as well what we do in NHS Golden Jubilee and our race is for many of us a huge part of this.

Some of our best and most unique care is given and received by people whose country of origin, colour of skin and first language are different from the general Scottish population.

Our Translation and Interpretation services work has been included in our Equalities Mainstreaming Report.

We hosted an open event in our Spiritual Care area on Holocaust Memorial Day to remember those who were, and are, affected by ethnic cleansing and genocide.



Meet our equality leads

Age

Eleanor Lang, extension 5659
Eleanor.Lang@gjnh.scot.nhs.uk



Disability

Jane Christie-Flight, extension 5822
Jane.Christie-Flight@gjnh.scot.nhs.uk



Race

This role is currently vacant.
If you are interested in getting involved, contact any of the Equality Leads or Gareth Adkins, Executive Lead.



Religion or belief

Andrew Gillies, extension 5060
Andrew.Gillies@gjnh.scot.nhs.uk



Gender / Pregnancy and Maternity

Laura Liddle, extension 5604
Laura.Liddle@gjnh.scot.nhs.uk



Sexual Orientation / Trans / Marriage and Civil Partnership

Carole Anderson, extension 5522
carole.anderson@gjnh.scot.nhs.uk



Health Inequalities

Theresa Williamson, extension 5006,
Theresa.Williamson@gjnh.scot.nhs.uk



Executive Lead

Gareth Adkins, extension 5263
Gareth.Adkins@gjnh.scot.nhs.uk



Coming soon – Executive Leads for Equality



Phil



Kay



Liane



June

At the end of September, we will say goodbye and good luck to departing Non-Executive Directors Phil Cox and Kay Harriman after eight years on NHS Golden Jubilee's Board.

As Jubilee Life goes to press, we await the outcome of the recruitment process for our new Non-Executive Directors.

Liane McGrath has taken up post as Head of Corporate Governance and Board Secretary, providing support to NHS Golden Jubilee's Board and Executive Team.

June Rogers, Director of Operations, has also taken on the additional role of Deputy Chief Executive.

Goodbye, farewell, auf Wiedersehen, à dieu

It was farewell to Brian Laugland, our former Head of Procurement, who left us at the start of August.

Brian had been at the golden Jubilee for 18 years and was a respected and valued member of #TeamJubilee.

We wish Brian all the best in his new job in the Scottish Ambulance Service, he'll be missed by the whole team.



Another long-term staff member said goodbye in September to take up a new role at a neighbouring health board.



Gerry

Gerry Cox, who has been with us for 13 years, started here as Deputy Head of Estates and progressed to Head of Estates, which will also be his title at Greater Glasgow and Clyde health board.

Popular Gerry will be missed by many here at the Jubilee, but we hope he'll be Still Game to come back and visit us in the future.

New Medical Director

Mark Macgregor has taken up post as our new Medical Director.

Mark may already be a familiar face around NHS Golden Jubilee, as he was a Non-Executive Director on our Board from 2011-2019.

Prior to this appointment, Mark was a Consultant Physician and Nephrologist and Interim Medical Director for acute services in NHS Ayrshire & Arran. He is the co-vice chair of the Scottish Medicines Consortium.

Mark graduated in medicine and physiology from Glasgow University, and completed most of his training in the West of Scotland.

His main clinical and research interest is in chronic kidney disease and its epidemiology. He is a Health Foundation GenerationQ fellow and was previously a senior medical officer in the Scottish Government Health Directorates, advising on the implementation of medical appraisal and revalidation.

Many thanks go to Alistair Macfie for taking on the role of Interim Medical Director after Mike Higgins retired earlier in the year.



PACU nurse Claire Macguire is running the 2020 London Marathon and holding a raffle to raise £2,000 for Clic Sargent.

The raffle will be drawn on Friday 4 October. Tickets cost £1 per strip and are available from PACU.

Prizes up for grabs include:

- Overnight stay for two with breakfast in the Dakota Eurocentral Hotel
- £50 Miller and Carter gift card
- Four Personal Training sessions at Planet Fitness
- Sports therapy/massage gift voucher
- Reiki gift voucher
- Two Ryze trampoline jump session passes
- Victoria's Secret goody bag
- Two Baby Sensory class gift vouchers
- Sassoon Salon cut and treatment gift voucher



Tell us what you think

We are testing out designs for your staff magazine, Jubilee Life. Please take a few minutes to tell us what you think.

1. Did you find the magazine interesting?

1 = very, 2 = quite, 3 = average, 4 = not very, 5 = not at all



2. Did you find the magazine easy to read?

1 = very, 2 = fairly, 3 = average, 4 = not very, 5 = not at all



3. Where did you access the magazine?

.....

4. How do you think we could improve the magazine?

.....
.....
.....

5. Any other comments?

.....
.....
.....
.....

6. If you would like a response to your comments, please provide your contact details below.

Name: Extension number:

Email:



Please send your comments to the Communications Team by emailing comms@gjnh.scot.nhs.uk

NHS Golden Jubilee, Agamemnon Street, Clydebank, G81 4HX