

# Jubilee Life January 2025



## Issue 67

Welcome to the **January 2025** edition of your digital staff magazine.

There's a handy icon at the bottom right to help you navigate through the sections.

## News



## Changes to how we communicate with you

The Communications team will soon be making changes to how we communicate with staff across NHS Golden Jubilee.

### SharePoint

From February, we will transition all non-urgent communications to our StaffNet SharePoint site and introduce new features aimed at both speeding up access to information and enhancing awareness of who we are and what we do across the organisation.

Building on the news functionality within SharePoint:

- Each communication will have a separate StaffNet news post. All content will be published online as soon as it is approved, improving accessibility and enhancing visibility.
- eDigest will be replaced with News Digest. This will continue to be emailed out to staff, with all information available on Staffnet for colleagues who do not regularly access emails.
- Key news and features will be collated into a refreshed, streamlined Jubilee Life.
- We will roll out our recently introduced Spotlight feature, which profiles a department, team or project.
- We will launch Jubilee People, our new feature celebrating individual staff members and their achievements.

For staff, this will mean you:

- have faster access to information,
- receive instant notifications when news posts are published (when you follow the site),
- can access news, policies and key information from anywhere, at any time, on any device, and
- can comment on individual news posts.

### Accessing SharePoint

You can access SharePoint using your existing NHS Golden Jubilee network login by:

- launching the web browser on any networked device,
- logging into the Microsoft 365 website on any web-enabled device and selecting SharePoint from the apps, and

- downloading the free SharePoint app to your work and/or personal devices.

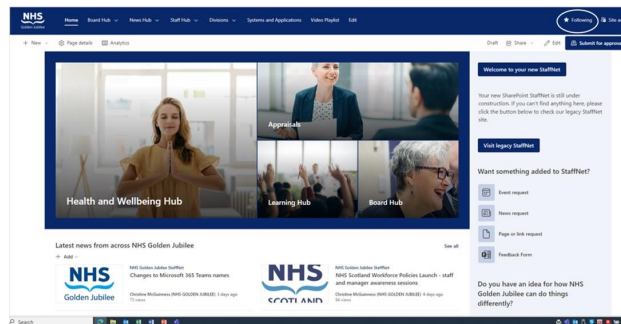
It is expected that all employees with work phones will have the SharePoint app installed and logged in as standard, enabling seamless access to the latest organisational news and resources.

### Not familiar with SharePoint?

Read our [Welcome to your new StaffNet](#) news post to find out about the features of SharePoint and discover how to access information. If you are not logged in, you may be prompted to do so – just use your existing network login.

We will soon be running bite-size training sessions to support staff in understanding how to access and share key organisational information effectively. Look out for more information on these coming soon!

Remember to click on the star to follow the site and receive news post notifications. You will know you're following the site when the star is filled in with the word "Following" next to it.



### All staff events

The Executive Leadership Team recognises the value of open, face-to-face communication in fostering trust, collaboration, and engagement across the organisation.

To support this, they will host monthly Teams sessions open to all staff. These sessions provide an invaluable opportunity for employees to hear directly from leadership, ask questions, and share feedback in real time.

Each session will be structured around key updates and information relevant to staff, Regular topics will include updates on activity, financial performance, and staff governance, providing insights into our direction and priorities.

By attending these sessions, staff can gain a deeper understanding of how their work contributes to the overall success of the organisation.

Check out our [All Staff Sessions page](#) to see this year's dates, and find out how to add them to your electronic diary.

## Screensavers

Our Digital department has been testing the use of screensavers across our site.

Screensavers are a dynamic and visually engaging communications tool, providing an effective way to share important information and updates with staff.

They will promote general corporate messages and will be linked to the communications forward planner of events, ensuring timely and relevant content delivery across the organisation.

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### *Tell us what you think!*

*We are excited to bring you these new and improved communications channels, and hope you both like them and find them helpful.*

*We are always aiming to improve how we communicate with you and are happy to hear your feedback at any time.*

*You can do this in a number of ways:*

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- *speak to any member of the Communications team,*
  - *email [Comms](#)*
  - *fill in our online feedback form*
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## **Best Practice in Dementia pass marks for all**

Healthcare Support Workers completed their Best Practice in Dementia Care this month, helping them deliver better person-centred care for patients with the illness, whilst also offering candidates an opportunity to develop their careers.

Abbie Ferns, Sarah McIntyre, Allyson Burrell, Catriona Smith, Kelly Finnegan and Mary Ann Reyes were presented with their certificates at a ceremony in January.

The course is a guided learning programme for support workers delivered over a 4-month period to help increase knowledge and improve practice in looking after a person with dementia or delirium.

The course, run in conjunction with the University of Stirling, is delivered through 10 2-hour education sessions, with an accompanying workbook, which the candidates complete during the course and sessions.

The areas covered include:

- The person and dementia
- Person-centred care in practice
- Communication and behaviour
- Providing support and transitional care
- Assessment and support for the person with dementia their family and carers
- Supporting a person experiencing stress and distress
- Legal aspects and issues relating to dementia care



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*“To complete the course successfully candidates are required to attend 80% of the sessions, so therefore there needs to be support to attend.*

*“Candidates also need to complete a short reflective exercise to achieve certificate of achievement. This exercise helps the candidate to evidence the learning they have gained and how it will influence future clinical practice.*

*“I would like to congratulate all the candidates on completing this important course, which helps us deliver person-centred care to our patients, and also gives the candidates an opportunity to develop their careers at NHS Golden Jubilee.”*

***Con Gillespie, Lead Nurse for Dementia***

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### **Scotland’s first Transplant Football Team**

An NHS Golden Jubilee patient has formed Scotland’s first transplant football, which he hopes will be able to compete at this year’s European Transplant Football Championship.

Duncan MacAuley, who received a heart transplant, noticed that Scotland was the only home nation not represented at last year's World Cup and, determined to change that, he established our country's first national transplant football team.

Since then, he has recruited other transplant players, including 3 from the Golden Jubilee, to help patients stay fit and active while representing their country.

But Duncan is on the lookout for recruits of any gender to join their squad ahead of the Championships this April.

Scotland Men’s National Team Captain, Andy Robertson, has also thrown his support behind the team, hoping to raise awareness and help them qualify for the championship.

Congratulations and well done, Duncan!



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[Click this link to find out more information about Scotland’s Transplant Football Team.](#)

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## Nurse Band 5 Review update

Applications for Nurse Band 5 Reviews are made using an online portal/app designed to support reviews, with a 2-step process to submit an application.

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*Step 1: You complete a draft application on the portal. The application form has a number of sections in it and will take some time to complete. You can save and return to it as often as you wish. Once it is completed you will be asked to send it onto your nominated Senior Charge Nurse (SCN) for review and approval.*

*Step 2: Once your application has been checked and approved by your Senior Charge Nurse you will then be asked to submit the application and confirm it has been approved. Your submission request is not finalised until you have submitted the final document on the portal.*

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The online portal sends the completed and approved questionnaire to HR, where it is initially quality checked by Job Evaluation Leads. If the Leads have any queries, they will feed back to you directly, copying in your SCN, but if there are no queries it will be listed for job matching.

An Evaluation Panel will complete the job matching exercise and when grading outcomes have been consistency checked the result of the application will be confirmed in writing.

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[Click this link for more information on our dedicated Staffnet page](#)

[Click this link to find out more information about Scotland's Transplant Football Team.](#)

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## Re-gift unwanted Christmas presents

If you have any unwanted Christmas gifts that you don't know what to do with, you can re-gift them through a local charity to someone who will cherish them.

Whether it's socks, bath and shower goodies, clothing, stocking fillers or electrical items, charities are the perfect place to re-gift unwanted presents, and we'd like to help 2 West Dunbartonshire charities.

Not only would you be helping other people, you'd also be cutting down waste by re-purposing a gift that may otherwise sit around taking up space or, even worse, going to waste and potentially harming the environment.

Unwanted gifts can be re-sold, or given to families in need and charities Golden Friendships in Dalmuir and Old Kilpatrick Food Parcels will do just that.

Golden Friendships is a charity promoting social inclusion in Clydebank by organising a range of entertainment, events and fun activities for everyone, regardless of ability.

Old Kilpatrick Food Parcels (OKFP) is a free local food pantry which provides essential items to almost 1,000 people every month who are suffering from financial hardship.

There has been increased demand on the charity's services and it needs more support to help local people in need and as an Anchor Institution in West Dunbartonshire, we'd like to offer what support we can to both charities through our big-hearted staff.



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*If you'd like to re-gift any unwanted Christmas presents, please contact [comms](#) with your details for a drop-off or collection.*

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## Strategic Projects



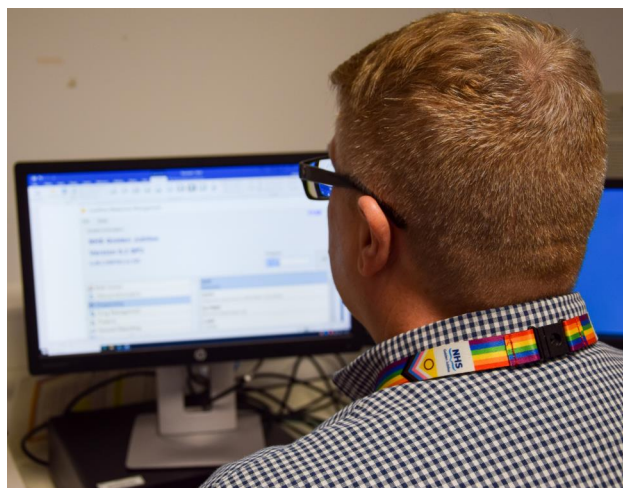
### HEPMA update

Staff can expect the roll-out of Hospital Electronic Prescribing and Medicines Administration (HEPMA) in the coming months.

HEPMA is a web-based application and will therefore be accessible to medical professionals from any device connected to the secure NHS network.

#### HEPMA will:

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- *Remove paper-based processes from prescribing and medicines administration.*
  - *Significantly improve patient safety and quality of care.*
  - *Improve our medicines management processes.*
  - *Enhance medicine optimisation.*
  - *Enable monitoring and feedback to prescribers and those administering medicines.*
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More information will be released ahead of the release date.

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## People



### **Trainee Thoracic Surgeon completes 50th independent robotic procedure**

Douglas Miller, a Senior Trainee from the South West of England, has now completed his 50th robotic procedure during his training here at NHS Golden Jubilee.

Douglas joined us as a Robotic Fellow in 2024 and has now carried out over 50 independent cases as a Console Surgeon on the Da Vinci robot.

Upon completing his training, which has included Virtual Reality (VR) and simulation modules, Douglas will return to Plymouth as a fully qualified Robotic Thoracic Surgeon, enabling him to perform robotic surgery in the unit where he will become a Consultant.

Douglas commented on his experience within the programme and its impact on the NHS and patient care.



*1 - Douglas Miller*

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*He said: "Coming to Glasgow has allowed me to gain experience I would never have received in my formal training and I will be able to return and use those skills to complete the training programme."*

*"Additionally, it will improve access for patients in specific areas to minimally invasive surgery using robotic techniques, which are associated with reduced waiting lists and hospital stays, less pain and shorter recovery times."*

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Douglas's achievement is a testament to the success of our Thoracic Surgeon training programme, which is fully funded by NHS Golden Jubilee. Our current Thoracic Consultants are fully trained in robotic surgery procedures and also serve as trainers, facilitating the training of other recruits in Scotland, the UK and Europe.

Alan Kirk, Cardiothoracic Consultant, describes the scope and impact of the programme:

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*"Two of our Thoracic Consultants are European Proctors and therefore travel throughout the UK and Europe, training other Thoracic Surgeons."*

*"We have fully trained one of our Scottish trainees, who is now a recently appointed consultant here at NHS Golden Jubilee so the programme is progressing very well."*

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Due to the success of the programme, a second Fellow will be joining the hospital in August 2025 from the West Midlands.

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### **Chief Executive and Chair Walkround**

Chief Executive Gordon James and Board Chair Susan Douglas-Scott paid a visit to our Learning and Organisational Development department this week.

The team does a fantastic job supporting the personal and professional development of all staff and volunteers across Team Jubilee by developing people and teams to reach their full potential, resulting in better care for patients across Scotland.



*2 - Gordon (left) and Susan (centre) with members of the Learning and Organisational Development team*

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*For more information on how the L and OD team can help you, visit the [StaffNet page](#).*

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## Val-You



### Join us as a Culture Champion

One of our main focuses this year is adopting a kinder and more inclusive culture across the organisation.

To achieve this, we will be launching a culture programme and require a Culture Champion to make NHS Golden Jubilee a better place to work, be cared for and visit.

Our Culture Champions will play a key role in spreading positive messages by promoting and supporting a culture of kindness and respect.

#### What does it involve?

- **Be a role model:** Lead by example and share ideas that help continue to build a kinder, more inclusive workplace.

- **Time commitment:** Around 5 hours a month for up to 3 years (with annual reviews to check it's working for you).
- **Training:** All training will be provided through workshops, e-learning and peer support groups.
- **Stay connected:** Join a supportive network of other Culture Champions with regular catch-ups and learning opportunities.
- **Make a difference:** By working individually or with others, you'll help us continue to shape a more positive culture – and earn Continuing Professional Development (CPD) certificates too.



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[Click this link to find out more information about who can, and how to apply.](#)

*For more information contact Catherine Fox on MS Teams, by email [Catherine.Fox2@gjnh.scot.nhs.uk](mailto:Catherine.Fox2@gjnh.scot.nhs.uk) or on extension 4211. Be part of something amazing – help us build a workplace culture we can all be proud of!*

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### **Ability Network in 2025**

The Ability Network provides a confidential, supportive and psychologically safe space for staff with disabilities or long-term health conditions to share their experiences, offer peer support and drive positive change for disabled individuals within the organisation.

As we prepare to welcome new members in 2025, we recognise that while approximately 19% of working-age adults in the UK are estimated to have a disability, only 1.4% of NHS Golden Jubilee staff have disclosed a disability (according to the 2021 Workforce Monitoring Report).

Disabled people often encounter a range of challenges in entering and advancing within the workplace. These challenges include accessibility barriers in buildings, technology and working practices, as well as stigma associated with various mental and physical health conditions and impairments.

In 2025, the Ability Network aims to address some of these challenges through 2 key objectives:

- Host an event for line managers to enhance their understanding of how to promote disability awareness, accessibility, and inclusion in the workplace
- Organise an 'Ability Leadership' event on 3 December 2025, in celebration of International Day of Persons with Disabilities, highlighting the impact of living with a disability on leadership journeys



Jonathan O'Reilly, Network Lead, encourages staff to join, emphasising the personal and professional benefits:

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*“Being part of the Ability Network offers a unique opportunity to make new friends, learn about available support and feel a greater sense of belonging within our community. Together, we can share experiences, raise awareness and create a more inclusive workplace for everyone.”*

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3 - Jonathan O'Reilly

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[Click this link for more information on the Ability Network](#)

*Join the Ability Network meetings:*

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- [May 21, 12pm-1.30pm](#)
  - [August 20, 12pm -1.30pm](#)
  - [November 19, 12pm-1.30pm](#)
- 

**Anyone interested in shaping these initiatives or connecting with peers, we would love to hear from you!**

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Please reach out to us at [Ability Network](#), or contact Jonathan directly at [Jonathan O'reilly](#)

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### Comments about you!

**ICU patient:** I'll never be able to thank the staff at the Golden Jubilee ICU unit for the exceptional medical care they provided and the support for the rest of us in our darkest days. Thankfully for us there was a happy outcome. They truly are angels.

**Lorna Quinn Mcintosh:** SACCS have worked with my son Daryll many times on his heart journey from the very first time being told he needed open heart surgery. This amazing team make you feel safe, and believe me, at a time like this feeling safe is priceless. To Nicki Walker and her team from porters, admin, domestic, catering, you are all our heroes. There's not a day in my life I don't thank you for saving my sons life xx

**Elle Thomson-Jelfs:** I am so very thankful for this team. I had open heart surgery in May this year and had to have a procedure of possibly placing a stent (thankfully once they went in through my wrist a stent wasn't needed) and oh this team have been an amazing support. I honestly can't say thank you enough.

**James Bartlett:** SACCS team is unreal, saved my life on many occasions! Dr Hunter and Dr Walker can't be thanked enough, cause of them I'm still here and my wife and I have a beautiful wee girl!

**Orthopaedic patient:** Mr Roberts was amazing. He was mindful and kind to me throughout my appointments and during my surgical visit. When he spoke with me, he spoke with calm, friendly knowledge - at no point was I left uninformed. He cared about me, and even wheeled my bed back to the ward following my surgery, as everyone else seemed busy. During his rounds he introduced me to people who were with him. His colleagues were equally as caring.

**Colin Gray:** You all deserve every bit of praise, the care you gave me when I had my Heart Transplant in September 2023, I know I'm not alone when I say how grateful we all are for the care we received and the care we continue to receive at our clinic appointments.

**Pat Kempster:** I will be eternally grateful to NHS Golden Jubilee for giving me a new Aortic Valve which has been a great success. All the care of everyone who cared for me, I will never forget.

**Lynn McCreadie :** My guardian angels were Dr walker and Mr Peng and all their team, without them I wouldn't be here. The Golden Jubilee is outstanding.



**Patient:** Your magnificent staff saved my life 2 years ago and I can't thank them enough, they are amazing people. Doctors, Nurses, Pharmacy, cleaning staff and all support staff who work hard under stressful conditions.

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**The staff put me at ease as I get a bit anxious with these things – I didn't need to worry though, as my procedure went smoothly.**

**The whole hospital, from reception to ward, was spotlessly clean, with hand sanitiser stations throughout. It really makes a difference when wards are brightly lit and welcoming.**

MRI Patient

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“ I will never stop being grateful for or forget, the tremendous care and kindness you showed me during my 3 week stay last month. What was a very challenging time for me, you carried me through. You are all fabulous, thank you to all, including those in ICU and HDU.

”

Heart patient



## Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

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### Flu Campaign

#### High levels of flu circulating this winter

This winter there have been high levels of flu circulating compared to previous years.

Public Health Scotland is reminding eligible individuals who have not yet received their free flu vaccine to get vaccinated before the vaccination offer ends on 31 March.

Additionally, those eligible for the COVID-19 vaccine are encouraged to get vaccinated before the COVID-19 vaccination programme ends on 31 January.

#### Why get vaccinated?

Having the flu vaccine helps prevent serious illness from flu and passing it on to others.

By getting a COVID-19 vaccine you're likely to have milder symptoms if you catch COVID-19 and recover faster.



Getting the flu vaccine **every year** is one of the best ways to protect yourself against catching and spreading flu.

Public Health  
Scotland

Healthier  
Scotland  
Scottish  
Government

NHS  
SCOTLAND

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*Find out if you're eligible and book your appointment*

*For information about who is being offered the flu and COVID-19 vaccines, book an appointment or to find your nearest drop-in clinic, visit [nhsinform.scot/wintervaccines](https://nhsinform.scot/wintervaccines).*

*Need help?*

*For additional help or assistance, call the Vaccination Helpline on **0800 030 8013**.*

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## **Kiltwalk 2025**

Our Health and Wellbeing Group is delighted to announce it is funding places in the 2025 Glasgow Kiltwalk - one of Scotland's biggest charity events to raise money for good causes in our local communities.

We're looking to do the 14-mile Big Stroll from Clydebank to Balloch, which takes place on the weekend of 26 and 27 April, and we're looking for participants who want to get, or stay, active to join Team Jubilee for the event.

The funding for the places comes from the Health and Wellbeing endowment fund and is part of NHS Golden Jubilee's commitment to you to help you stay active through healthy activities.

### **Get involved**

Due to the popularity of the massive fundraising event, organisers added an extra date this year on Saturday 26 April as places for all the Kiltwalk events are taken up very quickly, so we need to quick off the mark to book our places before they're all gone.

### **What's happening?**

There are 3 walk lengths available:

- The Big Stroll (14 miles from NHS Golden Jubilee to Balloch) - £20 entry fee
- The Mighty Stride (23 miles from Glasgow Green to Balloch) - £20 entry fee
- The Wee Wander (3 miles from Loch Lomond Shores to Moss O'Balloch Park) – Adults £13, children £7 entry fee

**Saturday 26 April:** 14 mile Big Stroll.

**Sunday 27 April:** All 3 distances - Mighty Stride, Big Stroll and Wee Wander.



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*If you or any colleagues as a team would like to take part through one of our funded places, contact [Helen Atkinson](#). Be quick, spaces fill up fast!*

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**There's a free NHS Golden Health and Wellbeing t-shirt for everyone who joins the team.**

All funds raised go quickly and directly to chosen charities, as well as all eligible gift aid (up to 25% extra).

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Visit <https://thekiltwalk.co.uk/> for more information.

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## Jubilee Active Blog



The February blog from the Occupational Health Physiotherapy team is about this year's Kiltwalk and includes top tips on how to prepare for long walks.

[Click this link to read the blog](#)

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## Raising Awareness: Cervical Cancer Prevention Week

January is Cervical Cancer Awareness Month, and the week from 21 - 28 January marks Cervical Cancer Prevention Week. At NHS Golden Jubilee, we want to highlight the importance of cervical screening (smear tests) in preventing cervical cancer and encourage everyone to take action.

Cervical screening is one of the most effective ways to detect early changes that could lead to cervical cancer. It's quick, simple, and could save your life. If you've received an invitation or if your smear test is overdue, make an appointment with your GP practice today.

The HPV vaccine offers great protection against the main causes of cervical cancer, but it's still vital to attend your screening, even if you've been vaccinated.

It's important that you still go for regular **cervical screening**, even if you've had the HPV vaccine.



In Scotland, women (and anyone with a cervix) aged 25 to 64 are offered regular **cervical screening** (smear tests).



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*Click [here](#) for more information about cervical screening.*

*Let's spread the word and encourage our friends, families, and colleagues to attend their appointments.*

*Together, we can Prevent Cervical Cancer.*

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### **Yoga sessions a big success for Cardiothoracic team**

As part of our monthly Continuing Medical Education awareness, our Cardiothoracic team hosted a yoga session, aiming to improve and promote wellbeing practices at both a personal level and in the workplace.

Consultant Thoracic Surgeon, Rocco Bilancia said: “It was the first time that a yoga session was organised in by the team and was hosted in the physiotherapy gym and was open to all cardiothoracic staff groups. It was a massive success with over 20 people signing up for it.”



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### **Occupational Health Physiotherapy survey**

Our Occupational Health Physiotherapy service is asking for feedback from all staff members regarding the current service hours to determine if they meet the needs of colleagues.

The team would greatly appreciate colleagues taking a few minutes from their day to complete an online questionnaire.



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[Click this link to access the survey](#)

*Paper copies are also available for departments and staff who don't frequently use computers.*

*Contact the team on [Physio.Occhealth@gjnh.scot.nhs.uk](mailto:Physio.Occhealth@gjnh.scot.nhs.uk) to request one.*

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## **Staff Wellbeing Zone**

The Staff Wellbeing Zone is a space for all staff and volunteers that is calming, comfortable and welcoming. It will feature 2 spaces - the Quiet Zone and the Activity Zone - located on Level 1 beside the Spiritual Care Centre and Garden of Reflection.

It is accessible to you 24 hours a day with your Staff ID and is your space to use at any time for rest, reflection and privacy - part of NHS Golden Jubilee's commitment to your health and wellbeing.

It is now part of our dedicated 'Triangle of Care' along with the Garden of Reflection and Spiritual Care Centre.

We are investing in you and our future workforce to contribute to, and promote, a healthy workplace through a rest area for staff that will have a positive impact on your health and wellbeing.



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[Click this link for all the information on the Zone](#)

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## Health and Wellbeing support for staff

### Health and Wellbeing Hubs

Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

You also have full access to the National Wellbeing Hub, which is full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

The Hub has brilliant resources to help relieve stress and other mental health issues, including blogs and podcasts on exhaustion, low mood and tips on how to improve sleep.

Take care of yourself while you care for others.



Welcome to our new Health and Wellbeing Web Hub for all NHS Golden Jubilee staff and volunteers.

These pages contain national and local resources and links and support whether you are working from home or on site.

Your welfare is extremely important to us and we are committed to supporting you to maximise your health and wellbeing, both professionally and personally.

To achieve this, we have a holistic approach that supports you to achieve and maintain good physical and mental health. This approach also supports you with managing social and financial aspects of your life, which can impact on physical and mental health, as part of our Health and Wellbeing Strategy.



Employee Assistance Programme >

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[Click this link to go to the Web Staff Health and Wellbeing Hub.](#)

[New StaffNet - Health and Wellbeing section](#)

*[Click this link to visit the National Wellbeing Hub](#)*

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## Learning and Organisational Development



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*The latest [Learning and Organisational Development update](#) has details of current training opportunities.*

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### Turas enquiries

Staff are advised that all enquiries regarding the Turas system, including questions regarding appraisals and/or individual accounts, should now be directed to the Learning and Development team at: [GJNHLAndODInfo@gjnh.scot.nhs.uk](mailto:GJNHLAndODInfo@gjnh.scot.nhs.uk).

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### Training Directory

The Learning and Organisational Development Training Directory has been withdrawn from circulation.

If you have any enquiries about training courses and learning content should contact the team directly at [GJNHLAndODInfo@gjnh.scot.nhs.uk](mailto:GJNHLAndODInfo@gjnh.scot.nhs.uk), for assistance and support.

## InVOLved



## **Maureen's Monthly Round-up: The Value of Volunteering**

**by Volunteer Manager Maureen Franks**

We are delighted that 52 placed volunteers continue to enhance the experience of our patients, families and visitors.

Their support in the main hospital building includes Meet and Greet, Pastoral Care and Patient Peer Support, while Welcome Guides continue to offer a friendly face to patients arriving at The Eye Centre from all over the country. Outpatient Support Volunteers are also a valuable asset in The Surgical Centre.

Since October 2024, we have seen Care Experience Volunteers work in partnership with senior nurses to interview patients and families in Critical Care and complete a validated questionnaire on Viewpoint, helping to gather information to ensure our service is the best it can be and contribute to quality improvement.

This project will be the start of many as there are plans to have more volunteers trained to continue this quality improvement work in the ward areas.

I'm also delighted to say that 11 young volunteers from a variety of local schools have been attending interviews for universities up and down the country, using our volunteer service as a valuable way to prepare themselves for future careers by learning important life and work skills.

Some have been offered places to study Medicine, Biomedical Science and Nursing and I'm hoping to get them all together like a pre-freshers gathering to swap stories and inspire each other.

The Volunteer service is always mindful of the opportunity to raise awareness regards volunteering and engaging staff with the potential of further volunteer roles throughout the organisation.

As colleagues from across NHS Golden Jubilee working in different services you may be asking where volunteers could be a part of the team, enhancing the patient experience while you engage in service delivery.



4 - Maureen Franks

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*If so, please email myself, [Maureen Franks](#), for a discussion on future roles or any other questions you may have.*

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### **Thanks for everything Allan**

Team Jubilee volunteers and staff across the organisation said farewell to veteran volunteer Allan Stewart, who retired from his vocation after 10 years with us.

Allan was a Sensory Care Volunteer who made visitors and patients' journey here better by helping those with hearing problems by fixing their hearing aids, replacing batteries and tubing, cleaning and sometimes even rebuilding them.

2022/2023 was a busy year for Allan as he won the Volunteer category at the Our People Awards, was selected to attend the King's Garden Party with wife Margaret, was part of a Health Improvement Webinar and gave a presentation on our Sensory Care Service with Volunteer Manager, Maureen Franks.



5 - Allan Stewart

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*“Allan’s volunteer role is skilled and requires a high level of concentration to work with delicate components and he excelled in working alongside patients and improving the patient experience.*

*“During his 10 years Allan came in early on a Thursday morning and on average helped 30 patients each month with their hearing aids and the resources were supplied through the Royal National Institute for Deaf People (RNID), who Allan also volunteered with.*

*“Everyone at Team Jubilee would like to thank Allan for all his dedicated service and we wish him a long and happy retirement.”*

***Maureen Franks, Volunteer Manager***

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Thank you for your dedicated and selfless voluntary service Allan, you’ll always be part of Team Jubilee!

## The Social side



### **Most popular social media story this month**

Congratulations to Advanced Clinical Nurse Specialist, David Rogers, on his incredible achievement as the new Nurse Representative for Scotland with the Scottish Cardiac Society.

This milestone reflects David's dedication and expertise in transforming cardiac care for patients across Scotland, and we couldn't be prouder.

Let's show David how much Team Jubilee appreciates his hard work!

Head over to the post and leave a like, comment, or share to celebrate this fantastic accomplishment on the link below:



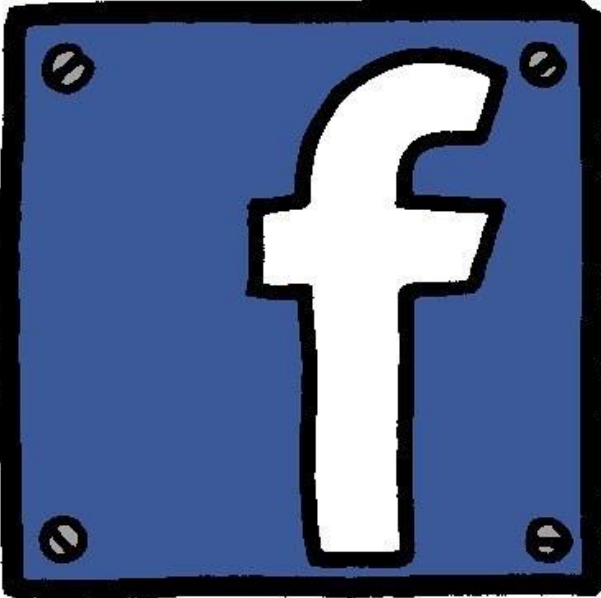
*6 - David Rogers*

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*If you have any interesting photos you'd like to share with colleagues, or on our social media pages, send them to [Comms](#).*

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## Scottish Government News



## Protecting, strengthening and renewing the NHS

### First Minister sets out major increase in NHS capacity

People across Scotland will have better access to NHS treatment through increased capacity, expanded primary care services, enhanced use of digital innovations and a range of other measures, First Minister John Swinney announced this week.

Speaking to representatives from across the health and social care sector, the First Minister set out action to drive down waiting times and reduce pressure on frontline services.

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[Read the full story](#)

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### Specialist, Specialty and Associate Specialist Doctors accept pay offer

#### £7.2 million investment in 2024-25 pay

Specialist, Specialty and Associate Specialist (SAS) doctors across Scotland have voted to accept a £7.2 million investment in their pay, ensuring it remains competitive with other UK nations.

The pay deal will see uplifts of between 6% and 10%, backdated to 1 April 2024.

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[Read the full story](#)

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### Social Care reform

A dedicated advisory board, support for unpaid carers and enshrining care home residents' rights to see loved ones are at the heart of revised plans for the National Care Service.

Social Care Minister Maree Todd outlined the next steps for reform to Parliament after plans to progress the National Care Service Bill were paused for further consideration in November 2024.

A new non-statutory advisory board – comprising of people with lived experience of accessing care, social care workers, care providers, trade unions, the NHS and local government – will be established to provide guidance and drive improvement within the sector. It is expected to meet for the first time in the spring.

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[Read the full story](#)

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## Looking Ahead



### **Congenital Heart Disease Awareness Week**

Congenital Heart Disease (CHD) Awareness Week takes place between Friday 7 and Friday 14 February. The Scottish Adult Congenital Cardiac Service (SACCS) team at NHS Golden Jubilee provide lifelong care and support for CHD patients across Scotland and will be carrying out several events during this week to help raise awareness and education.

An interactive trolley dash will take place around the ward areas on Fridays 7 and 14 February as the SACCS nurses provide informal education and an opportunity to talk to staff about different aspects of congenital heart disease.

On Monday 11 February SACCS staff will be at the West Lifts area alongside the Scottish Association for Children with Heart Disorders (SACHD) - a charity which provides support for patients and families living with CHD.

The SACCS team will also be hosting a bake sale on Tuesday 12 February at the West Lifts to raise money to help support and enhance patient care, so please go along and purchase some goodies!



## Cyber Scotland Week 2025

CyberScotland Week runs from 24-28 February and invites individuals, organisations and communities across Scotland to raise awareness of cyber security and strengthen our collective cyber resilience.

Our theme this year is 'Voice Phishing': CyberScotland Week is for everyone – cyber threats are a reality that affect us all, in both our personal and professional lives.

As our world becomes more connected, understanding the cyber risks and knowing how to protect yourself, your family, your business and your community is essential.

**Cyber security is as simple as ABC – Always Be Careful!**



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## Student Volunteer Week

Our Volunteer Service will be celebrating Student Volunteering Week between 12 – 18 February, an annual event that celebrates and promotes student volunteerism across the United Kingdom.

The week-long campaign encourages students to engage in volunteer activities, make a positive impact on their communities, and develop valuable skills.

Student Volunteering Week provides a fantastic opportunity for students to make a positive impact on their communities, gain valuable skills, and create lasting memories.

By participating, students can discover the power of volunteerism and contribute to a better, more compassionate world.

We'll have a couple of stories from our young student volunteers telling us why they volunteer here and what their career ambitions are, so look out for that on our social media channels throughout the campaign.



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## Jubilee Life submissions



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*If you'd like an article or information in the next edition, please send your Jubilee Life submissions to [Comms](#).*

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## Contact us

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*Tell us what you think - we want to hear your views!*

*If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the feedback form.*

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