

Jubilee Life **August 2024**



Issue 62

*Welcome to the **August 2024** edition of your digital staff magazine.*

There's a handy icon at the bottom right to help you navigate through the sections.

News



New theatre model could help reduce waiting times for NHS Scotland

We are very excited to announce that specialists in our Orthopaedic team have developed and trialled a ground breaking new model for joint replacement surgery using only 1 consultant in a 2-theatre setup, with the potential to reduce waiting times and costs for the NHS in Scotland.

Working across 2 theatres, this process significantly reduces the amount of downtime, staff required and cost to the NHS, allowing patients to be prepped in a second theatre while the first operation is still underway.



“I have had significant experience running a very similar, very successful, high-volume, dual theatre model in New Zealand before moving to Scotland.

“In the trial, both lists were very carefully planned out to ensure only patients who were safe and appropriate for this model were involved, with timings calculated precisely to ensure I was present from start to finish in all cases.

“The biggest benefit of this model is that there is very little downtime for the surgeon, maximising efficiency and increasing time spent treating patients.”

Herv Vidakovic, Orthopaedic Consultant, who carried out the first multi-theatre list at NHS Golden Jubilee

The multi-theatre method runs using fewer consultants and no additional theatre staff than would be needed for a traditional list. This not only means reduced costs for NHS Scotland, but also helps support waiting lists in incidents of staff absence or leave, as a single consultant could cover 2 lists in the same day.

For the full story, [visit our website at this link.](#)

Heart services receive funding for mental health support

We are delighted to announce that our Heart services at NHS Golden Jubilee have been granted funding for an innovative mental health project to improve patients' access to psychological care following life-saving treatment.

Our Consultant clinical psychologist Dr John Sharp, is exploring the delivery of psychological therapies using computerised Cognitive Behavioural Therapy (CBT) to provide much-needed mental health support for patients receiving an Implantable Cardioverter Defibrillator (ICD).

The project is being funded for 1 year thanks to the British Heart Foundation's (BHF) Healthcare Innovation Awards, which helps leading researchers to explore new and innovative approaches to improve the delivery of vital healthcare for heart patients.



"We are in a good position to provide these therapies as Boards from across Scotland send patients to the Golden Jubilee University National Hospital to have heart devices implanted and then they have follow-up care in their regional areas."

Dr John Sharp

[Click this link to read the full story](#)

[Clydebank Post article](#)

NHS Golden Jubilee continues to be a Disability Confident Leader

NHS Golden Jubilee's commitment to providing an inclusive workplace has once again been recognised.

For the third time in a row, the UK Government has awarded the Golden Jubilee Disability Confident Leader status, reaffirming the national NHS Board's commitment to championing the rights of people with disabilities.

First awarded to NHS Golden Jubilee in 2018, Disability Confident is a UK Government initiative that encourages employers to create an inclusive environment for employees and job applicants, ensuring that everyone has equal access to opportunities.



Laura Smith, Director of People and Culture, commented: "Together, we champion diversity and strive for excellence through the unique perspectives and contributions of all."

[Read the full story](#)

Consultants of tomorrow

Our Orthopaedic team is building for the future through a bespoke Fellowship programme, training the Scottish consultants of tomorrow.

A 1-day robotic joint replacement course is provided for all new trainees in the department and run every 6 months in collaboration with the Clinical Anatomy Skills Centre (CASC) at the University of Glasgow and the Royal College of Physicians and Surgeons of Glasgow (RCPSG).





“Through our robotics programme we are attracting Fellows – senior specialist trainees, who are about to become Consultants – and our commitment to education is also helping in the expansion of our training numbers.

“We also have the ability to certify surgeons to use the MAKO robot independently both through the course we provide or while here on fellowship and this is very exciting.

“At the Golden Jubilee, young surgeons and Fellows are exposed to robotics from the start of their training, improving their overall learning experience, and benefiting our patients in the long-term which is the most important thing.”

Chris Gee, Orthopaedic Consultant

Pay rise offer

The Scottish Government has offered NHS Scotland Agenda for Change staff an increase in salary of 5.5% for 2024.

The offer follows a period of negotiations with unions and the proposed increase is a 1-year offer that will be backdated to 1 April 2024.

Ballots to accept or reject the offer have been sent to members from unions. Doctors are not included in this offer as their pay is negotiated separately.

Union ballot dates:

- Unite: Wednesday 28 August – Wednesday 18 September
- Unison: Tuesday 27 August – Friday 27 September

Both unions have recommended members accept the offer. Please contact your union representatives for any queries regarding the ballot.

Details on back pay will be published following the resolution of the member ballot.



More information will be circulated in Jubilee Life and eDigest in the coming weeks.

For more information, contact your union representative.

Help shape our future vending services

We're looking for your views on our out of hours catering service, to help improve access to food and drink at all times throughout the Golden Jubilee site.

The survey is open until 11.45pm on Friday 20 September and your answers will help shape our future vending service.

Vending machines are accessible 24 hours a day at the following locations:

- Level 1 - East lifts
- Level 1 - Entrance to Golden Bistro
- Level 1 - Inside Golden Bistro
- Level 2 - Waiting area
- Level 3 - Waiting area
- Level 5 - East lifts

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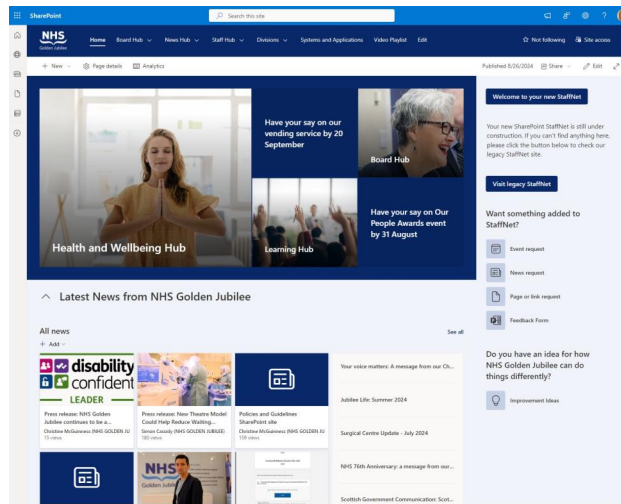
[Click this link to fill in the survey](#)

New StaffNet access

From Monday 26 August, your web browser will automatically open our [new StaffNet](#), making it easier for you to access the site.

You may be prompted to log in the first time you click on the new site, which can be done using your normal network/Microsoft 365 login.

If the new StaffNet is not showing up when you open your web browser, delete your cookies. Follow the instructions below on how to do this:



In the Microsoft Edge browser:

- *Click on the Edge menu (3 dots) on the top right hand side*
 - *Click on Settings*
- *On the left hand side, click Cookies and site permissions*
- *Under the Manage and delete cookies and site data section click See all cookies and site data*
 - *A new dialogue box will open*

- *Click Remove all*
 - ***In Google Chrome browser:***
 - *Open Chrome*
 - *At the top right, tap More and then Settings*
 - *Tap Privacy and security. Delete browsing data*
 - *Choose a time range, like Last hour or All time*
 - *Tick Cookies and site data and untick all other items*
 - *Tap Delete data. Delete*
-

Once this is done, restart your system for the changes to go live.

Also, remember to click the white outline star on the navigation bar in Staffnet to follow the site and receive notifications.

Net Zero Routemap

The development NHS Golden Jubilee's Net Zero Routemap (NZR) is a critical step in establishing the coordinated and consistent delivery of NHS Scotland's obligations under The Climate Change (Emissions Reduction Targets) (Scotland) Act 2019.

It sets out the most economically viable pathway for us to achieve Net Zero operational emissions target by 2040, using both established and emerging energy technologies.

In order to establish how changing behaviours can impact on this crucial area we are currently carrying out a study among teams on Level 5 of the Hospital.

Level 5 Study

Most of our Board's baseline emissions can be attributed to energy from the building. This means that decarbonisation and reduction measures deployed are absolutely essential for driving change as part of this routemap.

This study will provide data which will allow us to make important decisions in the most informed way possible.

During the study staff working on Level 5 will not be asked to do anything, but office inspections will be taking place, and they may be asked to confirm the purpose of the equipment within their specific work areas.

The office inspections will be visual only as staff carrying out the work will not look in desk drawers, cupboards or private areas and will be carried out on the likes of electrical equipment and lighting. The inspections may also be done when staff are not at desks, so colleagues should consider securing anything confidential over the coming weeks as the inspections are being carried out.

Once essential equipment has been established, staff may be given feedback if non-essential equipment is left on, or on stand-by, when not in use.

The findings will be shared during and after the study is complete.



Project CAELUS Update

Find out the latest news from Project CAELUS, the 16 strong consortium looking to trial and develop a medical drone network for Scotland.

From our work with the Scottish Ambulance Service to simulate defibrillator delivery by drone to our amazing award win at the Scottish Transport Awards read more in our latest newsletter.

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Steve's Cycling

We are proud to announce a successful update from our cycling champion, Steve Donaldson who was back on the winning podium.

Steve is one of our Heart Transplant patients and has consistently been participating in competitive sporting activities since his operation. This month, Steve has been involved in the Heart and Lung Transplant Games in Lisbon and was delighted to have achieved the following:

- First in his age group in the time trial
- First in heart transplant for Roadrace
- Third overall in Roadrace

We are extremely proud of Steve and everything he has accomplished and we are looking forward to having one of his medals on display.

To find out more about Steve and his journey, you can watch more of his story in our documentary The Hospital: Life on the Line, which is on My5.





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Stay Secure, Stay Safe!

At NHS Golden Jubilee, following all security measures is absolutely vital to ensure the safety of our patients, staff, and visitors, as well as making sure that everyone's property and sensitive information are kept secure.

Please make sure that you are following the below guidelines.

- **Wear Your ID:** Make sure your NHS Golden Jubilee Identification pass is visible at all times while on site.
- **Access Control:** Only allow access to secure and staff areas to Golden Jubilee staff and contractors with clear identification, and known visitors.
- **No Tailgating:** Don't let anyone you don't know into staff areas without an escort or prior permission. If you are unsure, ask for confirmation or call the relevant department.
- **Unknown Visitors:** If you encounter someone without identification in a restricted area, kindly direct them to the Hospital or Hotel Reception to ask for the person they are visiting.
- **Stay Vigilant:** Always be on the lookout and report any suspicious activity to Security **immediately**.

General Tips for Security

- Ensure that secure entrances and exit doors are closed behind you.
- Keep your electronic devices secure and locked when not in use.

- Do not leave your personal items unattended.
- Use strong, unique passwords for all accounts and change them regularly.
- Avoid discussing sensitive information in public areas where it can be overheard.

If you notice any security issues or breaches, report them **immediately** to the appropriate authorities.



[Click here for more tips and information and to check out our security videos on tailgating and cyber security](#)

Sleep Bundle Launch - collect your posters today!



The Delirium Group is promoting the best possible care to support the prevention and early recognition in patients. They are doing this through increased focus on creating a person centred, supportive, therapeutic clinical environment with the launch of their Sleep Bundle.

This is a series of measures which are now being rolled out across all of our clinical in-patient areas.

Ensuring there is an environment where patients get the sleep and rest they need to support their recovery while in hospital is vital, and is especially important for anyone who is experiencing delirium.

All wards are asked to collect their 'Sleep Bundle' posters, which our Clinical Nurse Managers (CNM) and Dementia Lead Nurse will be supporting implementation of in the coming weeks.



The poster features a dark blue background with a yellow crescent moon and stars in the top left. In the top right is the NHS Golden Jubilee logo. In the center, a patient is shown sleeping in a hospital bed. The main title 'Protected Sleep Time 10pm-6am' is in large white font. Below it, the text 'Clinical area guidance' is in white. The poster is divided into six sections with yellow headers: 'Alarms and infusion machines', 'Lighting', 'Wards', 'Speaking volume', 'Nursing', 'TV / radio / mobile phones', 'Nurse call bell', and 'Medical'. At the bottom left is an alarm clock icon, and at the bottom center is the slogan 'Shh... Sleep helps healing' in yellow. A small line of text at the very bottom reads 'Reproduced with kind permission from South Tees Hospital NHS Foundation Trust'.

NHS
Golden Jubilee

Protected Sleep Time 10pm-6am

Clinical area guidance

Alarms and infusion machines
Ensure alarms are in an accessible position to allow quick and easy access to see and address the problem. Use any equipment quietly. Ensure enough nasogastric (NG) feed to last until 6am (change bottle if required).

Lighting
All lights must be dimmed or turned off by 11pm unless there is special circumstance or an emergency.

Wards
Clinical areas not to be used as a shortcut or throughfare during these hours. Entry to all other Critical Care areas with consideration to noise.

Speaking volume
Speaking more quietly will help patients have a more rested night.

Nursing
Complete and record observations in accordance with acuity of illness. Please avoid any unnecessary nursing interventions unless clinically indicated. Consider eye mask +/- ear plugs.

TV / radio / mobile phones
Encourage patients to turn off electronic and electrical devices after 11pm or use headphones or turn mobiles to silent.

Nurse call bell
Answer the nurse call button as soon as you can.

Medical
Medical review by 10pm – only disturb thereafter if clinically indicated. Consider a sleeping tablet. Medicine reconciliation – ensure limited overnight interruptions.

Ward telephones
Answer ward phones as soon as possible to reduce unnecessary ringing that could disturb patients.

Shh... Sleep helps healing

Reproduced with kind permission from South Tees Hospital NHS Foundation Trust

If you have any questions please direct to either your CNM or [Con Gillespie](#).

Car parking

Work is currently ongoing on new ways to improve and support access to parking and transport for staff and patients across our site. However, all staff are reminded that we have a responsibility to park in appropriate spaces only.

We know at times this can be challenging, and may cause frustration, but this is absolutely vital for the health, safety and security of all staff, visitors and patients who need to access our site.

In particular, patient and disabled spaces must **only** be used by appropriate individuals: lack of these facilities can make what is possibly already a very stressful and emotional day for those using our services worse, impacting their entire journey at NHS Golden Jubilee.

Staff are also reminded that these rules and restrictions still apply even during out of hours.

We can all do our bit to support this by doing the following:

Never

- Park vehicles on walkways or pedestrian areas.
- Park vehicles within restricted loading and goods areas.
- Park vehicles on any access or circulation routes.
- Use a patient or disabled space if this is not appropriate.

Always

- Follow instruction given by your Security, Health and Safety colleagues.
- Park in designated parking bays.
- Leave disabled parking bays vacant for those who have a genuine need for those spaces.

Hotel Parking

Please also be aware that during busy periods the Golden Jubilee Conference Hotel will have car park control measures in place to ensure that their visitors and delegates have the access they require.

During these times, under no circumstances is it acceptable to park in yellow lined or coned off areas. This can not only be disruptive to day to day operations, but can be dangerous and may result in inadvertent damage to your vehicle.

These dates with additional control measures in place will be communicated regularly in eDigest, please take a moment to check and note these dates.

Managers are reminded it is your responsibility to make staff who do not regularly have access to email are aware of important and relevant information which is included in these emails.

The Car Parking Review Group are continuing to carry out extensive work to support accessible parking on site for everyone who needs it, so please make sure you check back regularly for news and updates. Thank you for all your support and cooperation.



People



Zaid on board to help steer us through change and transformation

New Deputy Director of Quality, Performance, Planning and Programmes, Performance and Planning, Zaid Tariq, brings 15 years' experience delivering strategic transformation in the health and social care sector.

Throughout his career Zaid has provided professional leadership, consultancy, coaching and facilitation to support redesign and improvement across Scotland, and we are delighted to have him on board.

In an impressive career bio, Zaid is also a keynote speaker, experienced coach and professional advisor.

He graduated with an Honours degree from Glasgow Caledonian University in Social Sciences in 2005 and then gained a Masters with Distinction from the University of Strathclyde Graduate School of Business in Business and Information technology Systems.

Beginning his NHS career in East Glasgow, he worked with the Community Health Partnership in Children's Specialist Services in 2008, leading on migration of the West of Scotland Adolescent inpatient unit.

He then joined NHS Ayrshire and Arran in 2009 as the Service Improvement lead in unscheduled care, before moving on to East Renfrewshire Health and Care Partnership. A role which was, literally, close to home, he focused on adult and older people's services as a Strategic Planning Lead until 2017.

Taking his passion for whole system planning and improved connections between healthcare, third and independent sector, he joined Healthcare Improvement Scotland (HIS), leading a portfolio in Strategic Planning.

During this time Zaid led the development of new resources for strategic planners, including an evidence informed Good Practice Framework, a National Skills Framework and working with partners including the Golden Jubilee to develop a careers profile to support others in their professional journey.

He was also the Organisational Chair with the Race and Ethnicity Network and Advisor to the Chair of National Directors of Planning.

Zaid is deeply passionate about equalities and is excited to be joining the globally renowned Golden Jubilee, working with colleagues who are at the cutting edge of what they do.



Zaid said: "I grew up on the South Side of Glasgow and a lot of people that I grew up with didn't end up going into further education. We didn't really know about opportunities to work in the NHS or healthcare beyond clinical careers.

"I have a big passion for equalities, improving healthcare experiences and widening opportunities and access to the professional careers available in healthcare.

“I’ve learned a lot about how you engage. You need to go to where people are experiencing challenges and support them through change.

“I want to make sure that everything we do is meaningful to our colleagues that we support, and to the people of Scotland that we serve. I

“To do this we need to humanise the functions, we have to make them more accessible, taking it away from technical conversations, and letting people see the impact we can make by working together to optimise healthcare.”

Zaid said it was his wife, Aisha, who first encouraged him to consider using his skills to work in healthcare, which she thought were perfect for the transformations she experienced in the early part of her career as a Clinical Psychologist.

He will be working closely with his Director, Carole Anderson, to build on the work of the department to date and enhance the visibility and support his team provides to change and transformation.

On behalf of all of us at NHS Golden Jubilee, welcome to the team Zaid! We look forward to working with you to make meaningful change for our teams and the people of Scotland.

Passing the Bat-on: A rescue adventure from Glasgow to the Highlands

Mirroring the relay racing taking place at the Paris Olympics, a baby bat has been rescued and nursed back to health by a Team Jubilee colleague, which made headlines across the world.

The little mammal was trapped in a holidaymaker’s suitcase prompting a rescue signal that was answered by NHS Golden Jubilee Specialist Biomedical Scientist in Medical and Microbiology, Tracey Jolliffe, with help from multiple volunteers in a rescue relay.

The pup, named Raspberry, was found by 2 holidaymakers after travelling over 4 hours home in their suitcase from their holiday at Kinlochmoidart Estate, near Glenfinnan.

Tracey Jolliffe, who is a former Vet and volunteer carer for Bat Conservation Trust, was contacted by the charity and immediately sprung into action to help the bat, which she named Raspberry, who was conveniently located at a neighbours’ house.



1 - Tracey

Tracey said: "When I got the call I was quite pleased, because it was actually 1 of my neighbours, so I only had to walk around the corner. Normally, it is the logistics of doing bat rescue that is the problem, with a lot of driving involved."

Tracey has worked at NHS Golden Jubilee for 2-and-a-half years, but has worked all over the UK, with 25 years' service in the NHS. Before becoming a biomedical scientist, she practised as a veterinary nurse, before moving on to rabies research and other areas of biomedical research.

The bat had been noted as a juvenile and likely had gotten itself into the situation as it is common for bat's to get themselves into trouble when they are learning to fly.

Tracey said: "Raspberry was quite ill when she was discovered and it is likely she flew in through a window and could not get herself back out. She was possibly stuck in the suitcase for quite a few days.

"Bats should be 5 grams and Raspberry was 3.3 grams when she was found, with mites and fleas. I knew I had to assist in nursing her back to health.

"I kept her on a heat map for a few days, feeding her a mix of puppy milk and mealworms, which I did for around a week before she gained weight and strength.

"After this, I had to test fly Raspberry in her bedroom, to ensure she was strong enough to hunt and survive in the wild. They've got to be keen to try and escape before they are fit enough to be released.

"When being released, it has to be done where they were found, as they are faithful to their roosts, and it has to be at night."



2 - Raspberry

This prompted the incredible story of Raspberry's journey home.

Tracey added: "I put an appeal on a local Facebook group, and got lots of responses.

"There was a family from Wales driving past Glasgow to Fort William, so half way, and a local Ranger took it from there and completed the release.

"I've done a few bat relays in my time but not one like this.

"It is nice to have a positive story. Bats get a lot of bad press, quite a lot of it unfounded and people are surprised how cute they are.

"It's all the fault of Bram Stoker, up until he had written Dracula, vampires turned into cats."

Tracey is currently awaiting her next bat rescue signal.

Thank you for your service Betty

Last month, colleagues in our Research Institute gave Heart Failure Research Nurse, Betty McPherson, a warm send-off as she embarks on her well-deserved retirement.

Betty began her career in 1982 after qualifying as a Nurse in the Glasgow Victoria Infirmary, before transferring to the Western Infirmary, and finally arriving at NHS Golden Jubilee in 2008. Starting in the Cath Labs, Betty moved to an 18-month temporary support role in the Research Institute, where she has now happily remained since 2017.

Betty expressed her appreciation and enjoyment working for the NHS – particularly about the culture within the organisation, colleagues and patients, saying: "I think it's a great place to work. I have made friends for life and the patients I have treated through Research have been amazing. It's been an honour to be with them throughout their journeys here."

Thank you for your service, Betty, everyone in Team Jubilee wishes you a long and happy retirement.



Fond farewell for long-serving Jane

This month colleagues said a very fond farewell to Head of Nursing, Jane Rodman as she begins well-earned retirement.

After qualifying in 1985, Jane has worked across a number of hospitals and specialities, including Cardiothoracics at Glasgow Royal Infirmary, Cardiac Rehab at the previous Western Infirmary, Clinical Nurse Manager at NHS Golden Jubilee before being appointed in her role as Head of Nursing for National Elective Services.

Jane has spent over 40 years proudly providing excellent care to patients and being a positive mentor to those around her.

Colleagues said: "Jane is a Jubilee treasure and a legend! Compassion and kindness are her assets which is why she will be so missed by all."

Jane has always been proud to be a nurse and has contributed to NHS Scotland in so many ways.

Jane said: "I have always believed that Nursing is at its core identified by the care and compassion we provide."

Congratulations on your retirement and thank you for your service from all here at NHS Golden Jubilee.





Val-You



iMatter Action Planning



All colleagues should now have received a link to your team's iMatter report or a paper copy from your manager if you completed a paper questionnaire.

Massive thank you to the 6% of teams and colleagues who have already submitted your action plans.

If your team didn't generate its own report your responses will be included in the directorate report and you can use this as a basis for your action planning.



Next steps

It's now time to come together as a team to action plan. This can be done in a face-to-face session, on MS teams or a mix of both. Some teams might have to do it in stages, or share ideas on a notice board, suggestions box or notepad – do whatever works for your team!

Action planning is a time to consider:

- What do we do brilliantly as a team?
- What would make our day-to-day experience even better?
- How can I contribute to that?

All these great ideas are then added to Webropol by the team manager and a storyboard is created. As a team, you can then focus on your action plan aims and update them throughout the year. Action plans are owned by the team. If your manager hasn't arranged your team's session, please ask them to.

*Action plans should be uploaded to the Webropol system by 12pm on **Monday 23 September**, so get dates in the diary now.*

If you're new to iMatter, new to managing or just want some additional support for you or your team, we'd be delighted to hear from you! If you are having issues accessing your report please get in touch.

Contacts: Nyree.anderson@gjnh.scot.nhs.uk or Carly.Robertson@gjnh.scot.nhs.uk

Our People Awards deadlines

Each year, Our People Awards recognises the incredible efforts of our staff for the inspirational work they carry out for people all across Scotland.

Patients, visitors and staff have the opportunity to nominate a member of staff, team or volunteer, who has gone above and beyond across multiple categories.

There are 12 categories that have been devised to ensure that all staff and volunteers could potentially receive a nomination. There may also be special recognition certificates or awards.

Don't forget to nominate your team or anyone across the organisation you think has gone above and beyond! To nominate today, visit [Our People Awards 2024](#).



Nominations for the 2024 Our People Awards are open until 5pm on Monday 2 September 2024.

[Click here to nominate now](#)

We also want to hear your views about the format of this year's Our People Awards event.

Do you think this year's awards event should be a day time or evening event? Should it be a formal do or more informal?

Tell us what you think: [Click this link to answer our quick poll](#)

Comments about you!

Joe Boyle: All the team at the jubilee deserve all the credit as they are an amazing bunch. No doubt about it they saved my life.

Lesley anne graham: A much needed project, well done GJNH and BHF x (regarding British Heart Foundation Funding)

Mary Carbray: I would like to say I had a Triple bypass 9 years ago. You all do a wonderful job Congratulations all!

Anne Watson: I had my hip replacement operation there in April this year. The staff were just great. So friendly and helpful.

William Boslem: When working in theatres, windows with a view are not possible, but we are really lucky in the Eye Centre to catch this special view from our staff hub. The hospital has a lovely setting, not many workplaces offer a lovely walk along the Clyde on a sunny day 😊



“

I was in Hospital for a colonoscopy and I was very impressed with the team of nurses.

From my first to last contact, all staff were professional, attentive and reassuring.

A very big thank you to you all.

”

Angela
Colonoscopy patient



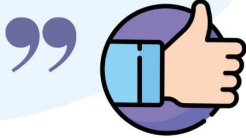
“ Take a bow

I had a catheter ablation done at Golden Jubilee led by Dr Dobson.

I would like to thank the whole staff, from the lady at reception who got out behind her desk to take us to the ward, to all the staff in the ward who were wonderful.

A great big thank you from myself and my family.

**Sarah
Patient**



Events



Grand Round and Psychological Safety workshop

August's Grand Round lecture topic was a psychological safety talk, which took place in the Auditorium this week.

World of Work provided a multidisciplinary Psychological Safety workshop following the lecture, which included training on good team working, looking after mental health, effective communication and how to debrief and was open to all staff, so thanks to everyone who took part.

The workshop will help benefit individual development, as well as team working through shared learning.









The event was kindly supported by Realistic Medicine with thanks to Rupinder Kaur (Realistic Medicine Lead) and Craig Warren (Chief Resident Orthopaedics) for their support.

For more information on the workshop, visit <https://worldofwork.io/twowp/training-development/connected-teams/psychological-safety/>.

Welcoming Our New Junior Doctors to NHS Golden Jubilee

We were delighted to welcome our new cohort of Junior Doctors to the NHS Golden Jubilee family! Their induction day was a comprehensive introduction to our hospital, ensuring they are well-prepared to embark on their medical careers with us.

The day began with a warm welcome and orientation, where our new doctors were introduced to key areas of the Hospital. The day included essential training and information, as well as an overview of our culture and values, to make sure they have everything they need to begin their journey as part of team Jubilee.

We are confident that our new Junior Doctors will be vital members of the Golden Jubilee family, and make a difference every day to the lives of patients and families all across the country.

Welcome aboard!







Cyber Security Awareness Week 2024

Cyber Security Awareness Week was held from 19 - 25 August with 'Identity Theft' as its theme.

The campaign aims to raise awareness about cyber security issues and various activities were organised for this purpose. We held drop-in sessions in the wards during the week where people could learn more about what identity theft is, how to identify if you are a victim, what to do if you are a victim and how to be safe online. An information stall was also set up at the West Lifts to engage with people and provide them with information about cyber security.

To make it easier for people to access cyber security training, our team created videos with cyber security messages.

[Click this link to view the videos](#)

Identity theft: A story of a doctor

Identity theft is a prevalent crime in the digital age. Despite the focus on patient care, personal security in the healthcare industry can be overlooked, as demonstrated by the experience of a doctor, Ben, who fell victim to identity theft. This crime not only threatened his financial security, but also highlighted the vulnerabilities present in our interconnected world.

Ben's identity theft ordeal started with an email that appeared to be from his bank, alerting him about suspicious activity on his account. The email, seemingly genuine with the bank's logo and familiar format, contained a link to "verify" his information to secure his account.

Trusting its authenticity, Ben clicked on the link and unwittingly disclosed his personal details and bank login credentials, falling victim to a phishing attempt. As a result, Ben discovered that his identity had been stolen and his bank accounts were completely emptied.

Signs that may indicate potential identity theft include unexplained charges on credit card statements, being denied credit despite a good credit history, missing bills, notifications about new unopened accounts and receiving debt collection calls for debts that you do not owe.

Upon realising he was a victim, Ben took immediate action. He promptly reported the unauthorised transactions to his bank and secured his accounts. Additionally, he placed a fraud alert on his credit report, reported to Credit Industry Fraud Avoidance System (CIFAS) to obtain a marker on his name, filed a police report and began monitoring his accounts for any further signs of fraudulent activity.

To prevent identity theft, it's crucial to create strong passwords, enable 2-factor authentication, exercise caution when sharing personal information, regularly check credit reports and ensure devices have up-to-date antivirus software.

Finally, Ben's experience emphasises the importance of awareness and proactive measures to safeguard against identity theft in our digital world.



Need help?

If you have accidentally clicked on a malicious link or provided your credentials to an unknown site or person, contact the eHealth service desk immediately on extension 5666 or email ehealth.servicedesk@gjnh.scot.nhs.uk.

For further information or advice contact the Digital and Information Governance team on ig@gjnh.scot.nhs.uk.

Speak Up Week 2024

Speak Up Week returns this year from Monday 30 September until Friday 4 October, celebrating and facilitating conversations to explore the growth of a healthy and sustainable speak up culture across the NHS in Scotland.

This is aimed at driving changes that enable more people to speak up, prevent risk of harm and create the best possible environments for patients and staff.

We will have more information on plans and themes for Speak Up Week 2024 in the coming weeks, so stay tuned.



In the meantime, to find out more and to get involved, visit: <https://inwo.spsa.org.uk/speak-week>

Whistleblowing

Don't forget, at NHS Golden Jubilee, we are proud to support and encourage an environment where employees can raise concerns about patient safety, malpractice and other forms of harm in a safe and supported way.

The 3-stage process which has been developed by the Independent National Whistleblowing Officer (INWO) is fully detailed in the [National Whistleblowing Standards](#).

The first 2 stages are for NHS Golden Jubilee to deliver, with the INWO acting as a final independent review. If the individual remains dissatisfied, they are able to escalate this for external review to the Independent [National Whistleblowing Officer](#).

This process allows staff to feel confident raising concerns if they see something wrong.

Full details can be found [at this link](#).

Join the Quality Improvement (QI) Network

When: 25 September, 1pm - 2pm

Where: MS Teams

We are excited to announce the launch of our new Quality Improvement (QI) Network, hosted by the Quality, Performance, Planning, and Programmes (QPPP) team. This network aims to enhance healthcare outcomes through collaboration, sharing best practices, education, and professional connection.

Special Guest:

Elizabeth Brooks, Senior Service Design Advisor, Healthcare Improvement Scotland

Elizabeth will guide us through understanding both complicated and complex problems, and introduce the best improvement tools and approaches for each. She will cover key themes like whole system thinking and person-centred approaches, along with practical examples. There will also be an opportunity to discuss how these approaches can benefit us here at NHS Golden Jubilee.

Don't miss this opportunity to connect, learn, and improve together!



To get the link for the QI network, register here:

<https://forms.office.com/e/Ua7T7sP3Jm>

SACCS Transition Event

Save the Date!

The Scottish Adult Congenital Cardiac Service (SACCS) and the Scottish Paediatric Cardiac Service (SPCS) are hosting an education event for patients and their families living with congenital heart disease who are approaching the time of transitioning their healthcare to adult services.

NHS
Greater Glasgow
and Clyde





NHS
Golden Jubilee

Save the Date!

Cardiac Transition Event

Thursday 29 August 2024

 **Golden Jubilee Conference Hotel**

6pm - 8.30pm

The Scottish Adult Congenital Cardiac Service (SACCS) and Scottish Paediatric Cardiac Service (SPCS) are hosting an education event for patients and their families living with congenial heart disease who are approaching the time of transitioning their healthcare to adult services.

 For more information contact
saccsnurse@gjnh.scot.nhs.uk

Scottish Cardiac Society Annual General Meeting

The Scottish Cardiac Society's (SCS) 33rd Annual General Meeting is being held from Thursday 24 - Friday 25 October 2024 at the Royal College of Physicians of Edinburgh.

The Society is inviting abstract submissions related to academic clinical and scientific research, as well as the results of projects in service development and quality improvement. Submissions are welcome from clinical and research physicians, nurses, cardiac physiologists, other allied healthcare professionals and medical students.



For more information contact scs@societysupport.org.

Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

A Wellbeing Zone for all Team Jubilee colleagues (staff and volunteers)

Following on from our last update, the Staff Wellbeing Zone steering group want to let you know where we are in our planning to open the space.

The Wellbeing Zone is located beside the Spiritual Care Centre and Garden of Reflection and is divided in to 2 spaces - 1 is the Quiet Zone and the other space for Wellbeing Activity, with signage is now in place.

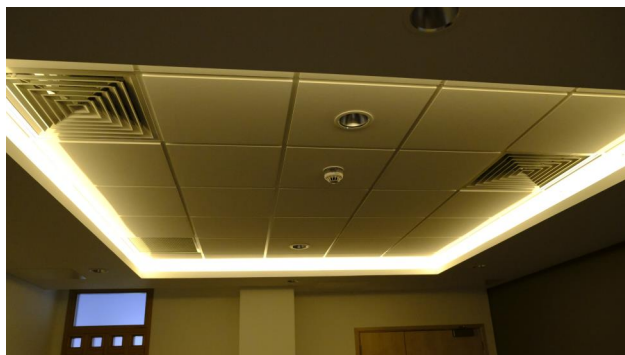
A reminder of your ask for the Wellbeing Zone and what we are in the process of delivering:

- We have provided a Quiet Zone that is calming, comfortable and welcoming and open 24 hours with ID access. This is a space for rest, reflection and privacy.
- The Staff Wellbeing Activity Zone is a bookable space and is an area for wellbeing activity e.g. the Mindfulness, Meditation and Breathe in to the Weekend would be moved in to that space from the Sanctuary.

- Other wellbeing activities would include Staff Network meetings as well as wellbeing training (e.g. Mental Health First Aid training).
- It is not space for business meetings. We are looking to see what other activities we can do in relation to Health and Wellbeing and this will be an evolving space with more activities to be added.











Activity Zone: when there are no activities booked, staff can meet socially. In view of the soft furnishing it is not possible to bring food and beverages in to the Quiet Zone or Wellbeing Activity Zone. A water cooler has been provided in the Wellbeing Activity Zone.

We are working towards the Wellbeing Zone to be open by the end of September. In the meantime, we are gradually adding the furniture to the space and we are offering all staff and volunteers tours of the Zone before the official opening on these dates between 4pm – 5pm:

- Wednesday 11 September
- Thursday 12 September
- Friday 13 September



To book a tour, please contact [Tosh Lynch](#).

Supporting health and wellbeing – additional training

As part of our ongoing commitment to supporting the health and wellbeing of all staff across NHS Golden Jubilee, we are pleased to announce enhanced training and education opportunities focused on improving support and managing absence within our teams.

It is crucial that all colleagues throughout the organisation have a consistent experience and that appropriate assistance is available during periods of absence.

We also aim to offer the right support for those currently in work and help prevent absences whenever possible.

If you hold managerial or supervisory responsibilities, we encourage you to participate in one of our dedicated training sessions. These sessions are designed to provide you with the tools and knowledge necessary to better support the health and wellbeing of your team.

We are committed to caring for our patients and our staff alike. Our ultimate goal is to foster a healthier, more productive and supportive environment for everyone within the organisation.

For more information, please contact Lynne Rapson, Workforce Manager, by emailing [Lynne Rapson](mailto:Lynne.Rapson).

Whooping cough advice

Any staff who are prescribed antibiotics for whooping cough must stay away from work until 2 days after the start of antibiotic treatment or, if not taking antibiotics, 3 weeks from when the coughing bouts started.

Whooping cough, also called pertussis, is a highly contagious bacterial infection of the lungs and airways. It causes repeated coughing bouts that can last for 2 to 3 months or more and can make babies and young children in particular very ill.

It is spread in the droplets of the coughs or sneezes of someone with the infection.

Speak to your GP practice or phone 111 if you or your child:

- have symptoms of whooping cough
- have had a cough for more than 3 weeks
- have a cough that is particularly severe or is getting worse



For any questions or concerns, please contact Occ.Health@gjnh.scot.nhs.uk.

[Click this link for more information on whooping cough](#)

Healing Arts Festival

The Healing Arts Scotland (HAS) Festival is taking place across the country between 19-23 August.

The Healing Arts Week is being led by Scottish Ballet and the Jameel Arts and Health Lab, in collaboration with the World Health Organisation (WHO).

Activities include dance classes, choir rehearsals, creative writing workshops and pot throwing, with more activities to be released.

The aim of the week is to mobilise and strengthen local arts and health projects and organisations to address Scotland's current health concerns. The festival is an exciting opportunity to explore the impact that the arts can have on health and learn from experts from around the globe.

A conference is also taking place on Monday 19 August and Tuesday 20 August 19 in Edinburgh, with sessions taking place in Glasgow on Sunday 21 August.

Edinburgh:

- Day 1 explores the themes of loneliness and isolation, key skills needed by artists working in the arts and health space, and practical sessions.
- Day 2 explores the themes of trauma, young people and mental health.

Glasgow:

- Day 3 explores health, arts and the themes of dementia and community engagement.



[Click this link for more information](#)

Health and Wellbeing support for staff

Health and Wellbeing Hubs

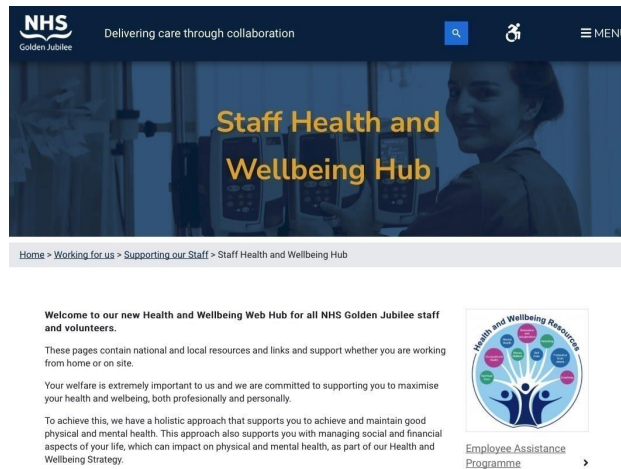
Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

You also have full access to the National Wellbeing Hub, which is full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

The Hub has brilliant resources to help relieve stress and other mental health issues, including blogs and podcasts on exhaustion, low mood and tips on how to improve sleep.

Take care of yourself while you care for others.



[Click this link to go to the Web Staff Health and Wellbeing Hub.](#)

[New StaffNet - Health and Wellbeing section](#)

[Click this link to visit the National Wellbeing Hub.](#)

Learning and Organisational Development



The latest [Learning and Organisational Development update](#) has details of current training opportunities.

New purchasing system

Our new purchasing system, **Professional Electronic Commerce Online System (PECOS)** came into use on Monday 12 August.

Training

The Procurement team has been running online drop-in training sessions.

Mop up training will take place as follows:

- Approver Training: 2pm-2.45pm every second Wednesday from 14 August. Click the following link to join the session: [Join the meeting now](#).
- Requisitioner Training: 10am-11.30am every second Tuesday from 20 August. Click the following link to join the session: [Join the meeting now](#).



The Social side



What's happening on our social media pages

Facebook:

We continued to ask for feedback from patients and visitors to support research into our people's views of our services. This is open until Saturday 31 August, so please share and encourage others to [take part at this link](#).

Patient and visitor survey



Perceptions of NHS Golden Jubilee

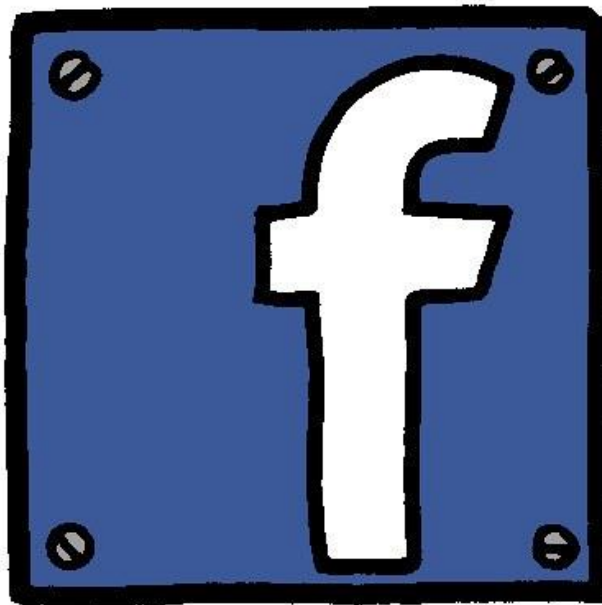
NHS Golden Jubilee wants to know more about your understanding, views and perceptions of our services.



Our patient and visitor survey takes just 10 minutes to complete and is open to anyone who has used our services or visited our site.



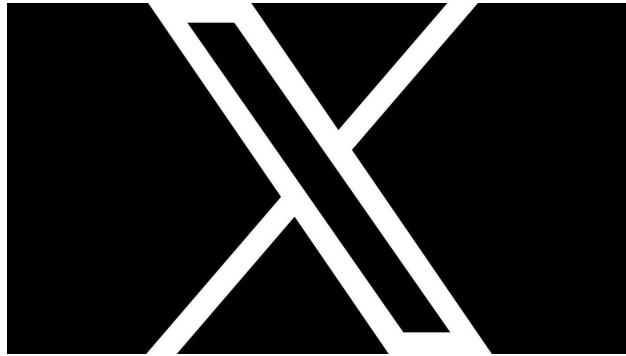
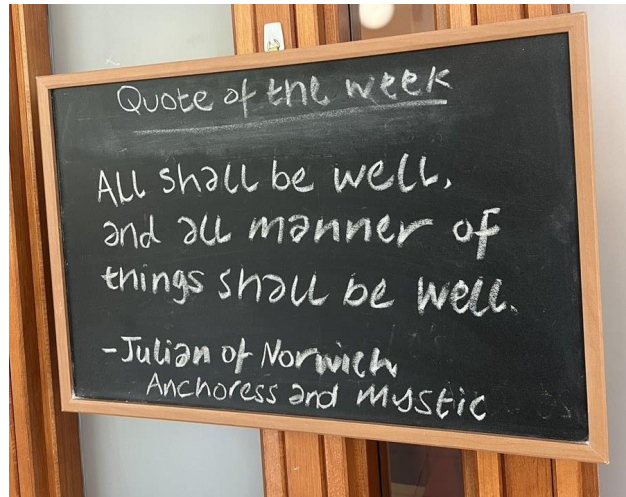
The closing date of the survey has been extended to Saturday 31 August and can be completed online at: research.progressivepartnership.co.uk/s/t2f7e4



3 - [Click here to access our Facebook page](#)

X (Twitter):

Over on X people continue to love our Spiritual Care Quote of the Week, helping spread good vibes and positivity throughout our services.



4 - [Click here to access our X page](#)

LinkedIn:

Proving that LinkedIn isn't just for job adverts, our most liked post over the past few weeks was the stunning view of the iconic Waverly paddle steamer, giving a toot and a wave as it sails past our site.





YouTube:

One of our most popular videos on Youtube continues to be our 20 Year Anniversary documentary, taking a journey back through the stories, history and accomplishments of NHS Golden Jubilee, [which you can find here.](#)





5 - [Click here to access our YouTube page](#)

If you have any interesting photos you'd like to share with colleagues, or on our social media pages, send them to [Comms](#).

Scottish Government News



Protecting infants from severe lung disease

The First Minister has welcomed the introduction of a new vaccination programme.

This highlights the importance of protecting infants from serious lung disease by the route of an immunisation programme for infants and vulnerable people, to protect against Respiratory Syncytial Virus (RSV) which is the leading cause of emergency respiratory admissions to hospital in infants.



[Learn more](#)

Cancer patients urged to apply for disability benefit

The Cancer Charity, Cancer Card Scotland, joins the Scottish Government to urge people with Cancer to check if they are eligible for disability benefits. Both Adult Disability Payment and Child Disability Payment are available in Scotland to assist with extra costs of being disabled, having a long term health condition or being terminally ill.



[Full story](#)

Hospital at home funding

Hospital at Home offers a safe alternative to admission to an acute hospital, with 15,000 older patients using the service in 2023/24.

This funding of £3.6 million will support the continuation and development of existing programmes, as the number of patients utilising the service rose by a quarter late year.

This allows patients to feel more comfortable and confident in a familiar environment and avoid hospital care.

Scottish Government Definition of Hospital at Home:

Hospital at home is a service that provides acute hospital level care by healthcare professionals in a home context for a condition that otherwise would require acute hospital inpatient care



[Learn more](#)

£30 million to reduce waiting times

£30 million of targeted funding has been announced to specialty areas with the longest waits, to reduce these times.

This includes Cancer, ophthalmology, orthopaedics, dermatology and diagnostics.

The £30 million, announced in April, will help the country deliver around 12,000 additional procedures, 40,000 extra diagnostic procedures and 12,000 new outpatient appointments.

Activity levels will increase in the following weeks and the Scottish Government will work closely with Boards to support delivery.



SNP GOVERNMENT INVESTMENT TO REDUCE NHS WAITING TIMES

£30 million investment will ensure greater access to appointments and procedures and continue to reduce waiting lists.

[Learn more](#)

Clinical trials for Chronic Kidney Disease

As a result of a new partnership between the Scottish Government, academia and industry will accelerate research via clinical trials into chronic kidney disease.

NHS Scotland, AstraZeneca and the Universities of Dundee and Glasgow will work together on new medicines to slow the progression of such diseases, reducing the risk of patients needing dialysis or transplantation.

By preventing progression, this can allow people to live longer, better, and healthier lives free from additional consequences of the condition, such as heart failure, cardiovascular disease and stroke, reducing pressures on the NHS.



[Learn more](#)

Supporting parents with children in care

£900,000 of Scottish Government funding has been allocated this year for organisations to work with birth parents who have had a child taken into care.

The investment, delivered through Corra Foundation, will be shared by 11 organisations in 2024/25 who work closely with birth parents who have seen mental health decline following the loss of their child.

This aims to empower birth parents to take control of their lives, develop new skills and build self-confidence.



[Learn more](#)

Child Flu vaccine: help beat the flu with a wee scoosh

In Scotland, all children and young people aged 2-17 are offered the nasal flu vaccine. To help raise awareness about the nasal vaccine, Public Health Scotland have released a new campaign titled 'Help beat the flu with a wee scoosh' to encourage people and parents to get protected.



[Learn more](#)

Jubilee Life copy deadline



If you'd like an article or information in the next edition of Jubilee Life, please submit your copy by Friday 13 September to be included in our next edition.

While consideration will be given to late submissions due to timings of events, if copy is received after the deadline date, articles may not be included.

Please send your Jubilee Life submissions to [Comms](#).

Contact us

Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the [feedback form](#).

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