

Jubilee Life **February 2024**



Issue 57

*Welcome to the **February 2024** edition of your monthly digital staff magazine.*

There's a handy icon at the bottom right to help you navigate through the sections.

News



The Heart Hospital... coming soon to Channel 5

Some of you will already know (being the stars of the show) and others may have seen in the news, but we are thrilled to announce that our pioneering heart services will soon be the focus of a four-part documentary series on Channel 5.

Produced by BBC Studios, each episode will highlight the amazing efforts our dedicated specialist staff go to every day to provide a lifeline to patients and their loved ones in the toughest of times.



“The Heart Hospital is a series about love. Our hearts embody every range of emotion – joy, hope, excitement and at times, when they break, fear and vulnerability.

“But most of all, this incredible organ represents love and inside the NHS Golden Jubilee we capture that emotion in bucket-loads. I am so looking forward to bringing this impactful new series to Channel 5’s viewers.”

Kit Morey, Commissioning Editor, Unscripted, Channel 5 and Paramount:

“We are thrilled to have gained such extraordinary access to the world-class heart unit of the NHS Golden Jubilee and to be making this life-affirming new series for Channel 5.

“The series will follow multiple patients’ emotional journeys in every episode – from relatively simple routine surgeries through to dramatic, life-or-death heart transplants.

“We’ll be there in the operating room as medical staff try to make miracles happen and loved ones wait anxiously for news.”

Adeline Ramage Rooney, Executive Producer and Creative Director for BBC Studios Factual Entertainment

“We are delighted to be involved in making The Heart Hospital.

“It is very important to us that our patients and the public see the extraordinary quality care, compassion and dedication provided by Team Jubilee.

“As an NHS organisation, our team makes a difference every day to the lives of patients and families across Scotland and we thank everyone involved for allowing these important stories to be told.”

Sandie Scott, Director of Strategic Communications, NHS Golden Jubilee



1 - Lights, camera, action!

Broadcast dates

Channel 5 haven't released the series transmission dates yet, so keep an eye out on our usual communications channels for more information.

Media interest

Whilst Channel 5 has announced the series, no patients' names, photographs or any other identifying information will be given out at this stage.

Staff appearing in the programme must keep their involvement fairly quiet for now.

In line with our Board-wide Media Policy, all press and publicity is coordinated by our Marketing and Communications team.

If the media do learn of your involvement in The Heart Hospital, or if you do not wish to be involved in any press activity for the series, please contact the Marketing and Communications team as soon as possible.

Here's how the public responded to the news on our social media pages

Lewis Reilly: My wife was admitted to the cardiac ward in 2015 to understand why she took a heart attack at 23. Your team never stopped until they had answers for us, including reaching out to specialists in America and other countries. She was finally diagnosed with SCAD and we are now part of a pilot clinic to understand the reasons behind and cause of her SCAD. We cannot thank the heart team enough for their care, compassion and dedication to finding us answers.

Karen Doyle Flynn: Looking forward to watching, I've been in Jubilee many times and always had the best care ever. I'm now on my Transplant Journey.

Cathy Gormal: An amazing hospital. We also have so much to thank Nicki Walker, the SACCS team and surgeon Mr McLean for. My husband is still enjoying life 13 years after his diagnosis of Carcinoid heart disease and valve replacements, look forward to watching it

Curries Currie: All positive comments are reassuring me, my son will be going in for open heart surgery anytime now!

Gerry Kane: Not just the heart team, they get great support from all the other Departments in GJ

Margaret Cuthbertson: My daughter got her heart valve replacement at Jubilee, fantastic hospital

Angelene Gray: Look forward to this. Jubilee cardiology staff are amazing! X

June M Clark Dalzell: Looking forward to watching this I spent many weeks in the hospital, excellent staff

Alana Miller Ferns: No words for how amazing this team is xx

Thousands of patients benefit from National Ultrasound Training Programme

NHS Scotland Academy's National Ultrasound Training Programme (NUTP), hosted right here at NHS Golden Jubilee, celebrated their first anniversary with over 6,000 successful ultrasound exams carried out for patients from across Scotland.

The programme plays a vital role in supporting the NHS Scotland Radiology Recovery Plan and has been hugely successful in supporting accelerated training for more than 20 trainee sonographers and 24 specialist registrar radiologists.

Learners participating in the programme receive dedicated mentorship and practical support outside their roles, facilitating additional training without impacting health boards' staffing levels.



"This programme has been hugely beneficial to me. Without it, I'm unsure I would have been able to complete my course.

"It has provided me with dedicated and protected learning time that I didn't have in my normal working environment.

“It’s also beneficial to patients, as although we are using training lists, we work with real people, with real referrals.

Micheala Thomson, NUTP Learners from NHS Forth Valley

“The National Ultrasound Training Programme's one-year anniversary marks a remarkable journey of innovation and excellence.

“Ultrasound examinations help us to determine what treatment is most appropriate for patients, ensuring they get the care they need.

“As a national programme, this is providing improved access for patients whilst providing excellent development opportunities for our learners.

“The hands-on, immersive experience learners have also plays a huge role in the treatment of our patients.

“Feedback has also been fantastic, with 100% patient satisfaction reported.”

Clair Graham, Head of Programmes (Education) at the NHS Scotland Academy

[Click here to find out more about the programme.](#)

21 years of 4-Star service

Our Golden Jubilee Conference Hotel is celebrating this week with the announcement that they have successfully achieved 21 consecutive years of 4-star accredited service.

The team impressed AA adjudicators during the demanding accreditation process which evaluates various aspects of the Hotel’s facilities, including accommodation, dining options, leisure facilities, and customer service.

Guests can expect nothing but the finest amenities and hospitality during their stay at the Golden Jubilee Conference Hotel, including spacious rooms, award-winning dining options, state-of-the-art conference facilities, and a range of leisure activities to suit every need.



"We are absolutely thrilled to once again receive the AA 4-star accreditation.

"Achieving and maintaining a 4-star rating for over two decades is a remarkable achievement and highlights our position as a leading destination for both leisure and business travellers.

"This is a direct reflection of our team's dedication to delivering exceptional service and ensuring that every guest enjoys a memorable stay with us."

Denis Flanagan, Commercial and Logistics Director

Visit the [Golden Jubilee Conference Hotel](#) website to find out more about facilities and to book.

[Click here to read more about this story](#)

Your new staff intranet is coming soon!

The Communications and Marketing team will soon be launching a new intranet site to help staff access information and resources faster and easier.

Built on SharePoint Online, the new staff intranet will integrate with the Microsoft 365 suite of applications. You will be able to access the site online or through a mobile application using your existing 365 login.

The centralised hub will be managed by the Communications and Marketing team with departments empowered to take devolved responsibility for relevant 'spokes'.

The new site will provide:

- a central location for corporate communications, news, and publications,
- quick and easy access to information and resources staff need to access,

- shared branding and navigation with rolled up content and search functions, and
- data to help track usage of the site.

Help us shape your new Staff Intranet.

We are seeking your views to help shape the content and structure of the new site.

We want to know:

- What's important to you on an Intranet site,
- What works well,
- What could be improved,
- What features you would like to see, and
- What features on our current site you think we no longer need.



Please email your thoughts to [Comms](#) by close of play on Friday 8 March.

Get your content ready for transfer

We are currently prioritising the build of the main Communications Hub to go live by 2 April 2024.

Only content which has been reviewed and updated will be transferred to the new site.

By Thursday 28 March 2024 all managers / service leads need to:

- Review their current content on Staffnet and send updates/changes to comms@gjnh.scot.nhs.uk.
- Nominate representatives within their department who will be responsible for updating their dedicated area of the new SharePoint site.

After that, we will contact department managers, service leads and nominated representatives to help you set up any relevant spokes with relevant Role Based Access Controls and Standard Operating Procedures.

Thank you in advance for helping us develop and deliver this exciting new internal communication channel.

CAELUS Drone Project

We recently participated in an exciting pilot as part of the CAELUS project which saw the successful flight trials of a drone from Glasgow Airport to NHS Golden Jubilee.

The project aims to create the UK's first national medicine distribution network using drones and has been a large scale, collaborative effort across 16 partner organisations over the past 4 years.

While live flight trials were an important first step, there is still a journey ahead before there is a viable, safe and fully integrated network for the UK.

To help the project move forward, the team are looking for your thoughts and feedback through the Commonplace platform.

By visiting the link below, you will find a range of resources, including case studies, feedback survey and a series of FAQs.

Please, take a few moments to find out more by visiting the link below.



[Have Your Say Today - CAELUS - Commonplace](#)

Letter from Caroline Lamb on Gaza conflict

NHS Scotland Chief Executive Caroline Lamb has issued a letter to all NHS Scotland Chief Executives highlighting the Scottish Government's "clear and unambiguous position on the Gaza conflict".

[Click this link to read the full letter](#)

Previous letter

A previous letter was issued by Caroline Lamb to all NHS Scotland staff in November to highlight advice and support available for anyone who is affected by the current conflict in Israel and Gaza.

The letter includes links to:

- [The National Wellbeing Hub and Helpline](#)
- Employee support for abuse, bullying or harassment issues

Please take the time to read the full letter in the link below:

[Letter to all NHS Scotland staff](#)

We would also like to express our concern and compassion for any of our staff who are affected by the conflict through family and cultural ties to the region.



Help and support is also available through our Health and Wellbeing and Spiritual Care resources:

- [TimeforTalking – free employee counselling service](#)
 - [Spiritual Care](#)
-

Ward relocations

To support the first phase of ward relocations, Wards 4 East Colorectal/General Surgery and the Complex Orthopaedic ward have now relocated into Ward 2 West, with defined clinical areas following a period of refurbishment in Ward 2 West.

Ward 2 West Orthopaedic ERAS has relocated to Level 4, becoming Ward 4 East Orthopaedic ERAS.

New ward layouts:

- Ward 2 West Colorectal/Complex General Surgery will have 12 inpatient beds
- Ward 2 West Complex Orthopaedics will have 22 beds (12 beds for Complex Orthopaedic patients and an additional 10 beds to be utilised for ERAS patients)
- Ward 4 East Orthopaedic ERAS will have 36 beds.
- Ward 4 West will continue as the Surgical Day Unit (SDU) until the date for the move to the New Surgical Centre confirmed.



Quality Improvement Staff Survey

The Quality, Performance, Planning and Programmes (QPPP) team would like to assess their efforts to enhance the quality improvement culture and activity across Golden Jubilee.

The team would like to understand your awareness of:

- Quality improvement
- Quality improvement at NHS Golden Jubilee
- Awareness of our QI resources
- What else we can do to raise your awareness of QI

The survey will be available to complete until Sunday 31 March.



[Click this link to access the survey](#)

Learn more about QI at NHS Golden Jubilee and access resources by visiting our [Staffnet page](#).

Quality Improvement Project Register

The Quality, Performance, Planning and Programmes (QPPP) team is delighted to share the Quality Improvement (QI) Project Register.

The QI project register will allow you to:

- formally register your QI project
- allow NHS Golden Jubilee to align your activity to organisational goals
- access coaching and support from QPPP
- join our growing network of improvers

[Click this link to access the register](#)

You may be prompted to 'sign in' to your Microsoft account. These details are the username and password you use to sign onto your computer.

Quality Improvement Project Register



The Quality, Performance, Planning and Programmes (QPPP) team are delighted to share the Quality Improvement (QI) project register.

The QI project register will allow you to:

-  Formally register your QI project.
-  Allow Golden Jubilee University National Hospital to align your activity to organisational goals.
-  Access coaching and support from QPPP.
-  Join our growing network of improvers.



You can access the QI project register by scanning the QR code below.



Learn more about QI at Golden Jubilee and access resources by visiting our [Staffnet page](#).

Dementia Strategy launch

Staff are invited to the launch of NHS Golden Jubilee's Dementia Strategy next week.

Following a difficult period for people with dementia to receive the full support they need when requiring secondary health care, our strategy outlines our ambition and pledge to support all persons with a dementia or a cognitive impairment when attending the Golden Jubilee.

The strategy outlines in detail how we seek to achieve this, focusing on developing a structured support through skilled and expert knowledge that will reflect on a positive person-centred experience for all including carers.

The launch is taking place on Monday 4 March in the Boardroom on Level 5 East from 10am – 12pm and staff are invited to come along and discuss the strategy with our Alzheimer Scotland Dementia Lead Nurse Con Gillespie.

We pride ourselves in not only delivering and promoting excellence, but also supporting innovation to push the boundaries in person-centred care for our patients.

Con will be available at the launch to answer any questions, discuss the strategy and also welcome any ideas that could help optimise care for people with dementia and delirium.



For more information ahead of the launch, contact [Con Gillespie](#).

Educators and nurses benefit from digital resource

The Nursing and Midwifery (NMC) Objective Structured Clinical Examination (OSCE) Preparation Programme, run by the NHS Scotland Academy, has now benefitted over 1,300 nurse educators and international nurses.

The resources have been developed in collaboration with NHS Boards to provide nurse educators and international nurses with the knowledge, skills and tools required to support and complete the OSCE.

Split into 2 sections, one for OSCE Preparation for Nurse Educators, and the other for OSCE Preparation for International Nurse Learners (Adult Nursing), the digital resources are packed with information and interactive online learning modules.



NHS Scotland Academy
Accelerated training through collaboration



[Click here to find out more.](#)

Making the most of our spaces

As our organisation continues to grow, we know how important it is that as many of you as possible have access to our meeting rooms, to give you the chance to collaborate with your colleagues both internally and from across the public sector.

At the moment, most of our meeting rooms are named based on their department location or similar. This has caused confusion when people have been trying to find meeting spaces due to a belief that the spaces are owned by another team.

For clarity, no team or department in NHS Golden Jubilee has their own meeting room. They are available for everyone to use.

Renaming meeting rooms – we need you!

As part of our commitment to this meeting room access, we think now is a good time to consider changing the names of our rooms. That is why we are asking you to come up with suggestions on how we name them.

We need you to tap into your creativity. Think about themes that we could use that would include many names.

For example, Clydebank could a theme with the rooms called “Singers” or “Browns”. You could also consider famous Scottish clinicians or pioneers.

The main thing we ask you to do is let your imagination run wild with this! And as much as we love the “Boaty McBoatface” story, please think about our NHS reputation with your suggestions.

All entries will go forward to our Executive Leadership Team to judge on Tuesday 26 March 2024. Winner(s) will be notified following the decision.



If you could send all your name ideas to [Comms](#) by Wednesday 20 March 2024, together with your name, department and best contact information.

Audit and Inspection Tool Update

The Health and Safety Department are rolling out a new Audit and Inspection tool for all areas of the Golden Jubilee.

This will have a range of benefits for staff and managers across the entire organisation, as we strive to continue to ensure our site is as safe and accessible as possible for all patients, staff and visitors.

Benefits to Managers

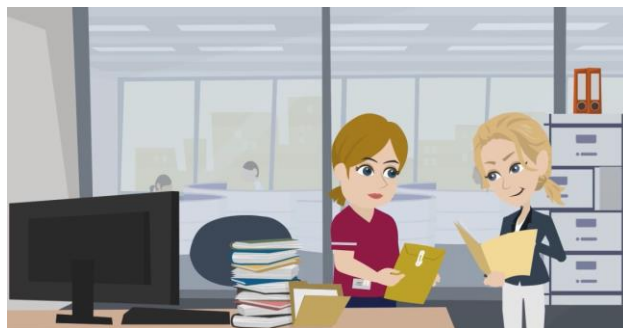
With this new system, managers will receive automated prompts to undertake local health and safety inspections, and will also allow them to upload their findings directly to the platform.

Improvements to health and safety

Findings and statistical data from health and safety audits will be easily accessible through the dashboard. This will also allow remedial actions to be tracked using real-time reporting.

Save the date

On Monday 18 March, we will be holding a soft launch of the system, where staff can drop by and get first hand experience of the Audit and Inspection tool.



More information will be circulated in eDigest and Jubilee Life in the coming week. For more information, you can visit [Synbiotix](#), or email [Health and Safety](#).

Strategic projects



Expansion Update – February 2024

As work continues on our exciting expansion project, and Phase 2 nears completion, please take a few moments to read over the following bulletin.

This contains an update on work undertaken to date and a roadmap of the next stages of the build and commissioning of our new, state-of-the-art, Surgical Centre.

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For information on the expansion works, please contact [Jennifer Colahan](#), Clinical Lead, Expansion Team.

Move to TURAS Learn

NHS Golden Jubilee is in the process of moving all learning and development resources to the TURAS Learn platform to help us deliver your educational needs more effectively, in the most efficient way possible.

The TURAS Learn functionality will allow us to have a single learning management system which will host all learning content including classroom, eLearning, course administration and real-time reporting.

Effective learning and development is a key part of employee engagement and how we support staff to deliver high quality patient care.

Our learning resources also support colleague wellbeing, personal and professional development, and is a key part of staff retention.

The full migration to TURAS Learn of all resources, including clinical education content which is currently stored on eESS and LearnPro, is scheduled for Friday 31 May 2024.

What is TURAS?

TURAS is a nationally recognised digital learning platform developed and managed by NHS Education for Scotland (NES) for use by health and care staff within Scotland.

The system has 2 applications:

- **TURAS Appraisal:** For recording appraisal information. All boards are required to use this application for recording appraisal information.
- **TURAS Learn:** For hosting learning resources. All boards will access nationally developed eLearning materials on this application. Currently, NHS Golden Jubilee uses a combination of

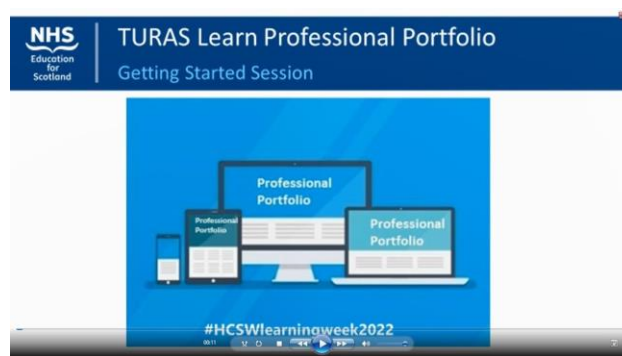
TURAS Learn, LearnPro and eESS for all education resources. Once the migration is complete, TURAS Learn will be the only system used by our organisation.

Next step

TURAS Learn is already a system which is in place across the organisation, which means you do not have to do anything before this change comes into effect. Information on how to use the new system once it is operational will be provided for all teams in the coming weeks.

Our Learning and Development team is working with NES to create a bespoke NHS Golden Jubilee site on the TURAS platform. This site will provide access to all corporate and clinical eLearning content, course bookings and training records safely and securely. This means that all courses, content and resources will be available and stored in a single location, making this easier for everyone to find what they need, when they need it.

Look out for updates on the migration, dates of awareness sessions, 'how to' guides and frequently asked questions.



For more information, contact [Graham Lamont](#) Learning and Education Lead.

New Pharmacy platforms coming soon to NHS Golden Jubilee

Pharmacy Stock Control (PSC), Hospital Electronic Prescribing and Medication Administration (HEPMA) and Controlled Drugs (CD) Manager are due to be rolled out across NHS Golden Jubilee.

Pharmacy Stock Control

Pharmacy Stock Control is a complete medicines management system for purchasing and stock control, prescribing, administration and supply of medications to patients and within the Hospital.

PSC is the foundation for HEPMA. It will allow for seamless transition of accurate medicines supply information to dispensary and to pharmacy stores directly from the patient's HEPMA record. The team are currently in the drug-file build stage of this.

Hospital Electronic Prescribing and Medication Administration

HEPMA is an electronic prescribing platform that supports the prescribing of medications for patients and will provide administration support to prescribing staff across the hospital.

The platform will replace the use of paper-based prescribing and medication administration at NHS Golden Jubilee.

The HEPMA platform will provide a range of benefits to our Hospital, for patients and staff including:

- Improved patient safety by reduction of errors in prescribing and medicines management through increased legibility and accuracy
- Increased clinical decision support
- Faster access to patient medication records
- Increased support to ensure consistency in prescribing practices
- A range of reports will be available e.g. medication omission and prescribing prevalence

Controlled Drugs Manager

CD Manager is a controlled drug management platform which has been designed for use throughout all areas within hospitals where controlled drugs are stored, including pharmacy, wards and theatres. It is a completely paperless solution for controlled drug processes.

The team are currently working towards a go live date for PSC in July and then HEPMA in September. CD Manager will follow and will initially be rolled out within the Pharmacy department.



If you have any questions, please contact [Mark Wylie](#) (Project Manager) or [Hannah Macleod](#) (Lead Digital Pharmacist).

Safe Staffing Resources and Training Sessions

From April 2024, all health Boards and care service providers will be required to have fully implemented the Health and Care (Staffing) (Scotland) Act across their clinical services.

This aims to support the delivery of high quality care and improved outcomes for patients by making sure that appropriate staffing and support is available at all times.

Real Time Staffing Resources

Real Time Staffing Resources (RTS) are resources designed to help services meet the requirements of the Act when it comes into effect.

These are currently being developed on the NHS Education for Scotland TURAS platform, and will provide a common framework for Health Boards across Scotland to assess and evidence real-time staffing decisions.

Additionally, this will inform and provide the roadmap to the national role of e-rostering and the Allocate Safecare System.

The Generic Real-Time Staffing Resource will go live on TURAS on Wednesday 28 February 2024.

A range of webinars have been arranged around this topic, covering:

- An overview of Real-Time Staffing
- The Health and Care (Staffing) (Scotland) Act 2019 General Duties
- Demonstration of the application of the resource
- Demonstration of the reporting dashboard
- Signpost to learning resources

These will take place on the following dates:

- Monday 4 March 10-10.30am and 1-1.30pm
- Tuesday 5 March 10-10.30am and 1-1.30pm
- Wednesday 6 March 10-10.30am and 1-1.30pm
- Thursday 7 March 10-10.30am and 1-1.30pm
- Friday 8 March 10-10.30am and 1-1.30pm
- Monday 11 March 10-10.30am and 1-1.30pm
- Tuesday 12 March 10-10.30am and 1-1.30pm
- Wednesday 13 March 10-10.30am and 1-1.30pm
- Thursday 14 March 10-10.30am and 1-1.30pm
- Friday 15 March 10-10.30am and 1-1.30pm



More information, including how to book, can be found on our [Staffnet page at this link](#).

The HSP team works with workforce leads from each Scottish health board.

Together we ensure necessary training and support is available for all staff.

You can also request support through the request by contacting Brenda Wilson by emailing [Brenda Wilson](#).

Allocate eRostering

NHS Golden Jubilee will soon be rolling out Allocate, a new workforce management solution for compiling rosters, managing leave and recording time worked by all staff.

The switch to RLDatix's Allocate Software is part of the programme led by NHS National Services Scotland to move to a single e-rostering solution for all Scottish NHS Boards.

This project also aligns with the implementation of the Health and Care (Staffing) (Scotland) Act which comes into effect from April this year.

Click the green 'go to this Sway' button below to read our Staff Bulletin and find out more.

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[Click here to visit our dedicated eRostering Staffnet page.](#)

People



Congratulations Professor Clarke

Orthopaedic Consultant Jon Clarke has been appointed as an Honorary Professor at the University of Strathclyde.

Professor Clarke has been acknowledged for his work in the field of orthopaedics and his leading role in cutting edge research for improved patient care.

The professorship recognises his strategic vision and considerable research track record in computer-assisted orthopaedic surgery and allied technologies. Professor Clarke is also our Lead for the Orthopaedic Research team.

We were awarded University Hospital status through a Strategic Partnership with the University of Strathclyde to develop, amongst other activities, collaborative research capacity in 2022.

As the research lead, Professor Clarke is at the forefront of the relationship with the university's Biomedical Engineering department.



“The Golden Jubilee University National Hospital, in conjunction with the University of Strathclyde, has enabled me to fulfil my ambition of pursuing an academic consultant career whilst remaining in the West of Scotland.”

“It is an absolute privilege to receive Honorary Professor status from the university and I look forward to growing this partnership and producing world class research in the years to come.”

[Click here to read the full story.](#)

Thank you for your service, Hazel

This month we said goodbye to Senior Charge Nurse for Cardiac Theatres Hazel Colquhoun, who leaves us after more than 4 decades of NHS service.

She started Nursing at Glasgow's Southern General Hospital in January 1979, qualified in 1982 and also received her Silver Wings for completing 25 Air Ambulance flights.

Working in Male Surgical until 1985, Hazel went onto complete a 1-year Theatre course at the Glasgow Western Infirmary, working in Cardiac Theatres there until 1989.

From there, Hazel moved to the Glasgow Royal Infirmary as a Cardiac Sister in late 1989 and was part of the service when the original National Organ Retrieval Service (NORS) team for Cardiac Transplantation was established.

Hazel played a leading role in the first Scottish team which went to the specialist Harefield Hospital in Uxbridge to learn how to retrieve organs for transplantation in Scotland when it was being set up here, and was part of the team which carried out Scotland's first heart transplant in 1992.

She then transferred with the transplant team when heart services moved to the Golden Jubilee in 2008 and set up the NORS Cardiac Scrub team here.





Hazel said: "I remember the first transplant. Our team went out through the night and I actually still have our off-duty book for that day."

"It's a special thing. When I first did retrieval you wouldn't know anything at all about the person whose organ you are retrieving, but that's all changed. You know the circumstances now, which I think makes the process much better."

"I've seen all kinds of transplants, from kidney, to liver and heart. I think the first time you retrieve organs from someone and see them going into someone else, it's like the 'Circle of Life'."

"The team has worked extremely hard and in teams like this it's like having a second family you are so close to each other."

"I have been with them through good and bad days. Happy journeys and sad ones. They are what I will miss the most, but it's time to pass on the baton."

Happy retirement Hazel. You'll be missed, but you will always be part of Team Jubilee.

Jubilee Scientist shortlisted for top award

Our very own Senior Biomedical Scientist, Lindsey McGuire, has been shortlisted for the Chief Scientific Officer's Healthcare Scientist of the Year Award 2024!

Lindsey has been recognised for her incredible work ethic, continually going above and beyond what is expected of her.

Lindsey has incredible knowledge in the field and does all she can to pass on her skills to fellow colleagues, both within the laboratory and throughout the Hospital.



Lindsey said: "It's in my nature to put 100% into everything I do and I take great pride in my work. It's a privilege to be recognised and shortlisted for this award."

"I work with such a great team which makes my job so much easier and I really look forward to coming to work every day."

Fantastic, congratulations and good luck Lindsey.

The winners will be announced at a virtual event on Thursday 14 March.

Val-You



LGBTQ+ Leadership event

NHS Golden Jubilee and NHS Greater Glasgow and Clyde have teamed up to showcase the first ever LGBTQ+ leadership event, taking place in the Golden Jubilee Conference Hotel on April 11.

The event is open to all LGBTQ+ staff - we are passionate that leaders exist at all levels of our organisation and within all job families. If you are interested to learn more about how our identity as LGBTQ+ people impacts on us as role models and as leaders, please come along.

The event is free to attend and is in 2 parts - a leadership session followed by a networking opportunity and you are welcome to join us for the learning or social parts or both.

Part 1: Leadership Shaped by our Identity

Where: Golden Jubilee Conference Hotel, 9am - 4pm.

- Join us to explore our individual identities and how these impact on how we lead authentically, reflect on the power of connection, civility and community, and hear from inspirational keynote speakers on their own, very personal leadership journeys.

Part 2: Networking and Social

Where: Golden Jubilee Conference Hotel Bar, 4pm - 6pm

- After the event we will be in the Golden Jubilee Bar with some of our LGBTQ+ leaders within and out with the NHS. Come along to build your LGBTQ+ workplace networks, connections and perspectives.

Key facts about the event

- This is an event for staff who identify as LGBTQ+ (whether “out” at work or not). We are grateful for our LGBT Allies support, but this event is specifically tailored for LGBTQ+ staff.
- Leaders can be at all levels, this is not just for senior roles.
- This event is supported by the NHS Greater Glasgow and Clyde senior leadership team and protected time will be granted for those who wish to attend.
- We recognise staff may not be “out” at work and will have the option to request A/L for the event if they do not wish to disclose their plan to attend.



[Click this link to book a place](#)

If you would like to discuss in confidence the logistics for attending this event, please contact Equality and Inclusion Lead Rob White directly via email on [Robert White](#).

Join our Ethnic Minority Network

Interested in joining the NHS Golden Jubilee Ethnic Minority Network? Are you new to the Golden Jubilee and keen to connect with colleagues from across a range of departments.

The network provides an amplified voice to be heard regarding issues of race and equality relevant to staff, patients, service users and volunteers.

The Network is currently open to any NHS Golden Jubilee staff members and volunteers who identify as Black, Asian or from any other ethnic minority group.

We continue to provide a safe and confidential space for professional and social networking for Ethnic Minority Staff and will be hosting exciting networking and leadership events in 2024.

We look forward to hearing from you!

Ethnic Minority Network

Creating a working environment and policy framework for ethnic minority staff which is open, supportive and promotes equality of opportunity, employee wellbeing and strengthening the employee voice.

- To encourage and maintain a safe and positive working environment for ethnic minority staff and eliminate racial discrimination for employees and patients.
- To support in developing and maintaining a representative workforce with inclusive leadership, and to raise the visibility and contribution of ethnic minority staff.
- To provide a forum where ethnic minority staff can share experience and issues affecting their work and professional development.



To join our mailing list and Teams channel, email [ethnic minority](mailto:ethnic.minority).

[Click this link for more information on our web page.](#)

Free Knockhill Racing days

Knockhill Racing Circuit in Fife is offering NHS staff free entry on race days coming up in April.

The first event is the Best of Scottish Motorsport – Armed Forces and NHS Appreciation Weekend - on 20 – 21 April, which will be free entry to all serving/veterans of the Armed Forces and NHS workers.

The second event is the Scottish Championship Bike Racing weekend on 27 – 28 April.

When ordering tickets, select 'NHS/Armed Forces (valid with ID)' at www.knockhill.com/events and take proof of service or employment with your ticket on the days of the events.



27TH-28TH APRIL

KNOCKHILL
RACING CIRCUIT

SCOTTISH CHAMPIONSHIP BIKE RACING
ARMED FORCES AND NHS APPRECIATION WEEKEND

ARMY
BE THE BEST

ROYAL
NAVY

ROYAL
AIR FORCE

NHS
THANK
YOU!

TWO DAYS OF FREE ENTRY TO ALL SERVING/VETERANS OF THE ARMED FORCES AND NHS WORKERS.
SELECT THE TICKET 'NHS/ARMED FORCES (VALID WITH ID)' WHEN ORDERING YOUR TICKET ON OUR
EVENT PAGE AND BRING PROOF OF SERVICE OR EMPLOYMENT WITH YOUR TICKET WHEN YOU ARRIVE.

TRACK ACTION 9AM - 5PM

FREE PARKING

28 RACES OVER 2 DAYS

UNDER 12'S GO FREE

FREE RACE Paddock ACCESS

See www.knockhill.com/events for full event
Knockhill Racing Circuit, by Dunfermline, fife KY12 9TF

QR code

f @ y x

Comments about you!

Julie Stickland - Amazing team.

Yvonne Henderson - An amazing team and I will be forever grateful too them and all the staff involved in my care last year xx

Catherine Fell - Great team! So supportive to their patients.

Martin Donaldson - Tremendous team, providing wonderful care.

Sharon Leitch - Absolutely the best team ever, they look after my son and I am so grateful to have them as part of his care team

Louise Thom - Fantastic team.

Lorna Glendinning - Very very lucky to have such an amazing team , nothing is ever too much trouble. Thank you for everything you do for CHD patients.

Kathleen Robb - What a team!!!!

Pammie Hannan - Best team ever , so lucky and greatful xxx

Catherine Mackay - Big thanks to everyone involved in my surgery from entering the hospital until the day I left thank you , I will be forever grateful the care I received was absolutely top level x

Wendy Fisher Sparkles - Was up there yesterday, absolutely service start to finish, back again soon for partners op , its relief knowing he'll be in safe hands xx

Maggie New - Fantastic hospital. Hip replacements done there. Staff are excellent go above and beyond.

Pat Kempster - I agree Miranda I had Open Heart surgery at the Golden Jubilee Hospital everyone is dedicated to their patients care and wellbeing. Thank you Golden Jubilee for all you do for us xx

Jean Beardsley - Couldn't agree more so happy I travelled there.

Pamela Sharp - Fab hospital I had total Knee replacement February 2022. First class in every way all staff are excellent x



I travelled out of my health authority for knee replacement surgery at NHS Golden Jubilee.

My experience was that this hospital really is the exemplar for how hospitals offering joint replacement should be. Every single member of staff was outstanding; caring, supportive, happy in their work and focused on you as the patient. The hospital was immaculately clean, meals were nutritious and tasty. I was particularly impressed by the younger staff I came into contact with. Both auxiliary nursing staff and newly qualified nurses were excellent and mentoring was positive and evident. A really great experience.

Post-operative support was very good. They really make sure you are able to cope in your home environment before you leave.

Miranda
Knee replacement patient



Events



Congenital Heart Defect Awareness Week 2024

Congenital Heart Defect (CHD) Awareness Week is held each year from February 7-14 to recognise children and adults living with congenital heart disease, celebrate their journey and increase public awareness of these heart conditions.

This year our Scottish Adult Congenital Cardiac Service (SACCS) team once again provided a range of information, advice and support for people living with CHD.

There are so many charities available to support people born with CHD, offering a wealth of support and advice in a variety of formats.

Here's some links to just some of the fabulous charities:

Living with a congenital heart condition means that you may go through periods of worry. This can be before you have appointments, waiting for results or when you've been told you'll need surgery, but don't know when this will be.

Here's some great resources out there that can help:

Patient stories

We published stories and journeys of our patients who have lived with CHD since birth, showing their strength and resilience and highlighting the wonderful, person-centred care they receive from our SACCS team.

Lauren O'Loughlin

Lauren is a mum-of-3 beautiful daughters and was born with Tetralogy of Fallot resulting in 3 open surgeries.

Stewart Laing

Stewart was also born with Tetralogy of Fallot and says, "Having a wife and child is something I didn't always think would be possible."

Jojo Daly

Jojo has had 2 open heart surgeries and appreciates everything she has in life, which she lives "to the fullest".

Linda McStay


Linda had her first heart surgery when she was just 4 days old. She is now on the heart transplant list awaiting life-saving treatment and all of our hopes and prayers are with her and her family.





Congenital Heart Disease Awareness Week










7 - 14 February 2024



Golden Jubilee

There are so many charities available to support people born with Congenital Heart Disease (CHD), offering a wealth of support and advice in a variety of formats.

Here are some links to just some of the fabulous charities:

 <p>Children's Heart Federation chfed.org.uk</p>	 <p>Somerville Heart Foundation sfhearts.org.uk</p>	 <p>Down's Syndrome Scotland dsscotland.org.uk</p>
 <p>Little Hearts Matter lhm.org.uk</p>	 <p>The Scottish Association for Children with Heart Disorders youngheart.info</p>	
 <p>Marfan Trust marfantrust.org</p>	 <p>Max Appeal maxappeal.org.uk</p>	
 <p>British Heart Foundation bhf.org.uk</p>		

Congenital Heart Disease Awareness Week

NHS
Golden Jubilee

7 - 14 February 2024

Living with a congenital heart condition can mean that you may go through periods of worry. This can be before you have appointments, when waiting for results, or when you've been told you'll need surgery.

Here are some great resources out there that can help:

Apps



Smiling Mind

smilingmind.com.au/smiling-mind-app



Breathing Zone

breathing.zone

Websites

Mind to Mind

nhsinform.scot/mind-to-mind

NHS Inform

nhsinform.scot/symptoms-and-self-help/self-help-guides

NHS Greater Glasgow and Clyde

wellbeing-glasgow.org.uk



Congenital Heart Disease Awareness Week

NHS
Golden Jubilee

7 - 14 February 2024

Hi I'm Lauren, a 34-year-old mum of 3 girls. I also work as a lead practitioner in a local nursery.

I was born with Tetralogy of Fallot with absent pulmonary valve and have had 3 open heart surgeries - 2 of them at Yorkhill Children's Hospital aged 4 and 17. As an adult I have been under the care of the wonderful SACCS team and had my most recent surgery in the Golden Jubilee.

Following the birth of our second daughter I became more breathless and tired and it was apparent it was time for my next surgery. After a failed attempt at keyhole surgery, the only option was another open heart procedure.

Having this surgery as a mum of 2 young daughters meant a new level of anxiety. However, the understanding of the team helped and the operation went very well and I was home to my 2 children and husband 6 days later.

Surprise, 3 months later I was pregnant again with our third daughter, and Aoife was delivered in July 2023.



Congenital Heart Disease Awareness Week

NHS
Golden Jubilee

7 - 14 February 2024

Hi, I'm Stewart Laing, age 38, and my congenital heart defect is Tetralogy of Fallot. I've had 4 surgeries, 2 were open heart and had many Cath Lab tests as well.

Growing up I was always very aware I had a heart condition and it would often cause me to struggle to "keep up" with my friends.

I never let it get to me though, and I would try my best at any sports and games. In 2010 I had a pulmonary valve replacement, and 14 years on I am told the valve is still working well. I continue to have regular check-ups at Golden Jubilee and all the staff there are fantastic and it's always nice to see them and meet other patients too.

During the pandemic I started up a CHD podcast which has allowed me to connect with fellow CHD patients from different parts of the world. I am very fortunate to have a very supportive family which I am always grateful for.

I am proud of what I have overcome and been able to achieve.



Congenital Heart Disease Awareness Week

NHS
Golden Jubilee

7 - 14 February 2024

My name is Jojo Daly and I'm 45-years-old. I was born with a congenital heart defect, a condition called Congenital Pulmonary Stenosis.

I work within the Data Governance arena in the public sector. I enjoy exploring the world, learning various cultures, keeping a healthy lifestyle enjoying exercises, which I can do taking my condition into consideration.

Throughout my life I have had 2 open heart surgeries. After my second surgery I felt unwell and contacted the Scottish Adult Congenital Cardiac Service (SACCS) nurse. I was then admitted to the Golden Jubilee in 2013 and had keyhole surgery for a collapsed valve.

With various surgeries, I appreciate what I have and live my life to the fullest. In 2022 I gained a scholarship and completed a course in Artificial Intelligence and Machine Learning. In 2023 I gained a leadership qualification in women in technology and Deputy Chair for Women of Colour in my organisation.

I am also a volunteer at NHS Golden Jubilee Hospital and I like to provide support to others.



Congenital Heart Disease Awareness Week

NHS
Golden Jubilee

7 - 14 February 2024

Hi, my name is Linda and I live in Lanarkshire. My mum had a normal pregnancy and there were no signs of anything unusual. Within 2 hours I was in high dependency as there was concern that my skin and lips were very blue. I was transferred to The Royal Hospital for Sick Children in Glasgow. Tests revealed that I had a heart defect – only one of my ventricles had developed properly.

At 4 days old I had surgery to insert a tube to help increase the blood flow to my lungs and at 4 years old I had another inserted at the opposite side. I went for regular checks and at aged 10 I had open heart surgery. I was told my condition was known as a uni-ventricular heart with pulmonary atresia.

Unfortunately, my heart started to fail around 3 years ago. In January of this year, I was placed on the urgent list for a heart transplant. I will be admitted into Freeman Hospital, Newcastle in a few weeks where I will wait for my "second chance".

Hopefully one day I will be able to write about my transplant journey!



Cyber Scotland Week 2024

Cyber Scotland Week began on Monday this week and runs to Sunday March 3, with the theme of Tailgating and Clear Desk-Clear Screen Policy.

The campaign aims to raise awareness about cyber security issues and colleagues from our Cyber Security team organised various activities such as visiting departments and holding drop-in sessions in the wards where staff could learn more about Cyber Scotland Week and discuss cyber security issues.

An information stall is also set up at the West Lifts to engage with people and provide information about cyber security.

Click on the following animations to access cyber security training.



Tailgating: Don't be the weakest link!

The example of Jack

Jack, dressed in a black business suit, arrived at the hospital with a clear intention in mind - to access the clinical system and retrieve some patient information.

He walked smartly towards the elevator, carrying a black suitcase and blended in with the rest of the staff who were going to their respective floors. Inside the elevator, he initiated a light conversation with the other staff members and even made them laugh, putting them at ease.

As the elevator reached the 3rd floor, Jack followed a staff member whom he had complimented earlier on the same elevator ride. Pretending to be a staff member himself, he walked with confidence behind her and entered the ward after she opened the door with her ID badge. The staff member, unaware of Jack's true identity, bid him goodbye and rushed to resume her duties.

Jack sat in the reception area of the hospital for what seemed like an eternity, his mind preoccupied with the task ahead. He flashed a courteous smile at anyone who greeted him and proceeded to hang his jacket on the chair nearest to him. With a stealthy gait, Jack made his way down the ward, careful not to draw any attention to himself.

As he crept along, he spotted Sue, one of the nurses, frantically updating some records on her computer. She seemed to be in a hurry and quickly left her system unattended to go to the toilet. Jack noticed the opportunity presented to him and as Sue walked past him, she gave him a brief smile. Jack immediately took note of the computer that was left unlocked and approached it, trying to gain access to the system.

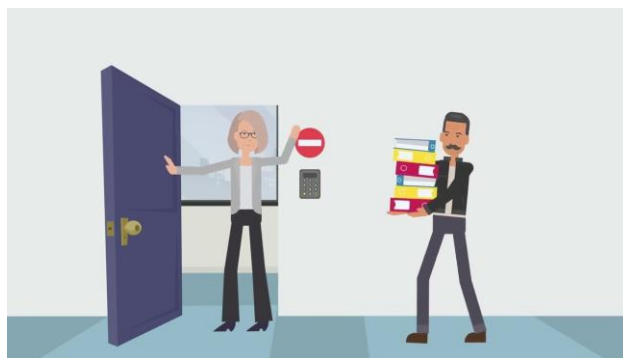
Luckily for him, he spotted an open door nearby and upon closer inspection he realised it led to a room with several unlocked drawers. Those drawers were labelled with patient case files and arranged

alphabetically. Jack pounced on the chance to obtain the details of certain patients he was interested in and was able to retrieve 2 of the 3 files he was looking for. He also managed to take some pictures of the documents with his phone before returning them to their proper place.

Just as he was about to check for more patient details on the computer he was startled by the presence of the charge nurse who observed him closely and realised he was not part of his team - he had not seen him before.

Jack quickly realised that he had been caught and, in a panic, he attempted to lock the computer to hide his activities from the nurse. But it was too late. The charge nurse, with a calm and commanding voice, asked Jack what he was doing and why he was on the desk.

Sue, who had just returned from the toilet, walked in and inquired about what had happened. Sue then confirmed that she was working on some case files before she left the case file room and her system remained open. The charge nurse, alarmed by Jack's suspicious behaviour, immediately contacted the security team and reported the incident via Datix. As a result Jack was arrested and Sue was subjected to an intense interrogation and investigation. The hospital was found to be guilty and was subsequently fined.



What is Tailgating?

A Tailgating attack is a common social engineering technique used by hackers to gain access to private or secure areas. This is done by following authorised staff who may not be aware of their presence.

To prevent this, it is important for staff to wear their ID badges in a visible location for easy recognition. Direct visitors to the reception and politely request identification from anyone waiting at the door or following you through if it is safe to do so.

Remember, a door is only as secure as the person who uses it or opens it for others.

A successful tailgating attack can give hackers access to sensitive documents and areas within the organisation. Therefore, it is crucial for staff to adhere to the clear desk-clear screen policy. Sensitive documents should be securely locked in fire-resistant lockers when not in use. They should not be left unattended at the printers, and if they are no longer needed, they must be disposed of securely.

Additionally, staff members should log off or lock their machines when leaving them unattended. To lock your computer, press and hold the Windows or Win key and then press L. When working from home or in a shared space, it is essential to angle your computer screen away from the view of other individuals unless they have a legitimate reason to see the information.

**Cyber security is as simple as ABC:
Always Be Careful**

NHS
Golden Jubilee

Cyber Scotland Week 2024 – 26 February to 3 March 2024

What is tailgating?

Tailgating is when a person follows an unaware user to gain access to a restricted area without authorisation.

How to prevent tailgating

- All employees must wear their ID badges where it can be easily seen by everyone for recognition.
- If it is safe to do so, politely ask anyone waiting at the door or following you through the door for their ID.
- Do not hold the door for anyone you don't recognise as an employee.
- Direct strangers who appear lost to the nearest reception area.
- Always close secure doors and make sure they are locked.
- Report any issues with secure doors, including if they do not close properly or close too slowly.



Scan the QR code on your smart device to view our tailgating animation.

#CSW2024 For further information or advice, contact the Digital and Information Governance team on lg@ijnh.scot.nhs.uk

Need help?

If you have accidentally clicked on a malicious link or provided your credentials to an unknown site or person, contact the eHealth service desk immediately on extension 5666 or email [eHealth Service Desk](#).

Further information

For further information or advice contact the [Digital and Information Governance team](#).

Important link:

NCSC website: [National Cyber Security Centre - NCSC.GOV.UK](https://www.ncsc.gov.uk)

Cyber Security survey

Our cyber staff survey is still ongoing; the survey will run until Monday 4 March. The survey results will help shape future cyber security awareness training and guidance for all NHS Golden Jubilee staff.

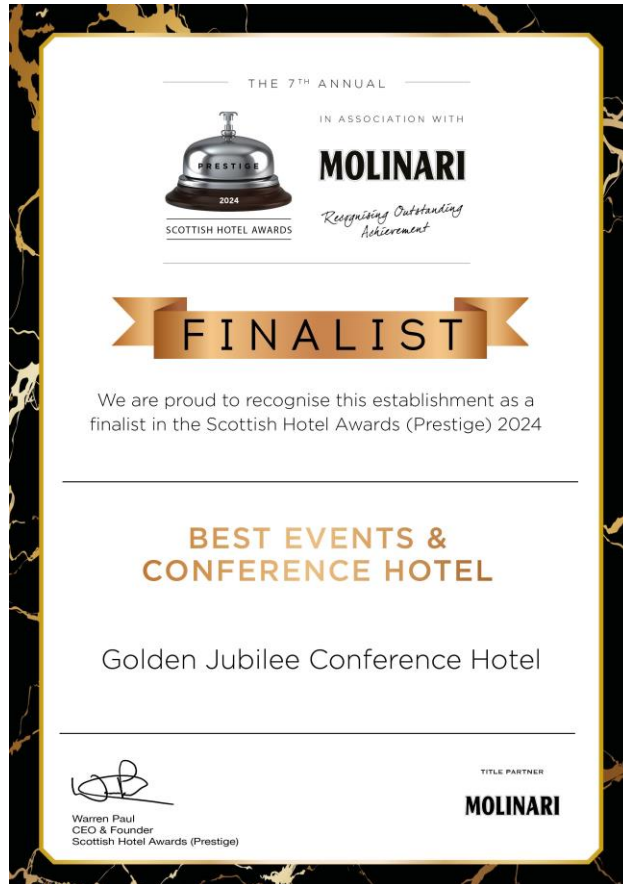
[Click this link to access the staff survey](#)

More celebrations for the Golden Jubilee Conference Hotel

We are delighted to share that the Golden Jubilee Conference Hotel have been shortlisted as finalists in two categories at the Scottish Hotel Awards 2024 (Prestige)!

The team have been recognised in the 'Best 4-Star Hotel' and 'Best Events and Conference Hotel' categories at this year's awards.

Good luck to those attending the big night on Thursday 18 April at the Doubletree by Hilton.





Scottish Veterans Awards finalists

NHS Golden Jubilee has been shortlisted for 2 categories at the 2024 Scottish Veterans Awards.

Our organisation has been shortlisted in the Employer of the Year category for the second year in a row after being named Silver winner last year.

Critical Care nurse Sandi Bern has been shortlisted in the Reservist of the Year category. Last year she was named as the Top Royal Navy Reservist in Initial Training from the 2022 intake.

The winners will be announced at the Scottish Veterans Awards gala dinner at Prestonfield House in Edinburgh on 24 April.



FINALIST

Read more about Sandi in the November issue of Jubilee Life. [Click here to read.](#)

World-renowned cardiologists to gather in Glasgow

The Royal College of Physicians and Surgeons of Glasgow is hosting an Interactive Cardiology Conference on Friday 8 March at 9am.

The conference will include discussions on the latest innovations and updates in cardiology and provide a practical approach to the management of frequently encountered clinical scenarios.

The conference will include keynote lectures, interactive case-based discussions, and poster presentations, with Eric Topol, a global leader in cardiovascular medicine, giving the keynote lecture at the event.

Dr Topol is the Executive Vice President and Professor of Molecular Medicine at the Scripps Research Institute in San Diego, which has been at the forefront of medical breakthroughs since 1924.

The conference will also hear from leading cardiologists from the UK on advances in heart failure management, structural heart disease, ischaemic heart disease, and atrial fibrillation.



“Innovation and new technology have transformed cardiology over the last 50 years, saving millions of lives and drastically improving life expectancy and quality of life for those affected by heart conditions.

“We are delighted to be bringing together world experts in Glasgow to discuss the next chapter of innovation to improve heart health for patients around the globe.

“It’s a particular delight to hear from our keynote speaker, Dr Eric Topol, who is a pioneer in the use of new technology in medicine, to discuss his latest research findings.”

Professor Hany Eteiba, the Royal College’s President Elect, Consultant Interventional Cardiologist at NHS Golden Jubilee and Honorary Professor at the University of Glasgow

For the full programme and to secure your place by registering before Thursday 7 March: [Click this link to register.](#)

Registration open for Scottish Public Health Conference

Registration is now open for the ‘Inspiring Change’ Scottish Public Health Conference on 1 May 2024 at the University of Strathclyde, Glasgow.

Organised by Public Health Scotland (PHHS), the Faculty of Public Health, and the Scottish Directors of Public Health Group, the Scottish Public Health Conference will bring together public health professionals, academics, policymakers, and colleagues from across the third sector.

Keynote speakers include:

- Professor Sir Michael Marmot, Professor of Epidemiology
- Professor Magdalena Harris, Professor of Inclusion Health Sociology
- Mikaela Loach, Best-selling author and climate justice activist
- Professor Kevin Fenton, President of the Faculty of Public Health

The conference provides an opportunity for the entire public health community in Scotland to come together and share knowledge to protect and improve health for the people of Scotland.



[Click this link for more information and too book a place](#)

Contact for additional details: scotphconf@speak.co.uk

Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

Wellbeing Times

February's TimeforTalking Wellbeing Times newsletter features a range of information and advice for healthy living.

There's a healthy Turnip Tartiflette recipe, LGBT History Month and Children's Mental Health Week articles as well as awareness days and eco and fitness tips, plus loads more.



[Click this link to read the newsletter](#)

Health and wellbeing support for staff

As we approach the anniversary of the first national Lockdown and the height of the COVID-19 Pandemic, there will be more media coverage and TV programmes around this airing in the coming weeks.

We know this may have an impact on many of you, and may trigger a range of emotions.

No matter your role as part of our team at NHS Golden Jubilee, we want you to know that you are at the heart of everything we do, and we are here to support you.

As part of our team, you have full access to a wide range of health and wellbeing support and resources to maximise your health and wellbeing both professionally and personally.

This includes support around your physical, mental, financial and social health, as well as access to counselling.

[Click this link to access the questionnaire](#)

Mental Health First Aid course

Mental health conditions are increasing and it's now more important than ever that we are trained to be able to support staff when they need it.

This course is open to all staff and it will provide you with a better understanding of the signs and symptoms of mental health and the initial support that can be provided to someone who is experiencing a mental health problem.

As a First Aider for Mental Health, you will contribute to the creation of a positive mental health culture within NHS Golden Jubilee.

The course is available in a classroom setting on 20 March from 9am - 3pm.



[Click this link to book a place on eESS.](#)

Staff Health and Wellbeing hubs

We spend our days caring for others but sometimes we're not good at asking for help ourselves.

Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

Take care of yourself while you care for others.



Welcome to our new Health and Wellbeing Web Hub for all NHS Golden Jubilee staff and volunteers.

These pages contain national and local resources and links and support whether you are working from home or on site.

Your welfare is extremely important to us and we are committed to supporting you to maximise your health and wellbeing, both professionally and personally.

To achieve this, we have a holistic approach that supports you to achieve and maintain good physical and mental health. This approach also supports you with managing social and financial aspects of your life, which can impact on physical and mental health, as part of our Health and Wellbeing Strategy.



[Employee Assistance Programme](#) >

[Click this link to go to the Staff Health and Wellbeing Hub.](#)

Staff also have access to the National Wellbeing Hub, which is full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

On the hub you'll find resources aimed at helping you boost your wellbeing, as well as a few that might help you manage some of the challenges along the way.



[Click this link to visit the National Wellbeing Hub.](#)

Active Travel Strategy: Public survey

West Dunbartonshire Council is asking members of the public to have their say on active travel across the district should look over the next 10 years and beyond.

The Council has created a survey for people to put forward views on walking, wheeling and cycling connections across West Dunbartonshire and needs as many people as possible to get involved to ensure the developing Active Travel Strategy reflects the unique needs and aspirations of towns and villages across West Dunbartonshire.

West Dunbartonshire Council is in the process of developing an Active Travel Strategy for the region. Active travel refers to journeys undertaken by people walking, wheeling (people using wheelchairs or any alternative to foot/pedestrian-based mobility), cycling and scooting.

Active travel will play a key role in future transport, particularly with respect to reducing transport emissions, enhancing social inclusion and promoting the health and wellbeing of our communities, which could affect travel to NHS Golden Jubilee.

To have your say, complete the short survey by Sunday 31 March.

[Click this link to go to the survey](#)

You can also complete the survey and find out more at local upcoming drop-in events:

- Monday 11 March: Clydebank Town Hall (Reception Room), 12pm – 5pm
- Tuesday 12 March: Alexandria CE Centre (Area 1), 3pm – 8pm
- Wednesday 13 March: St Kessog' s Church Hall, Balloch, 12pm – 5pm
- Thursday 14 March: Dumbarton Concord Community Centre, 12pm – 5.30pm



For more information contact: [CAS Roads Contact Centre Queries@west-dunbarton.gov.uk](mailto:CAS_Roads_Contact_Centre_Queries@west-dunbarton.gov.uk)

Learning and Organisational Development



The latest [Learning and Organisational Development update](#) has details of current training opportunities.

Upskilling Courses at University of Glasgow — online and free!

The University of Glasgow's next run of Upskilling courses beginning on Monday 22 April are now open for application.

Funded by the Scottish Funding Council, the courses offer a fantastic opportunity to enhance your professional journey and are available at no cost. Previous learners continuously report [career advancement, further study opportunities, increased earning potential and network development](#).

Upcoming courses:

- [Applied Data Skills for Processing and Presenting Data](#)
- [Climate and Carbon Literacy: Learn How to Reduce Your Carbon Footprint at Work and Home](#)
- [Data Visualisation: Graphics for Impact](#)
- [Digital Transformation for Third Sector Leaders](#)
- [Homelessness: Problems, Perceptions and Policies](#)
- [Introduction to Management and Leadership in Health Services](#)
- [Project Management](#)
- [Substance Use in a Contemporary World](#)
- [Systems Thinking: Climate Change and Sustainable Decision Making](#)

What to Expect:

- Attain 10 academic credits in 10 weeks

- Enjoy flexibility with fully online and asynchronous courses, with no scheduled classes
- Deepen your knowledge in specific areas with courses informed by robust job market analysis and current skills demand in Scotland

Applications close on Friday 29 March. Quick applications are advised due to demand.



[Click this link to apply for courses](#)

Digital Health and Care Leadership Programme (DLP)

The application process for Cohort 23 of the Digital Health and Care Leadership Programme (DLP) starting in May 2024 is now open.

The course is designed for anyone who is interested in digital health and care, keen to explore how technology can benefit people and would like to develop their leadership skills.

As part of the programme, participants will develop and lead a digital improvement project in their organisation, with an opportunity to develop project ideas in the early stages of the programme.

Course details

- Fully funded
- Team applications welcome
- Expert led learning sessions
- Networking opportunities

- Peer support sessions

Applications will close at 12pm on Monday 4 March.



[Click this link for more information, including application guidance](#)

[Click this link to apply](#)

Contact nes.dlp@nhs.scot for any queries.

Scottish Quality and Safety fellowship Cohort 16

Recruitment for the Scottish Quality and Safety Fellowship is now open. This fellowship trains future leaders using methods including quality improvement, human factors, leadership theory, service design, and systems thinking.

Fellows complete a work-based improvement project alongside residential workshops in Scotland and project surgeries for peer support.

The Fellowship is open to healthcare staff who currently undertake clinical practice and have a direct influence on improving the delivery of safe patient care, as well as staff in clinical professions who do not currently deliver hands-on care but do have a role in improving patient care or safety.

Recruitment is live for cohort 16 commencing in October 2024.



SQS Fellowship

[Click this link to learn more about the programme and download the applicant pack](#)

The closing date for applications is 10am on Friday 22 March 2024. Please direct any enquires to [Quality Improvement](#).

Public Health Scotland – Learning is limitless

Learning is limitless - prepare today for tomorrow, working together and contributing to a Scotland where everybody thrives.

The Public Health Scotland Learning Zone (formally known as the Virtual Learning Environment) offers NHS staff the opportunity to expand your knowledge, skills and behaviours with a range of learning resources through film clips, animations, face-to-face events, podcasts and more enhancing your capability to tackle public health issues, and address health inequalities.

The Learning Zone is updated with new, engaging content regularly designed to support your professional and personal growth.

 [Home](#) [Self-directed learning](#) [Health at work](#) [Accessibility](#) [Contact us](#)

Public Health Scotland Learning Zone

[Click this link to access the resources on the zone](#)

Armed Forces Talent Programme training sessions

The Armed Forces Talent Programme (AFTP) team, in partnership with Joint Force Alba, will be hosting manager awareness sessions for NHS colleagues as part of their engagement activity for health boards.

The sessions are designed to support colleagues across their services, especially shortlisting and interviewing managers, HR and Recruitment colleagues and those supporting Employability and Anchors activity and/or support for Reservists.

The session will aim to develop a more detailed understanding of:

- The make-up of the Armed Forces Talent pipeline
- The knowledge, skills and experience they bring to the workforce
- Transferability/equivalence of training and qualifications and experience and alignment to our workforce
- The re-settlement process
- Partner organisations supporting this community

The sessions are being held on:

- Thursday 21 March - Glasgow
- Wednesday 17 April - Online
- Tuesday 23 April - Edinburgh
- Wednesday 1 May – Online

Armed Forces Talent Programme Manager Awareness Sessions

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- transferability/equivalence of training and qualifications and experience and alignment to our workforce
- the re-settlement process
- partner organisations supporting this community



Session Dates:
21st March (Glasgow), 17th April
(online), 23rd April (Edinburgh) &
1st May (online)

Register [here](#) or use QR Code



nes.armedforces@nhs.scot

www.careers.nhs.scot/aftp

[Click this link to register](#)

For more information contact nes.armedforces@nhs.scot

InVOLved



Volunteer Focus

Mentor Michael helping transform young lives

Having the potential to make a difference in someone's life has inspired Hotel colleague Michael Gourlay to become a Mentor to young people.

Father-of-2 Michael, from Clydebank, started his mentoring journey with MCR Pathways last year through his Business Development Manager role at the Golden Jubilee Conference Hotel at a networking event.

MCR Pathways is an award-winning charity dedicated to transforming the lives of young people through mentorship. It has been successfully running in West Dunbartonshire since 2019 and has now expanded into East Dunbartonshire.

The charity addresses the gap in life chances and educational outcomes between care-experienced young people and their peers by connecting them with volunteer mentors who help realise their potential through education.

Mentors meet with their young person for one hour each week in school, providing a consistent opportunity for the young person to focus on their future, discuss concerns, or share thoughts and experiences.

Extra-curricular time for volunteering is supported throughout the NHS Golden Jubilee family through a flexible approach to allow staff to fulfil other aspirations, career or otherwise, which may also help bring new, valuable skills to the workplace, as well as making a difference in local communities.



Michael said: "I had met with MCR Pathways at a networking event at Dumbarton FC and after hearing about the work that MCR do, I quickly realised that it was something that I would be interested in helping with."

"After going through the mentor training, I felt more prepared. There was a feeling of nervousness for my first meeting, but that quickly eased as soon as I met the young person."

"I have gained a feeling of fulfilment, giving back to the next generation and offering any guidance, as small as it may seem, could make the difference to a young person."

A spokesperson for MCR Pathways said: "Beyond Dunbartonshire, MCR Pathways actively is seeking mentors in the wider West of Scotland, including Glasgow, Inverclyde, North Ayrshire and Argyll and Bute."

"Anyone interested in becoming a volunteer mentor can join upcoming information sessions to learn more, with nationwide sessions available to everyone, as well as specific sessions for East Dunbartonshire."

East Dunbartonshire sessions:

- Tuesday and Thursday 27 and 29 February
- Tuesday and Monday 19 and 25 March

Nationwide sessions:

- 7 March and 26 March

Michael added: "I think that anyone who is thinking of becoming a mentor should sign up. The opportunity to help and guide a young person into working life, further education or more brings a real sense of satisfaction."

For more information and registration links, visit mcrpathways.org/information-sessions.

For any other queries, contact Laura McKechnie, Partnerships and Recruitment Manager for the West of Scotland, at [Laura McKechnie](#).

The Social side



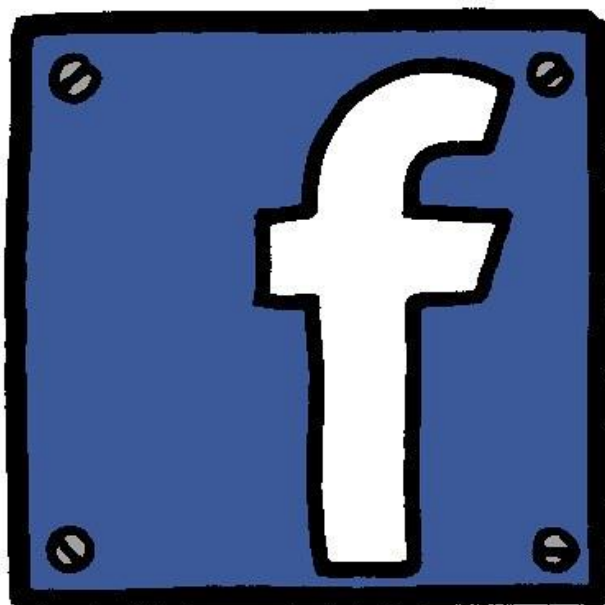
What's happening on our social media pages

Facebook:

This month we received a lovely poem and photo from patient, Karen Sharp, thanking our staff for her time at NHS Golden Jubilee.

We loved this colourful way of showing appreciation.

[Click here to view the full post](#)



2 - [Click here to access our Facebook page](#)

X (Twitter):

This month we marked LGBT+ History Month by hearing from our Chair Susan Douglas-Scott and Senior Radiologist and LGBT+ Network member, Stuart Jackson, about what LGBT+ history means to them.

[Click here to view the full post](#) [Click here to watch the video](#)

LGBT+ History Month #UnderTheScope 

“
For years, members of the LGBT+ community have been at the forefront of medical science and invaluable members of the healthcare system.
Many LGBT+ workers and patients have suffered discrimination, prejudice and harassment throughout history, including during the HIV/AIDS crisis, where many faced harassment and mismanaged care based on the negative stereotypes.
As a member of the LGBT+ community at NHS Golden Jubilee, I am proud of the many ways the organisation represents and supports the continued improvements and inclusion for all staff, patients and visitors. As a Senior Radiographer, I am proud to contribute to the care of patients from across Scotland and from all backgrounds.”

Stuart Jackson he/him
Senior Radiographer 



3 - [Click here to access our X page](#)

LinkedIn:

The NHS Scotland Academy's NMC OSCE Preparation Programme has now been accessed by over 1,300 learners and educators.

These resources have been developed to provide nurse educators and international nurses with the tools they need to deliver and complete OSCE education.

[Click here to view the full post](#)



YouTube:

Patients often look to your YouTube channel to find out more information about their procedure.

Providing them with additional information can help calm nerves and set expectations.

[Click here to view this video](#)

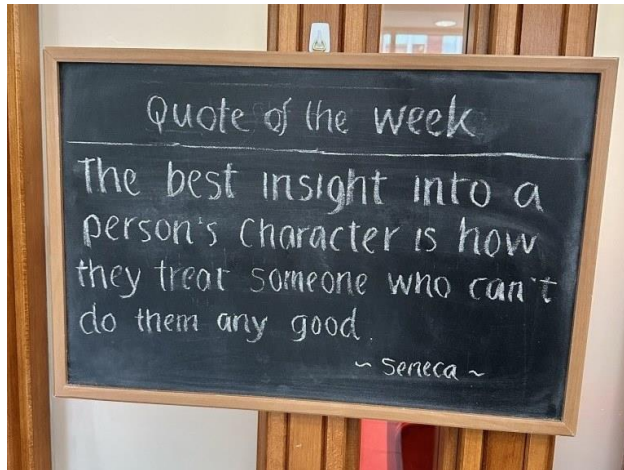


4 - [Click here to access our YouTube page](#)

Instagram:

The Quote of the Week from our Spiritual Care Team is still a favourite with our followers. Look out for these posts every Sunday!

[Click here to view the full post](#)



5 - [Click here to access our Instagram page](#)

If you have any interesting photos you'd like to share with colleagues, or on our social media pages, send them to [Comms](#).

Scottish Government News



Message from Caroline Lamb on the appointment of a new Cabinet Secretary for NHS Recovery, Health and Social Care

Chief Executive NHS Scotland, Caroline Lamb has welcomed the new Cabinet Secretary for NHS Recovery, Health and Social Care Neil Gray as he takes on his new role. Neil previously was appointed Cabinet Secretary for Wellbeing Economy, Fair Work and Energy back in March 2023.



“Following Michael Matheson’s decision to resign, the First Minister has appointed Neil Gray to the role of Cabinet Secretary for NHS Recovery, Health and Social Care.” - Caroline Lamb, Chief Executive of NHS Scotland

Quit your way

Smoking is one of the single largest preventable causes of premature death and ill health in Scotland. It causes approximately 8,260 smoking-related deaths every year in Scotland and is responsible for around 40,766 hospital admissions.

Smoking quit attempts in Scotland have been falling since 2011, they have more than halved in the last twelve years.



If you would like to stop smoking but you're not sure how, you can access free support by visiting [Quit Your Way](#)

Improving the nation's diet

The public is being asked for views on proposals to restrict the promotion of food and drink high in fat, sugar and salt.

The consultation, which will run for 12 weeks, will outline the detail of proposed regulations aimed at creating a food environment which better supports healthier choices.

Proposals include restricting multi-buys, unlimited refills or selling at locations such as at checkouts and front of store.

Feedback on the proposals will help to inform regulations to be laid before the Scottish Parliament, subject to the outcome of the consultation.

The [consultation](#) will run for 12 weeks, closing on 21 May 2024.



[Click this link for more information](#)

Jubilee Life copy deadline



If you'd like an article or information in the next edition of Jubilee Life, please submit your copy by Friday 15 March to be included in our next edition.

While consideration will be given to late submissions due to timings of events, if copy is received after the deadline date, articles may not be included.

Please send your Jubilee Life submissions to [Comms](#).

Contact us

Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the feedback form.

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