



Jubilee Life **April 2022**

Issue 35

Welcome to the April 2022 edition of your monthly digital staff magazine.

Remember there's a handy icon at the bottom right to help you navigate through the sections.

News



NHS Golden Jubilee awarded University Status

We are delighted to announce that NHS Golden Jubilee has been awarded University status by the University of Strathclyde following the successful agreement of a strategic partnership that will look to assist in the recovery and remobilisation of NHSScotland through innovation in health care practice.

Under this new partnership, we will now be called the Golden Jubilee University National Hospital and will work with the University of Strathclyde to develop sustainable, innovative and practical solutions to health and social care challenges that will directly benefit NHSScotland's patients and workforce for years to come.

Through collaborative research and innovation, we will strengthen our research portfolio and create highly efficient models for knowledge exchange and support teaching to deliver the workforce of the future.



"The University of Strathclyde is a world leading international technological university and we are delighted that NHS Golden Jubilee has now been given University Status.

"We look forward to continuing our collaboration, expanding on both organisations' strong track record for research and innovation, to develop different and effective new ways of working to provide a more sustainable future healthcare system.

"Our partnership has plans to explore priority areas such as how we can better use technology to improve patient care and address the impact of health inequalities and social barriers."

Jann Gardner, Chief Executive

[Read the full story here.](#)

Chair reappointed

We are delighted to announce the reappointment of Susan Douglas-Scott CBE as Chair of our Board.

The reappointment was recently announced by The Cabinet Secretary for Health and Social Care, Humza Yousaf MSP and runs until to 3 April 2026.

For the past 4 years Susan has been our Board Chair and during this time has seen our portfolio grow and develop. Susan was awarded a CBE in 2019 by the Queen in her New Year's Honours for her contribution to Human Rights in Disability and LGBT+ issues.



"I am delighted, and truly honoured, to be reappointed as Chair of NHS Golden Jubilee."

"I am proud to be able to lead the Board at such an important time, both for NHS Golden Jubilee and NHS Scotland. I am proud to lead the organisation at a time of exciting growth and change."

"NHS Golden Jubilee has always sought to be at the heart of Scotland's NHS, and I am privileged to offer support to our wonderful team as our expanding portfolio of services play a key role in Scotland's recovery and remobilisation."

Susan Douglas-Scott CBE

[Read more here.](#)

Robotics Week 2022

During Robotics Week at the beginning of this month, 2 of our Consultants explained the benefits of using robots to aid them during surgery.

Consultant Orthopaedic Surgeon Chris Gee told us about the amazing benefits of using the Mako and Rosa robots for procedures here at NHS Golden Jubilee and encourages those thinking about a career in Sciences and Technology to pursue this exciting path!

Consultant General and Colorectal surgeon, Susan Moug, also discussed the incredible benefits for patients and surgeons when using robotic surgery for Colorectal procedures.



Follow these hashtags online for more information: [#RoboWeek](#) [#RoboticsWeek](#)

Heart service is a ‘resounding success’ in prolonging lives

A life-saving service for older people and those at high risk of open heart surgery here at NHS Golden Jubilee has been a “resounding success” for Scottish patients as it passes a landmark 500 procedures.

The transcatheter aortic valve implantation (TAVI) service was introduced at NHS Golden Jubilee 4 years ago for patients who required heart valve replacements for aortic stenosis.

The innovative service is for patients at high risk for conventional open heart surgery normally due to advanced age or other health conditions.

TAVI is a less invasive alternative to surgery for aortic valve replacement and is routinely performed through blood vessels in the groin.



[Click here for the full story](#)

The article also featured in [The Herald](#) newspaper

The Queen's Platinum Jubilee – Change to holiday arrangements

In a change to what was previously advised, the Scottish Government have issued a further guidance to inform Boards that the additional day of annual leave in commemoration of the Queen's Platinum Jubilee will now be an extra public holiday awarded to all NHSScotland staff on Friday 3 June 2022.

Line managers should update annual leave and public holiday entitlements for 2022/23.

We apologise for any inconvenience this national change may cause.



[You can view all of the public holidays for the coming year on Staffnet.](#)

Fully Funded Training

Colleagues can now apply for a fully-funded place on the Scottish Coaching and Leading for Improvement Programme (SCLIP). The next round of recruitment for SCLIP is opening on Monday 4 April and will run until Friday 3 June.

The course is aimed at line managers looking to develop skills in supporting their team to improve the way they work.

Anyone interested in applying for the course should contact Head of Quality and Improvement [Andrew Hall](#) before completing an application to discuss the course. Applications should be completed and emailed to Andrew directly no later than Friday 27 May.



[Download the forms here.](#)

[Click here for course details.](#)

Important reminder: patient information process

Staff are reminded that they must follow the NHS Golden Jubilee process for Patient Information to avoid out of date or incorrect information being included in publications such as booklets, posters or leaflets.

We have a procedure for approving patient literature through the Patient Information Management Group (PIMG).

Patient Information booklets or leaflets should be checked and updated before an anniversary date every year or at an agreed upon review date. It is the responsibility of the owner of the publication to ensure all information in the publications is accurate and up to date.

Failure to follow this procedure can result in patients receiving the wrong information, which can harm their care, result in complaints or even potential legal proceedings.



[Click here to view the Patient Information Process](#)

Research Programmed Activity (PA) sessions

The application process is now open for Research Programmed Activity (PA) sessions.

The application form requests information on current and planned research activity, consultants who are not currently research active but have clear plans to develop a research interest can apply.

Applicants must show how they will use the PAs to maintain and build on an existing research portfolio, or create a de novo programme of research.

Applicants are asked to complete the [application form](#) and return it [Catherine Sinclair](#).

The Research and Development Steering Group will oversee the application and review process.



More information and guidance can be found [here](#).

The deadline for this round of EPA awards is Friday 27 May 2022.

People



June Rogers – a remarkable career built from the ground up

From watching the Hospital being constructed in “salubrious portable cabins”, to helping NHS Golden Jubilee grow into the world-class healthcare facility it is today, June Rogers has seen it all in her time here.

Our Deputy Chief Executive and Director of Operations started her remarkable career on this site back in 1993 working in a small portable cabin in the Hospital car park beyond the helipad. At the time, June was part of the marketing department of start-up company Health Care International, which originally built the Golden Jubilee as a private hospital.

Not long after the building was finished, the business was bought over by the Abu Dhabi Investment Company in early 1995.

During that era, June was working as Business Development Manager, travelling all around Northern Ireland, England and Scotland, looking to secure NHS contracts – a role she relished.



“The NHS was the area that was designated to me in the business and I actually loved it. We used to go round Northern Ireland on a monthly basis and we had contracts from all 4 health boards in the region, mainly for cardiac surgery and orthopaedics.

“Some of the things we had to do back then are amazing to look back on now. For example, to make sure the physios knew what they would have to do to get patients ready for flying back after surgery, we’d have to count the number of steps on the plane.”



In June 2002, our Hospital officially became part of the NHS as the National Waiting Time Centre Board, dealing with patients from all over Scotland and working to reduce waiting times for patients in key elective areas.

June stayed as a crucial member of the team, a year later moving into the position of Business Services Director. In 2005, she became Director of Operations, helping lead us through times of amazing expansions and developments in our services for the benefit of thousands of people all across the country.

In 2018, her responsibilities increased once again, when she stepped into the shoes of Deputy Chief Executive.



“When I reflect on all those years, it's been quite a remarkable achievement,” said June.

“I was absolutely delighted when we got to the point that we had filled the Hospital after many years of building the services up.

“I felt that once we had done that, my job here was done, really, because all these years I've been looking to just get the Hospital on the map, get it filled up, get it to be the place that people want to go to, and I think that's where we are.

“The fact that we have now outgrown ourselves and are actually having to build more facilities is the real highlight for me.”



After nearly 30 years as part of Team Jubilee, June has also paid tribute to the incredible staff she has worked with over the years who have made all this possible.

“I never fail to be amazed by what we can achieve as a team in this organisation. I believe that for anybody who has ever worked here, this place becomes part of you and you just want it to keep on getting better and better and better.

“And it has done just that. In all the years that I've been here since 1993, every year has brought something different and brought a new challenge. In fact, I'd say we've never had 2 weeks that are the same, because everybody just keeps on striving for more, and to constantly make things better.

“That's what's made it the amazing place that it is today. I think it's fair to say I've worked with some of the most amazing people you can imagine over the years.

“The Golden Jubilee and everybody in it really is something different and it really is something to be proud of.

“It's been a great journey for me. I've loved every minute of it. I've had the best job there is and I'm incredibly proud to say I've been part of it.”



“On behalf of myself, the entire Board and every member of Team Jubilee (both past and present), I want to say a heartfelt thank you to June for everything she has done for NHS Golden Jubilee over the years.

“June has literally been on the ground since day 1, and over 30 years since has never stopped working tirelessly to make our Hospital better and to offer the best possible service it can for those who need it.

“It's no exaggeration to say that so much of what we have achieved simply would not have been possible without her support and leadership, and this has made a direct and positive impact on the lives of countless patients from all across the country.

“So once again, I would like to say thank you June, and wish you all the best in your very well deserved retirement.”

Jann Gardner, Chief Executive



Happy retirement June and thank you, from all at NHS Golden Jubilee, for your outstanding service.

You will most definitely always be part of Team Jubilee.

Welcome to our new Chaplain

We have expanded our Spiritual Care Team with the recent appointment of Joe Keenan to the new role of Chaplain.

Joe, who comes with substantial experience in delivering spiritual care, will now serve as Chaplain to our patients and staff and represents an investment in pastoral support for anyone who needs it at NHS Golden Jubilee.

The role will also give pastoral, spiritual and religious care to patients, visitors and staff of all religions and beliefs, including those with non-religious beliefs.



"I am absolutely delighted to become part of this inclusive community at NHS Golden Jubilee."

- Joe Keenan, NHS Golden Jubilee Chaplain

[For more information and find out more about Joe and his new role click here.](#)

Goodbye to Claire Harrower

We said goodbye to Charge Nurse and Clinical Educator Claire Harrower this month as she moved on to pastures new. Dedicated Claire has worked in the NHS for 21 years and spent 12 years at the Golden Jubilee and she will be missed.



"I've loved my time at the Golden Jubilee and I want to thank all my colleagues and friends for all their love and support. It's been amazing working with such great people."

Claire Harrower

Thanks for your service Claire, you'll always be part of Team Jubilee.

Movers and shakers

Claire MacArthur

We also said a fond farewell to Claire MacArthur this month, who moved on to pastures new.

Claire started as Operations Manager for Surgical before becoming part of the Expansion team, which delivered the opening of the Eye Centre in December 2020, and then moving into the role of Director of Operations for National Elective Service.

Following Claire's departure, we are happy to announce that Christine Divers will be acting up to the role of interim Director of Operations for National Elective Service.

Good luck in your new role Christine!

Following the recent announcement of the retirement of Deputy Chief Executive and Director of Operations, June Rogers, we are also delighted to announce that Lynne Ayton will be stepping into the role of Interim Executive Director of Operations, while Alex McGuire will be acting up to role of Interim Director for Heart, Lung and Diagnostics in Lynne's place.



1 - Claire MacArthur

“Please join me in congratulating Christine and Alex on these positions and do everything we can to support them going forward.”

June Rogers, Director of Operations

Colin Neil, Director of Finance

Following nearly 3 years in the role of Finance Director within NHS Golden Jubilee, Colin Neil will be leaving his position later this year to take up the position of Director of Finance within NHS Greater Glasgow and Clyde.

During his time as part of Team Jubilee, Colin has provided sound financial management and expertise, overseeing the Board’s finances that has seen the Board deliver a balanced budget every year in very challenging circumstances. In addition, his stewardship of Performance and Planning, Facilities, eHealth and Procurement services has been outstanding.

Colin's leaving date is still to be finalised. This will be confirmed in due course along with any interim and recruitment arrangements.

Thank you Colin for all your work as part of Team Jubilee, we wish you all the very best in your new role!



Val-You



Comments about you!



2 - What patients and the public have been saying online

Patricia Tricia Hughes: Wonderful positive story Marie I totally agree with you about the Jubilee and all the staff Amazing people fantastic teams.

Fiona Tomison: Fantastic interview Marie positive encouragement for anyone in that situation. Golden Jubilee you are amazing.

Colin Morrison: NHS really are the best in the world.

Janice Allan: Congratulations to a great hospital simply the best. Well deserved.

Pamela Kerr: Best hospital ever. You deserve this.

Chris Swinbanks: Well done lovely people and brilliant hospital.

Mairead Johnson: Well done, great hospital due to the staff, they are so nice and efficient.

Jeanette McNairn: I also had a total hip replacement and like Sandra says the staff were amazing nothing is to much trouble for them I got mine done on the Tuesday and was sitting in my own house the next night and I have been doing amazingly well best thing I ever got done thank you again to all you wonderful staff.

Etta Corse Shona Williams: It's the best. Worth waiting to go there. Their pain control and follow up is amazing as well as their expertise in performing the operation.

Alistair Jamieson: They did both of my hips six years ago. Absolutely amazing hospital and patient care second to none

Mary Christie: Great Hospital I had heart bypass, the staff are amazing!

Janice Allan: I had a total knee replacement 6 weeks ago. I can say my experience was exactly the same. Wonderful caring staff from the moment I walked in, and skilled caring surgeons who did an amazing job and have given me my life back again. Thank you for everything.

Patricia Tricia Hughes: Heart valve replacement five years ago in the Jubilee Amazing hospital and staff. So caring.

Gordon McKay: Blood clot removed from artery and stent fitted 10 yrs ago ,saved my life ,cant thank them enough.

Annette Kelly: I too had total hip replacement on 15th February I walked a mile 2 weeks after my operation with one walking stick felt fantastic the staff every member of staff were amazing and caring nothing was any bother and put me at ease terrific hospital.

Lynne Finnigan: Had my cataract removed on November what a brilliant team.

Jeanette McNairn: I got my hip replacement done in the jubilee hospital and the staff were amazing expecially my doctor Mr Green such a lovely person.

Carol Campbell: Happy Easter to you all at NHS Golden Jubilee. Have just taken my new knee out for a walk around the block and it's amazing. Thank you.

Pamela Sharp: Happy Easter to all the team at Jubilee- you all do an amazing job.

Janice Allan: 5 weeks ago received implant of knee and have been amazed as others have at the lack of pain, swelling and have had a quick recovery. Thank you to the wonderful surgeons and technology I will for ever be grateful.

Robert Murray: Wonderful Hospital I have much to thank them for my heart surgery.

Irene Crawford: Excellent service, truly patient focused using advanced technology and supported by an amazing dedicated multi disciplinary cardiac team.

Liz Taylor: An Amazing Hospital.

Caroline Carlin: Great service for them congratulations team jubilee world leaders in care.

Andrea Sutherland: Fantastic hospital with amazing staff. I owe my life to them all.

Peter Morrison: Congratulations Team Jubilee, you've put up with me for 10 years, I owe you everything

Gail Cooke: Team Jubilee every time. Hospital of excellence. Amazing doctors and nursing staff.

John Keenan: Best of the Best Fantastic hospital and amazing staff.

Mazza Hamilton: Excellent hospital and staff ! You have put up with me for 6 years and still do and thank you xx

Caroline Morgan: Fabulous service, well done the TAVI team.

Amie Bello: This brings back memories. I was on that very table in that very room after being airlifted in from the West Highland Way. It was a scary day. Scotland's Charity Air Ambulance, Dr. Oldroyde, and the amazing team saved my life that day, and I am forever grateful.

Gleneagles Hotel stay prize winners

Congratulations to Stores Operative Ian Patterson and Clinical Perfusionist Carole Morrison who were the two winners in our staff prize draw for an overnight stay and breakfast for 2 at the luxury Gleneagles Hotel.

We had the 2 vouchers to give away courtesy of the company's 'Our Turn to Care' voucher offer for healthcare workers as a thank-you for our work during the COVID-19 pandemic.

The 2 winners were chosen at random from our entire workforce.

We would like to thank the Gleneagles Hotel for this most generous gift, which will be a well deserved break for the lucky winners!



Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

Stress Awareness Month - Exercise Relieves Stress

April was Stress Awareness Month and our Health and Wellbeing theme for the month was 'Exercise Relieves Stress' as part of our strategy to provide a range of resources, advice and services to support your physical, mental, financial and social health.

In this month's section we have:

- 30-Day Stress Busting Challenge - how you can take steps to reduce your stress levels
- Jubilee Active blog - physical activity for good mental health
- On Your Feet Britain - simple exercises you can do at work to relieve aches and pains
- Supporting staff financial wellbeing - rising cost of living advice
- National Wellbeing Hub
- 4-minute read: Exercise

Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

Take care of yourself while you care for others.



[Click this link to go to the Staff Health and Wellbeing Hub.](#)

Next month's theme is: Focus on Women's Health

30-Day Stress Busting Challenge

Want to know how stressed you are, and how to combat stress?

We promoted a 30-Day Stress Busting Challenge, adapted from Stress Management Society, which encourages you to pick one action each for your Physical, Mental and Emotional wellbeing to carry out every day for the month of April.

It takes 30 days to turn actions into habits and you can also try and add actions for your social and spiritual wellness. The challenge will maximise your chances of turning useful knowledge and techniques into positive behavioural change.

You can adapt the Challenge and Calendar and do this during any month.

[View the challenge and download the Hints and Tips for what you can do over any month.](#)

You can also download a calendar for the month to keep track of your progress on the [Staff Health and Wellbeing Web Hub](#).



Volunteers wanted

As part of the Health and Wellbeing Group's theme of 'Exercise Relieves Stress' for the month of April, the group is looking for anyone did this challenge to record and report their progress.

The group would like to monitor stress levels among colleagues for health and wellbeing purposes and, if necessary, help staff receive any additional support they may need.

Contact [Sharon Docherty](#), or call Sharon on extension 5436 if you'd like to take part.

Jubilee Active Blog - 'Physical activity for good mental health'

Occupational Health Physiotherapists David Longhurst and Kathryn Wales write regular blogs full of great advice and tips on how to keep fit, healthy and active in a sustainable way that suits your lifestyle and abilities.

For April, David's blog focuses on how all types of physical activity can help your mental health, as well as your physical health.

The benefits of physical activity to your mental health can be split broadly into two broad categories:

1. Biological Mechanisms: the physical changes that occur within your body in response to physical activity.
2. Psychosocial Mechanisms: how you think or feel in response to physical activity.



[*Click this link to access the latest blog*](#)

[*Click this link to access all blogs*](#)

On Your Feet Britain



#OnYourFeetBritain is the national activity awareness day when 2 million desk-based workers across the UK participate in a variety of fun and simple activities to sit less and move more at work.

Research shows that regular movement throughout the day leads to:

- **Better health**
- **Increased motivation**
- **Improved concentration**

- **And many, many more wellbeing and performance benefits**

Simple, but effective, changes include:

- **Stand during phone calls**
- **Stand and take a break from your computer every 30 minutes**
- **Use the stairs more**
- **Arrange standing or walking meetings**
- **Eat your lunch away from your desk**
- **Walk to a colleague's desk instead of phoning or emailing them**
- **Stand at the back of the room during presentations**

Taking time to stretch our muscles is a great way to recharge and avoid injury.

As part of our Health and Wellbeing strategy we asked #TeamJubilee staff to sit less and move more

Regular movement, no matter how small, can improve both your physical and mental wellbeing.



Supporting staff financial wellbeing

In recent months there has been a lot of news coverage about the impact of EU Withdrawal, COVID-19 and war in Ukraine on the cost of living within the UK.

In March 2022 the Consumer Price Inflation was sitting at 6.2%, but this is expected to rise to 8% before the end of the year.

Additionally, 1 April saw fuel bills increase overnight when the energy cap increased by 54% and, in recent weeks, petrol and diesel prices have increased by 10% and 15% respectively.

National Wellbeing Hub

As a result of all of this financial uncertainty, there may be staff who have been pushed towards fuel and/or food poverty. Even if this is not the case, some colleagues' finances will have been seriously impacted by these increases, resulting in a much reduced disposable income.

There is help and advice available from a number of sources, including on our [Staff Health and Wellbeing Hub](#). Also, if you are struggling you should consider having a confidential conversation with your line manager if you are looking to identify opportunities for additional hours.

If you are struggling to afford to buy food, there are community food banks that can help, however, you do normally need a referral to a food bank and your nearest Citizens Advice will assist with this.

The [Trussell Trust](#) provides information on local food banks.

We have also recently launched the [Employee Assistance Programme](#), which can offer information and advice on money issues.



Additionally, there are a number of external resources available including:

The [British Gas Energy Trust](#): this provides 2 funds which may be able to help those in debt write off their energy bills - even if they are not a British Gas customer. However, before you can apply to the Trust for financial support, it stipulates that you should have already contacted your energy supplier, Local Money Advice Agency, or an online debt and money adviser such as [Citizens Advice Scotland](#), [StepChange](#) or [Turn2Us](#) for help and advice.

[Citizens Advice Scotland](#): This service is free, independent, confidential, impartial and available to everyone.

[StepChange](#): This is a comprehensive debt advice service. They help people with debt problems take back control of their finances and their lives.

[Turn2Us](#): this group helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face-to-face through their partner organisations.

[Money Helper](#): this site brings together the support and services of three UK government-backed financial guidance providers: the Money Advice Service, the Pensions Advisory Service and Pension Wise.

There are also factsheets available to help you manage your utility bills:

[UK Government – Energy bills rebate factsheet](#)

[OFGEM – Getting help if you can't afford your energy bills](#)

If you are considering trying to lower your energy bills by making your home more energy efficient, [Home Energy Scotland](#) can provide advice on how to do this and information on what funding may be available to you.

If you are trying to find the cheapest petrol and diesel prices, there are a number of websites that tell you where the nearest garage is with the best prices. These include:

[GoCompare.com/motoring/guides/petrol-prices/](https://www.gocompare.com/motoring/guides/petrol-prices/)

[Confused.com/](https://www.confused.com/)

[Petrolprices.com/](https://www.petrolprices.com/)

National Wellbeing Hub

We spend our days caring for others but sometimes we're not good at asking for help ourselves.

The National Wellbeing Hub is a place full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

The Hub has brilliant resources to help relieve stress and other mental health issues, including blogs and podcasts on exhaustion, low mood and tips on how to improve sleep.



[Click here to access the Hub](#)

4-minute read - Exercise

It's recommended that we do at least 150 minutes of moderate intensity activity per week. This doesn't need to be anything too strenuous, anything which raises your heart rate, making you breathe faster and feel warmer counts.



[Click here to read more](#)

Events



Scottish Cardiac Society Spring Hybrid Event 2022

The Scottish Cardiac Society (SCS) Spring meeting is a hybrid event this year at the Royal College of Physicians of Edinburgh and Online, on Wednesday 4 May 2022.

The event will focus on issues surrounding women's cardiac health and care. All delegates are welcome to attend the conference either virtually or in person and SCS members are eligible for discounted rates.

Funds are available to assist SCS members with reasonable travel expenses for 2 SCS meetings each year.

[Contact Scottish Cardiac Society for more details.](#)

To register your place and for more details about the event visit, [click this link](#).

30th Anniversary Heart Failure Symposium

30th Anniversary Heart Failure Symposium

The Scottish National Advanced Heart Failure Service (SNAHFS) is hosting a symposium to mark the 30th anniversary heart transplantation in Scotland.

The all-day event is being held in the Golden Jubilee Conference Hotel on Thursday 5 May.

The programme features:



Welcome and introduction by NHS Golden Jubilee Medical Director Dr Mark MacGregor and Dr Jonathan Dalzell (SNAHFS)

Session 1: Chaired by Dr Anne Scott and Dr Veronica Rial Baston

- **Memories of the first Glasgow heart transplant** - Prof David Richens, Nottingham
- **Update on heart transplantation in the UK and Scotland** - Dr Jane Cannon, NHS Golden Jubilee.
- **2021 ESC Guidelines on the management of heart failure: key updates** - Professor Roy Gardner, NHS Golden Jubilee.
- **Current state-of-the-art in short-term mechanical circulatory support** - Dr Vasilis Panoulas, Harefield Hospital, London.

Session 2: Chaired by Mr Simon Messer and Dr Robin Weir

- **Xenotransplantation: past, present and future** - Professor Chris McGregor, Professor of Surgery, Mayo Clinic, Rochester, Minnesota.

Session 3: Chaired by Dr Lana Dixon and Mr Sukumaran Nair

- **30 years in advanced heart failure** - Dr Jayan Parameshwar, Royal Papworth Hospital, Cambridge.

Session 4: Chaired by Mr Philip Curry and Dr Nick McKeag

- **Donation after circulatory death (DCD) heart transplantation** - Mr Stephen Large, Royal Papworth Hospital, Cambridge.
- **Emerging therapies for heart failure: what is on the horizon?** - Professor John McMurray, University of Glasgow. **Session 5: Chaired by Dr Andrew Hannah and Dr Caroline Scally**
- **Patient discussion session** - Mr Geddes McLean, Dr Jonathan Dalzell, Dr John Sharp, Sr Lorraine Jerrett, Sr Julie Smith, Mr Hari Doshi, NHS Golden Jubilee. Session 5 will be followed by a full faculty and audience Q&A session.

Learning and Organisational Development



Learning and Organisational Development update

The latest [Learning and Organisational Development](#) update has details of current training opportunities, including:

- **The Coaching Approach Workshop:** This workshop will support you to learn a coaching framework and reflect on the skills required to facilitate coaching conversations in the workplace.
- **Hybrid Working:** We are excited to be working with the World of Work Project to offer workshops that focus on hybrid working, sharing best practice and making the most of the new(ish) ways of working our teams may be finding themselves in!



Full details of these courses and many more in the coming months can be found by logging onto [eESS](#).

Equality Impact Assessment (EQIA) eLearning module launched

We are excited to announce the launch of our new EQIA eLearning module.

The EQIA process has been refreshed to include a new user friendly template and strengthened our governance structures to ensure that the equalities agenda forms are a central part of service delivery.

Whenever we develop new plans or propose changes to our service provision, we have a legal and moral duty to; advance equality of opportunity, foster good relations and eliminate unlawful discrimination, harassment and victimisation for people who share a protected characteristic as defined by the Equality Act 2010.

The EQIA eLearning module provides a step-by-step guide through the new template. To compliment this, we will be delivering a series of virtual training sessions and liaising with departments to upskill staff and establish organisational wide EQIA champions. Any future training dates will be included in eDigest Bite Size and in this magazine.

The new EQIA template and eLearning module link can be accessed from the [Diversity and Inclusion pages on Staffnet](#) and the [Diversity and Inclusion tab on LearnPro](#).

Autism Awareness Training Update

During Autism Awareness week in March, NHS Golden Jubilee sent a selection of staff to attend a training session, hosted by the National Autistic Society, titled "Understanding Autism in the Workplace".

The National Autistic Society is one of the leading autism action and awareness groups in the UK. Since 1962, they have been campaigning to transform lives, and to create a society that works for autistic people.

The training session focussed on how we can make small changes in the workplace to make it somewhere that autistic people can truly thrive. It was broken down into six key sections:

- Understanding autism
- Sensory differences
- Communication and interaction
- Workplace stressors
- Processing information

- Workplace adjustments

Staff who attended have provided some feedback:

“Very useful. I found the videos particularly insightful as well as the facilitator’s own personal experience of autism.”

Maureen Franks

“It was really interesting and I did learn a lot.”

“I was hoping I could come away with some practical elements to include in our course design ... But learning so much about autism and how there really is not a ‘one size fits all’ aspect to it I obviously didn’t come away with that. But that’s a good thing – as it’s more learning!”

“I think the training would be really helpful for anyone who manages staff. Even just learning about the various ways autistic people can behave is so useful for managers and empowering them to have that conversation with known autistic staff around how best they can be supported.”

Carly Robertson, Learning and Organisational Development

The National Autistic Society stressed key social elements around autism:

Autism is a neurodivergence, similar to dyslexia or ADHD, and isn’t always obstructive and can bring key benefits to the workplace, like methodical work, or high focus.

The Diversity and Inclusion team are keen to roll out further training sessions throughout 2022.

To register interest, email [Brynley Pearlstone](#), or the [Equalities inbox](#).

If you are autistic, NHSGJ’s Ability network would welcome your membership.

Register your interest by emailing [the ability network](#).

The Social side



Team Golden Hearts join 10,000 others to raise money for charity

The Cardiac Physiology team have raised more than £4,000 for a children's charity.

Organised by Catherine Garrioch, Team Golden Hearts raised the money for Ronald McDonald House, which provides accommodation for families with children in hospital.

The team collected a whopping £4,077 for Ronald McDonald House by completing the kilt walk, which returned to Glasgow on Sunday 24 April.

Sir Tom Hunter will top up all funds raised by an incredible 50 per cent with Glasgow walkers raising an impressive £2 million, this total is boosted to a mighty £3 million, which will be gifted to 685 Scottish charities.

The 23-mile Mighty Stride left from Glasgow Green at the same time as the Big Stroll, a 15-mile jaunt which kicked-off in Clydebank.

Congratulations Team Golden Hearts on an amazing achievement. Looks like you all need a well-deserved rest.











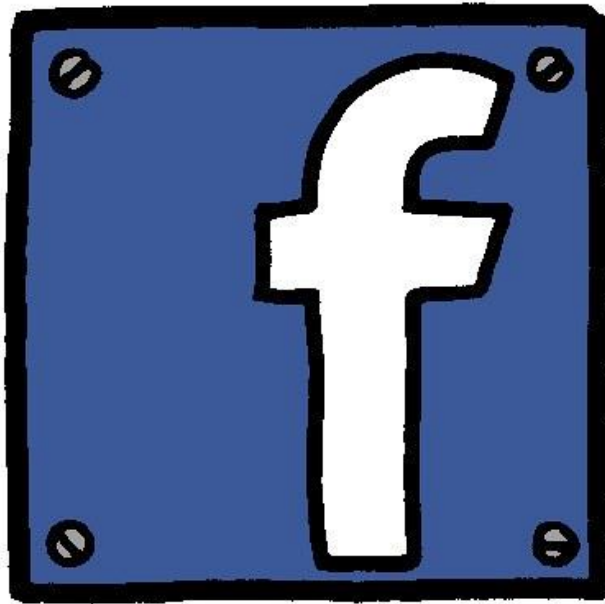


What's happening on our social media pages

Facebook:

In 2018, Marie Coyle Robertson was diagnosed with Dilated Cardiomyopathy. Marie came to the Golden Jubilee in 2019 and later received a transplant in 2021. Marie had such a fantastic experience with Team Jubilee that she sat down with us to wish everyone who looked after her a huge thank you!

[Click here to view the full post](#)



3 - [Click here to access our Facebook page](#)

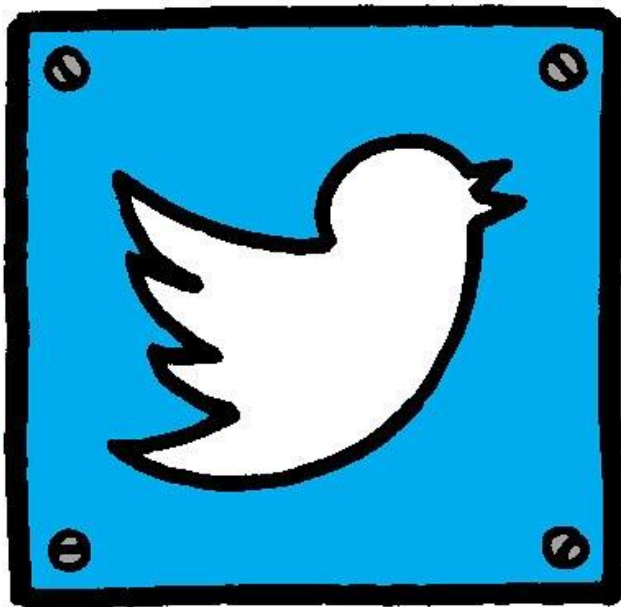
Twitter:

Our social media comments are always glowing with thanks to the incredible staff here at NHS Golden Jubilee. One of our patient comments was shared on our Twitter page: Check it out!

[Click here to view the full post](#)

Big thanks to NHS Golden Jubilee for looking after my husband when he had his quadruple bypass you do a fantastic job and he is going back to work next week and is doing great.

Tracey Nimbley
Wife of cardiology patient



4 - [Click here to access our Twitter page](#)

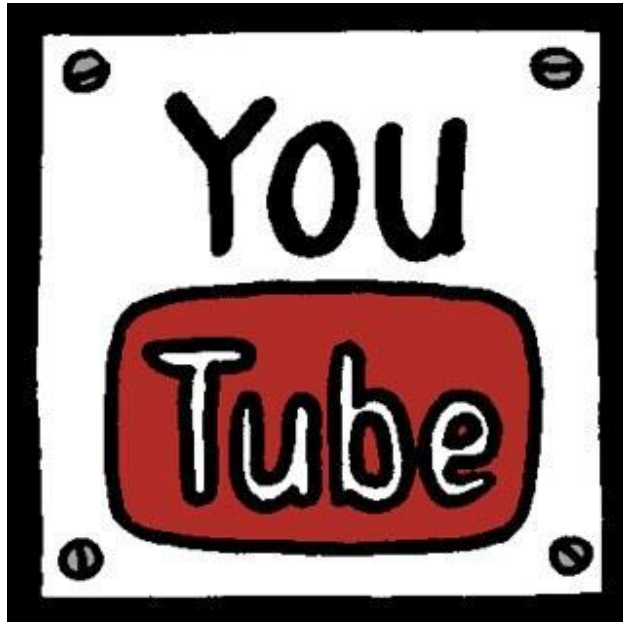
YouTube:

At the end of last month we celebrated British Science Week. We sat down with Research Physiotherapist Dr Swati Chopra as she shared her journey in science and research.

[Click here to view the full video](#)

British Science Week

NHS
Golden Jubilee



5 - [Click here to access our YouTube page](#)

LinkedIn:

We are currently looking for a Non-Executive member to join our Board! We took to LinkedIn to search for someone with a commitment to helping improve the health and wellbeing of the people of Scotland.

[Click here to view the full post](#)



Non-executive Member

NHS Golden Jubilee has an exciting opportunity for a Non-executive Member to join our Board and help steer the future organisational strategy of our world-renowned healthcare organisation.

As a national university hospital, the NHS Golden Jubilee provides person-centred, high-quality care to patients from across Scotland and is home to the regional and national heart and lung services, a centre for excellence for orthopaedics, a high volume provider of ophthalmology and a major centre for diagnostics.

As a Non-executive Member, the successful applicant will play a key role in the planning, delivery and overseeing of our ambitious expansion project, which includes the construction of increased orthopaedic facilities, new surgical admissions and recovery unit, endoscopy suite, a Central Sterile Processing (CSP) department, larger orthopaedic and pre-operative assessment space, along with a larger theatre recovery facility.

Applicants do not need to be an expert in healthcare or have previous experience of being on a Board. If you have experience in the delivery and overseeing of major capital projects and a commitment to helping improve the health and wellbeing of the people in Scotland, then you are encouraged to apply.

The successful candidate will be provided with full training and support to develop all the skills needed to fulfil their duties.

To find out more information about the role, please visit www.appointed-for-scotland.org or call 0300 244 1898.

Completed applications must be received on or before 5pm on Monday 16 May 2022.



Social Media Posts

Stress Awareness Month

This month was stress awareness month and we took to our social media pages to encourage everyone to take steps that help manage stress with the stress management society and international wellbeing insights 30 day challenge.

With healthcare staff facing huge amounts of stress everyday it is so important to take time to enjoy the things you love.

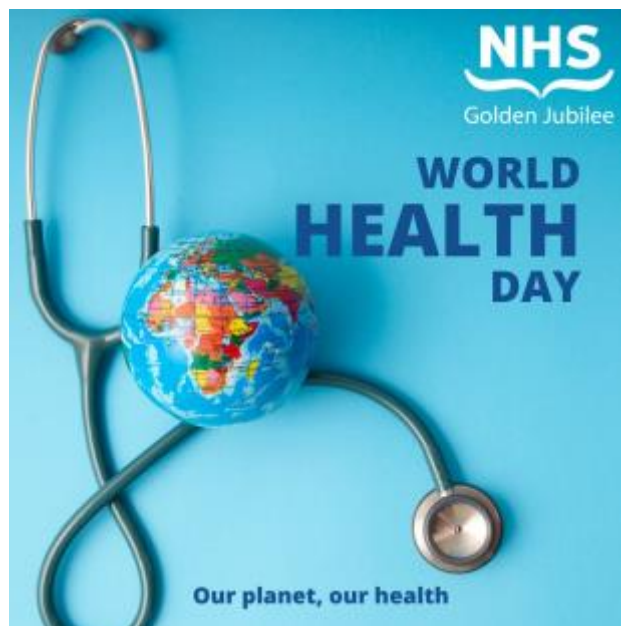
[View the full post here](#)



World Health Day 2022

This month we also marked World Health Day 2022 where we recognised and celebrated all of the incredible staff across Team Jubilee that continue to work together for a more sustainable healthcare system for patients across Scotland.

[View the full post here](#)



Bowel Cancer Awareness Month

To mark bowel cancer awareness month we highlighted the incredible work of the Centre for Sustainable Delivery that have now performed more than 2,000 diagnostic bowel test using the innovative Colon Capsule Endoscopy.

[Click here to view the full post](#)



Scottish Government News



Use of face coverings

The legal requirement to wear face coverings in most indoor public spaces and on public transport has now become guidance.

It is strongly recommended that face coverings continue to be worn where appropriate including indoor crowded spaces and on public transport.

[Click here to read more](#)

Please note, there are specific rules and requirements in place for NHS Golden Jubilee staff and patients regarding the continued use of face coverings to keep our patients safe.

Additional healthcare staff and international nurses join NHS workforce

Scottish health boards have recruited more than 1,000 additional healthcare support staff and almost 200 registered nurses from overseas to help address the challenges facing the NHS.

The support staff recruitment drive was launched last October by the Health Secretary.

[Click here to read more](#)

Preparing for future pandemics

Professor Andrew Morris has been appointed as Chair of the Scottish Government's Standing Committee on Pandemic Preparedness (SCoPP)

Professor Morris is Professor of Medicine and Vice Principal of Data Science at the University of Edinburgh and Director and CEO of Health Data Research UK.

The Committee will advise on how Scotland can be as prepared as possible to meet future pandemics.

[Click here to read more](#)

NHS rape and sexual assault service launched

The dedicated national NHS service that offers choices in healthcare, forensic examination and support after a rape or sexual assault is to be implemented across all health boards, will allow those ages 16 and over to self-refer for a forensic health examination and a Sexual Assault Response Coordination Service (SARCS), whether they wish to report to the police or not.

[Click here to read more](#)

Contact



Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the [feedback form](#).

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