

# Jubilee Life **December**



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## Issue 31

*Welcome to the December 2021 edition of your monthly digital staff magazine.*

*Remember there's a handy icon at the bottom right to help you navigate through the sections.*

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## News



### **30 years of heart transplants in Scotland**

Thursday 16 December, marked 30 years of life-saving heart transplantation in Scotland as one patient looks forward to his own 30th birthday celebration this festive period.

The service began at the Glasgow Royal Infirmary on 16 December 1991 before the country's first historic heart transplant was carried out on 2 January 1992.

During those 3 decades, 445 lives have been saved through the service following the gift of life from donors and their families who have selflessly supported the donation of organs so others can live.

Of that figure, 281 transplants were carried out in the Glasgow hospital, while 164 have been performed at NHS Golden Jubilee in Clydebank since the service moved there in 2008.

Patient Euan Bisset, from Muir of Ord near Inverness, turns 30 on 26 December thanks to a life-saving heart transplant in 2018.

Euan, a keen mountain bike racer, worked as a welder for his family's company before his operation. He was diagnosed with muscular dystrophy and cardiomyopathy in 2009 and received an implantable cardioverter-defibrillator (ICD) in 2015.

His condition worsened severely until he was told he would need a new heart in 2018 and he was admitted to the National Services Division (NSD) ward at the Golden Jubilee on the urgent list.



1 - Colleagues from the Scottish National Advanced Heart Failure Service (SNAHFS)

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*"When one of the surgeons told me that my 'heart wasn't good', I knew it was serious, but I welcomed the diagnosis as I had gradually been feeling worse over the years.*

*"I was really lucky, I only had to wait about 4 weeks after I went on the urgent list and I just remember being wheeled away and I didn't wake up until 11 days later because there were complications.*

*"My new heart wasn't pumping the blood right straight away and it was very touch and go and I was in ICU for weeks and had some problems afterwards too.*

*"I was so weak I basically had to learn to walk again, walking with a frame, but the physios and everyone else were brilliant and eventually got me onto a bike and I just kept going from there, building my strength up again.*

*"I think I walk a bit differently now, more robotically with my arms, it's weird, but it's a good trade.*

*"I'm doing really good now. I think this year is the first time since 2018 that I've not spent time in any hospital, apart from check-ups. I've had some problems but my heart feels perfect.*

*"I've had my latest scans and they're very happy with it and, even though I'll need care for the rest of my life, my check-ups are getting further apart.*

*"It's a miracle to still be alive and I'm just really grateful. Emotionally, it's hard knowing that someone died for me to be alive, but it's comforting knowing that's what they wanted, and I know that if circumstances were different, I would do the same.*

*"I want my donor's family to know that their loss has turned into something positive by saving my life and with my new heart I try my very best every day to make it count."*

*Euan Bisset*

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*2 - Heart transplant patient Euan Bisset*

Theatre Coordinator Hazel Colquhoun is vastly experienced in cardiac services serving in many senior roles over the past 30 years and played a leading role in the first Scottish team which went to the specialist Harefield Hospital in Uxbridge to learn how to retrieve organs for transplantation in Scotland in the set-up stage.

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*"I always liked doing things that were unpredictable. In cardiac surgery I don't know what I'm going to do that day because it changes so much, but I'll know what I've done at the end of the day.*

*"I remember the first transplant when it was done as our team went out through the night and I actually still have our off-duty book for that day.*

*“It’s a special thing. When I first did retrieval you wouldn’t know anything at all about the person whose organ you are retrieving, but that’s all changed and you know the circumstances now, which I think makes the process much better.*

*“I’ve seen all kinds from kidney to liver and heart. I think the first time you retrieve organs from someone and see them going into someone else is like the ‘Circle of Life’ for me.*

*“The transplants we used to do probably wouldn’t need to be a transplant today thanks to advances in drugs and how things have moved on.*

*“The patients we get for transplant now are really sick and desperately need a transplant. We used to do transplants and be in and out in under 4.5 or 5 hours, but nowadays it can take longer due to the patient’s condition.”*

*Hazel Colquhoun, Theatre Coordinator*

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3 - Hazel Colquhoun is the Nurse in this image from heart transplant surgery in the old unit

The highly skilled transplant team has been resilient throughout the COVID-19 pandemic and has carried out 41 heart transplants over that period, overcoming difficulties to ensure the high level of safety and patient care was maintained.

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*Hazel added: "It's good for us to have the Retrieval Programme here at NHS Golden Jubilee giving us involvement in the whole transplantation journey."*

*"The team has done a lot over the last few years, going into COVID hospitals in full PPE now, working through this pandemic amazing well, with the on-call team doing a large amount of transplants."*

*"The team has worked extremely hard and within teams like this it's like having a second family you are so close to each other."*

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*4 - Members of the heart transplant Retrieval Team*

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*"A lot has changed in the world of cardiac transplantation over the past 30 years."*

*"As technology evolves, so too does our clinical practice. One example of this would be the development of the Organ Care System (OCS) which is a medical device used in the transportation of donor hearts."*

*"It allows the organ to be transported for longer distances. Rather than the traditional method of preserving an organ through cold storage, this perfuses the blood of the donor through the heart at a temperature more similar to the human body."*

*"In Scotland especially, this allows us a wider access to donor organs from all over the UK - as the heart can travel safely from further afield."*

*“As well as surgical advances, there have also been advances in transplant medicine. The immunosuppression regimes used to prevent rejection post cardiac transplant have evolved over the years due to advances in medical research and clinical experience.*

*“The aim of all of this development is to allow access to transplantation to those patients for whom it is needed in a timely manner with the best chance of survival during the operation and the best long term prognosis - so that they can spend many years living with a healthy heart.*

*“All in all, it has been a very positive journey for cardiac transplantation over the past 30 years and we look forward to an exciting next 30 years!”*

*Dr Jane Cannon, NHS Golden Jubilee Consultant Cardiologist in Advanced Heart Failure and Cardiac Transplantation*

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5 - The Organ Care System

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*For details about organ donation, visit [organdonationscotland.org](http://organdonationscotland.org).*

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## Research staff continue search for COVID knowledge

Research staff at NHS Golden Jubilee will continue to play a pivotal role in a national study about Coronavirus (COVID-19) for another 12 months.

Over the past year, our Research Team have been involved in the SIREN study, which looks at the impacts of coronavirus on healthcare workers.

The study is now moving into an extension phase with our team continuing our involvement.



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[Click this link to read the full story](#)

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## SEACHange in exercise for heart patients

A study carried out at by our team at the Golden Jubilee has found that structured exercise for patients with congenital heart disease is safe and effective to help them live longer and happier lives.

The Supported Exercise programme for Adults with Congenital Heart Disease (SEACHange) research was carried out by members of our Scottish Adult Congenital Cardiac Service (SACCS) team.

Congenital Heart Disease (CHD) is a lifelong condition and many patients from across the country require regular treatment in our Adult Congenital Heart Disease (ACHD) review clinic.

The long-term disease can result in heart failure and arrhythmias and recurrent hospital admissions is common among sufferers. However, the benefits of regular exercise are well known and can improve quality of life.

The aim of the study was to determine the feasibility of introducing a supported exercise programme to develop physical and psychological wellbeing in adults with Congenital Heart Disease (CHD) living in Scotland.

Participants were assessed using a 6-minute walk test, grip, bicep and quadriceps strength, as well as psychological measurements.

They went on to complete a 12-week programme that included an online, personalised exercise plan, a walking programme and/or breathing exercises.

The groups of patients and majority of individual participants improved on their fitness across all the physical measurements.



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*“Exercise and physical activity are areas where patients often require support and advice.*

*“The benefits of regular exercise are well known and evidence suggests that even a modest increase in physical activity can reduce morbidity, improve psychological wellbeing and protect against cardiovascular disease.*

*“We therefore believe that interventions to support a healthy lifestyle may assist in reducing hospital admissions and healthcare costs for this patient population.”*

*Niki Walker, SACCS Consultant*

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Niki Walker, Elaine Muirhead, Shelagh Brown, Samuel Rodgers and Jim Mearns were the team behind the study.

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[Click this link to read the full study](#)

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### **Jubilee staff deliver for local kids**

Children affected by hardship or living in poverty in our local community will wake to presents this Christmas thanks to all of our big-hearted staff who have shown the true spirit of Christmas.

A plea for presents went out last month asking departments and teams to donate pledges for children who may go without on December 25.



And colleagues certainly answered the call and delivered bags and bags of presents bound for Santa's sleigh at the West Dunbartonshire Community Foodshare, which will distribute them among local kids.



The West Dunbartonshire foodbank is one of the local good causes being supported through the Glasgow Spirit of Christmas campaign.

The collection was organised by Head of Rehabilitation Christina MacLean and PA Maeve Coleman who made 40 pledges for presents this year – 20 each for girls and boys aged 13-16.



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*“Thank you to everyone who contributed to the Golden Jubilee Spirit of Christmas. Myself and Chris delivered all 40 pledges on Monday this week along with a couple of bags of extra toiletries and goodies.*

*“The charity was absolutely delighted with all the gifts from the Golden Jubilee and they will be distributed to the children most in need in the area on a strict criteria basis.”*

*Maeve Coleman*

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In addition to the 40 pledges, the Anaesthetics department donated £500 in gifts and another £500 in food, while staff from Athroplasty also collected in a further 12 pledge bags full of goodies.



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*“It really is heartbreaking to think some children don’t have presents to wake up to on Christmas Day so ourselves and the charity are delighted that boys and girls will have presents thanks to our collection, which was absolutely amazing.*”

*“Some families requested nothing more than warm clothes for their children so it is really great that each of our 40 gift bags had an assortment of presents which included items like socks, hats, gloves or a warm cuddly fleece blanket among loads of toys and gifts.*”

*“Well done to everyone for making the effort and contributing to this very worthy cause.*”

*“Happy Christmas everyone and thank you so much for being the kids’ Secret Santas.”*

*Maeve Coleman*

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### Professor Jann Gardner

Our Chief Executive, Jann Gardner, has been recognised by the University of Strathclyde for her experience in leadership and management with a Visiting Professorship in the University Business School's Executive Education division.

NHS Golden Jubilee and the University of Strathclyde are involved in a pioneering partnership that aims to find solutions to 'Delivering Care Through Collaboration'.

Professor Gardner will work with the University to provide essential teaching, support and mentoring opportunities in executive leadership for undergraduate, postgraduate students and for the Centre for Board and Director Development.



6 - Jann Gardner

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[Click here to read more.](#)

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## Scottish Government News



### **Transparent face masks introduced to NHS Scotland**

New transparent face masks have been approved for use in health and social care settings.

The new transparent masks, which feature a clear front panel to enable lip reading, will make communication easier and help reduce the challenges the pandemic has been created for those with communication needs.

NHS National Services Scotland began distributing the masks to Health Boards in November for use now.



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[Click here to read the full article](#)

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### **Updated COVID-19 Guidance**

As we approach Christmas, it is essential that everyone continue to follow the latest guidance and safety measures to help reduce the spread of COVID-19.

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*For the latest news and updates, please [click here](#).*

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### **New plan for endoscopy and urology**

The Endoscopy and Urology Diagnostic Recovery and Renewal Plan will support faster diagnosis of cancer and other illnesses of the digestive system, bladder and prostate.

The £70 million Scottish Government investment will assist in the recovery of services and improving outcomes for patients.

For Endoscopy, this will include, using innovative new technologies as an alternative to traditional endoscopy and introducing a National Endoscopy Training Programme to increase skilled practitioners.

For Urology, this will include, creating Diagnostic Urology Hubs to reduce waiting times for cancer, and routine diagnosis and developing an educational programme for Urology Advanced Nurse Practitioners.

The Endoscopy and Urology Diagnostic Recovery and Renewal Plan has been developed in collaboration with the National Centre for Sustainable Delivery (CfSD), patients and key stakeholders including NHS Academy, the Scottish Society of Gastroenterology, the Scottish Urological Society and many Third Sector organisations.



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[Click here to read the full article](#)

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### **Professor Alex McMahon appointed Chief Nursing Officer**

Professor Alex McMahon has been acting as Chief Nursing Officer on an interim basis since October 2021 and will now take up the position on a substantive basis for up to 3 years, following an external recruitment process.

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[Click here to read the full article](#)

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## **Events**



### **NHS Scotland Event 2022**

The NHS Scotland Event 2022 will take place in Aberdeen for the first time ever in June.

The occasion is the key networking and educational event for those who work in and with NHS Scotland.





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*Dates: Wednesday 21 and Wednesday 22 June 2022*

*Location: P&J Live events venue, Aberdeen*

*More information on the 2022 Event will follow early next year, while the 'call for posters' will launch in January.*

*For all the latest news and announcements, follow on Twitter [@NHSScotEvents](https://twitter.com/NHSScotEvents) #NHSScot22.*

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## People



### **Congratulations to Master Marc**

Congratulations to Marc Feeley who is now a fully trained perfusionist after passing his professional practical and viva voce examination this month.

Marc, 30, from Erskine, has now successfully attained his Masters (MSc) in clinical perfusion science from Bristol University, as well as completing his professional log book and training, signed off by 2 visiting professional body clinical perfusionists.

Marc began his career here back in 2016 as a cardiac scrub nurse in the Theatre Academy Programme before applying for the trainee perfusion position in 2019.

Well done Marc!



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*"With all of this in place Marc is now signed off as an accredited and fully registered UK and Ireland clinical perfusion scientist."*

*"It's a big well done to him, his mentor and all the team for supporting him through this process."*

*Patrick Campbell, Clinical Perfusion Manager*

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### **Sheena sets the pace with exam success**

Cardiac Physiologist Sheena Mair, who specialises in Electrophysiology, is celebrating after passing in the top 30% of an international exam.

Clever clogs Sheena, has been working at NHS Golden Jubilee in the Cardiac Rhythm Management (CRM) service for 13 years working alongside the Hospital's multi-disciplinary Cardiology team.

Sheena's exam success saw her placed in the top 30% in the Certified Cardiac Device Specialist (CCDS) exams held by the International Board of Heart Rhythm Exams (IBHRE). This qualification is regarded as the most challenging in this particular field of Cardiology.

She has also recently passed the British Heart Rhythm Society's (BHRS) Electrophysiology exam after sitting through 120 questions in another several hours-long exam.

Formed in 2005, the BHRS helps improve all aspects of arrhythmia care and electrical device based therapies.

In order to achieve BHRS certification Sheena will now move into the logbook process of the Electrophysiology examination. This component is very important and requires a significant amount of time and effort to complete.

Sheena supports the diagnosis and treatment of a range of heart conditions using specialised arrhythmia analysis, pacemakers and implantable cardioverter defibrillators (ICD), implantation of loop recorders and other cardiac procedures.



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*"I work closely with the Cardiologists, when they are implanting cardiac devices, my role is to provide technical support and advice to ensure that the devices will function appropriately.*

*"This involves measuring electrical signals in the heart along with the resistance between the device and the patient. We also use state of the art software to programme the devices to meet the patient's individual needs.*

*"I was absolutely delighted when I found out I had achieved such a high score for this exam.*

*"It will allow me to perform a wider variety of analysis for cardiology patients including cardiac resynchronisation therapies, implantable defibrillation therapies and enhanced electrophysiological studies."*

*Sheena Mair*

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The examination, which is held entirely online, assesses essential clinical knowledge relevant to implanting pacemakers and ICDs, as well as the diagnosis and treatment of patients who suffer from heart rhythm disorders. The exam consists of 200 multiple-choice questions and is taken within a 5-hour time limit.

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*Sheena continued: "I am very pleased to have done so well and I want to thank all my colleagues at NHS Golden Jubilee who have helped support me and who gave me invaluable assistance during my studies."*

*"I am very pleased that Sheena has taken this opportunity for personal development. This is a great achievement not only for her but for the department as a whole."*

*"Sheena is one of a small team and her results are not only a tribute to her efforts but also to the high professional standards set by the CRM team and all the hospital's Cardiac Physiology team."*

*"Sheena has really shown her continued commitment to deliver a very high level of care to our patients and will really develop the level of service we can offer our patients."*

*"Cardiac physiology is a little known specialty but vital part of every hospital's workforce. Sheena's achievement assists to highlight this importance and show the profession is a rewarding career choice to future Healthcare Scientists."*

*Murray Jummun, Cardiac Physiology Manager*

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## Val-You



### NHS Golden Jubilee Long Service Awards

The first of NHS Golden Jubilee's Long Service Awards due to take place on 22 December has been postponed until next year. Look out for more information.

For those who have missed this round of applications, there will be an opportunity to submit your application quarterly.



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### Here's some social media comments from patients and the public about you!

**Linda McStay** - Team SACCS forever

**Kenny Rowan** - I would like to give a huge thanks to all the staff in the Cardiac Day Unit. You are all fantastic. Professor Etiba and his team in the Cath Lab were absolutely fantastic and the nurses that looked after me before and after angiography were exemplary to make my stay a most pleasant and humbling experience, thank you to all SO much how lucky we are to have our NHS

**Marie Coyle Robertson** - On 1st April this year I had a heart transplant, the staff, Drs, Nurses, and ancillary staff, on NSD ward were amazing. Their kindness, professionalism got me through and saved my life. I will be forever grateful.

**Charles Mitchell** - Fantastic hospital, saved my life

**Alyson Rice** - Spent 4 months at Jubilee a few years ago when son was in ECMO, staff were all amazing, not only with him but with us as well. X

**Sharon Jardine** - Just had surgery in August to repair an aortic aneurysm. First time at the jubilee as I was Yorkhill for previous surgeries. Jubilee was great and such lovely staff x

**Stephen Wilson** - Great place xx

**Elizabeth Lees** - Lovely place.

**John Curley** - Well done to each and every one of them.

**Connie Kinnear** - Don't know what we would do without them. Thank you and Well done.

**Heather Simpson** - Hubby admitted Monday in emergency! Fantastic care in Coronary Care Unit still there in recovery. Thank you.



## Health and Wellbeing





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*We are committed to supporting the health and wellbeing of our staff and have a range of resources available.*

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### Step into Christmas Update

As we reach the end of the Step Into Christmas challenge, last week saw another awesome effort by all the teams and individuals in the challenge with some doing well over 1 million steps between them.

We will bring you a full breakdown of the final totals, and whether we hit our targets later this week! In the meantime, you can check out all the details of how we did in week 3 in the Sway below and enjoy some of the amazing pictures people have been sending in of them getting those miles on the clock!



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[Click this link to view the latest news](#)

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## **Jubilee Active Blog**

December's Jubilee Active Blog by Occupational Health Physiotherapists David Longhurst and Kathryn Wales focuses on 'Leading by Example'.

While everyone makes an extra effort to help others during the festive, David is reminding colleagues to also make sure and look after yourself as well as your neighbours and community.

David and Kathryn wish you all a fit, healthy and happy Christmas!



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[Read the blog to find out more](#)

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## **Gym membership**

A new salary sacrifice West Dunbartonshire Leisure corporate membership is now available for NHS Golden Jubilee staff.

Click the links below for full details:

- [WD Leisure NHS Golden Jubilee corporate membership](#)
- [WD Leisure NHS Golden Jubilee corporate membership application December 2021](#)

## **National Wellbeing Hub resources**

New resources have been posted on the National Wellbeing Hub to help staff cope with potential challenging times ahead.

The resources are intended to empower and encourage colleagues to look after their own, and their colleagues' wellbeing.

In line with reports from representative and professional bodies, the resources focus on helping colleagues cope with raised anxiety levels, low mood, fatigue and insomnia/sleep issues, and to look after their wellbeing at this time.

All the information/resources on the National Wellbeing Hub [www.wellbeinghub.scot](http://www.wellbeinghub.scot)

You can also follow news from the Hub on social media on [Twitter](#), [YouTube](#) and [LinkedIn](#).

We spend our days caring for others but sometimes we're not good at asking for help ourselves.

The [National Wellbeing Hub](#) is a place full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

### **Anxiety - What is it and how can we manage it?**

A new addition to the national hub is a video session on anxiety.

A lot of you might be feeling increasingly anxious at the moment, understandably so. In order to manage anxiety, it can help to first understand what it is and what it's doing.

In this session, Mindfulness practitioner Tracey Moggeridge will help you do just that – giving an overview of what anxiety is and what it feels like, and providing you with some useful strategies you can use to help manage your own anxiety.



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[\*Click here to access the session\*](#)

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### **Team Matters**

The National Wellbeing Hub has a range of sections covering issues and topics that affect us all in healthcare.

The Team Matters section looks at: Psychological First Aid; Colleague wellbeing; Supporting teams; Compassionate leadership; Training for managers; Advice on PPE.

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*There's a podcasts on [Psychological First Aid in Practice](#) and [How to protect your sleep this winter](#), among many more.*

*[Click this link to check out all the resources](#)*

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## Learning and Organisational Development



### Learning and Organisational Development update

- This week's [Learning and Organisational Development update](#) has details of current training opportunities.
  - Staff are reminded to complete the [TURAS shared decision making module](#).
  - [School Apprenticeship Pathway in Health](#) - Please help us shape this new qualification for young people! Survey will be open for responses until Tuesday 21 December 2021.
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### Training opportunities

#### Microsoft Teams (Intermediate/Advanced)

This course will benefit those who use MS Teams to arrange meetings or conduct interactive sessions and already have a basic understanding of it.

These informative sessions will cover lots including:

- How to use the meeting options settings
- How to record meetings and access recordings
- How to access recordings (via the Stream app)
- How to use the whiteboard

- Set up breakout rooms
- How to access meeting notes/whiteboard illustrations/poll results etc.
- Create Teams and add members
- Have meetings / chats and conversations within channels
- How to work / Collaborate on files as a Team

The course is run on MS Teams on the following dates:

- Tuesday 1 February 2022, 9.30am - 4.30pm
- Wednesday 2 February 2021, 9.30am - 4.30pm

### **MS 365 Webinar**

This MS 365 Webinar will cover how to access/use/utilise some of the apps associated with MS 365.

On completion of the webinar, you will have a greater understanding of how to use the apps to communicate and collaborate more effectively and efficiently with your colleagues and in completing your day-to-day tasks.

Explanations and Demonstrations include:

- What is MS 365
- How to access your account and apps associated with it
- How to navigate within the MS 365 environment
- What is OneDrive
- What is SharePoint
- How to create various types of documents using some of the apps (via the online and desktop versions)
- How to comment/communicate on and Share files with colleagues etc.

These sessions are offered on MS Teams on the following dates:

- Wednesday 9 February 2022, 9.30am - 4.30pm
- Thursday 10 February 2022, 9.30am - 4.30pm

### **Challenging Conversations**

Occasionally we face conversations in the workplace that we'd rather not have.

While it's tempting to avoid these in fear that we don't have the right skills or they won't go to plan, having the discussion can improve the situation for all involved and make for a more harmonious workplace.

We are offering 2 courses to increase your confidence and skills in dealing with difficult conversations:

### **Courage to Manage**

Aimed at people managers and supervisors, this focuses on:

- developing the essential skills needed to hold courageous conversations,
- preparing for and structuring conversations,
- building confidence and skills for when things don't go as planned, and
- approaches for the 'real life' scenarios you face.

The course is available on the following dates:

- 3 February: 9am – 4.30pm - MS Teams

These sessions can be booked on [eESS](#).

### **Early Resolution Workshop**

Open to all colleagues, this looks at developing the skills needed to support early resolution of conflict, particularly around bullying, harassment and discrimination.

The session covers:

- The importance of self-awareness
- Managing challenging behaviours (your own and others)
- The skills needed to have effective early resolution conversations
- Approaches for the 'real life' scenarios you face

The course is available:

- 25 January: 9am – 4.30pm - MS Teams

These sessions can be booked on [eESS](#).

## **The Social side**



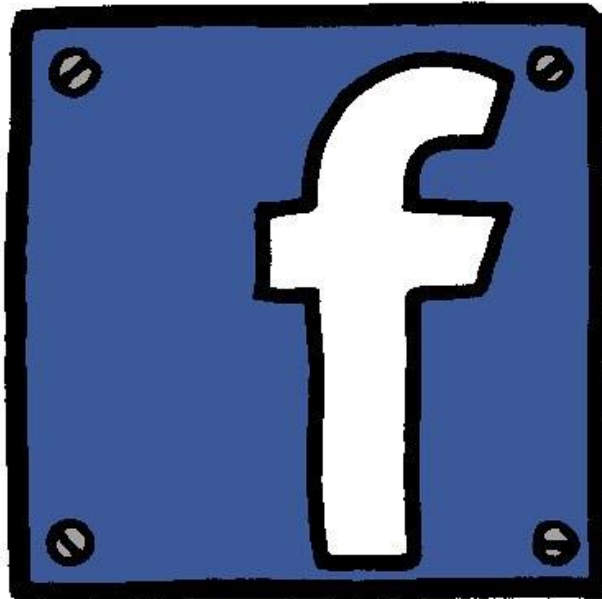


## What's happening on our social media pages

### Facebook:

December marked the start of Grief Awareness Week. With this time of year proving particularly hard for those who have lost loved ones, it is important that we take time to acknowledge our grief. Talking about our bereavement can help us heal.

[View the full post here](#)

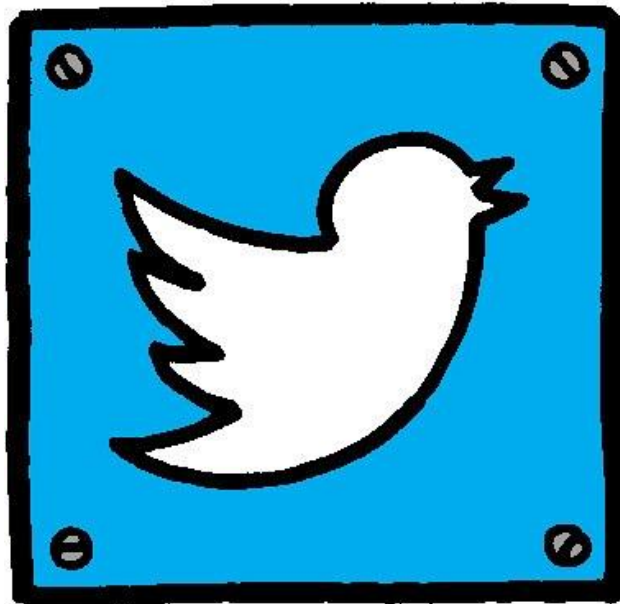


7 - [Click here to access our Facebook page](#)

### Twitter:

We celebrated our wonderful Pharmacy Support Workers this December. With all of the essential work they do for #TeamJubilee it's no surprise this was our most popular tweet!

[View the full post here](#)



8 - [Click here to access our Twitter page](#)

**YouTube:**

This month we took a virtual walkthrough around our catering department.

This video gives an insightful look at the hard work and dedication shown by the team to ensure all staff, patients and visitors are catered for.



9 - [Click here to access our YouTube page](#)

**LinkedIn:**

Our post about vacancies across our Cardiac, General and Thoracic, Anaesthetic and Orthopaedic Peri-Operative teams in Theatres helps us reach potential new colleagues on LinkedIn.

[You can view all of our vacancies here.](#)

Like, Share or Comment and spread the word about our career opportunities and help teams fill their vacancies.





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## Social Media Posts

### World Aids Day

Team Jubilee staff marked world Aids day this December by serving their red velvet cakes and donning their red t-shirts.

This year marks 40 years since the start of the epidemic, since then there have significant medical advances that have improved the lives of those living with HIV and AIDS.

[View the full post here](#)



### International day of persons with disabilities

At NHS Golden Jubilee, we are proud to offer our staff, patients and visitors an environment that caters to all.

Project Officer, Brynley Pearlstone shared his experience working as part of Team Jubilee as a person with a disability.

Bryn has been thriving in his role as project officer, and is a key member of our GJ Ability Network.

[View the full post here](#)



### **International Volunteer Day**

We said a huge thank you to all of our wonderful volunteers this International Volunteer Day.

These individuals play such an important role in assisting so many of our patients and visitors, thank you for being part of Team Jubilee.

[View the full post here](#)



### **Staff Retirement**

This month we bid a fond farewell to Charge Nurse Brian Dagleish who spent many years working in the NHS.

Many took to the comments on our social media pages to wish Brian a happy and long retirement.

Brian, you'll always be a part of Team Jubilee.

[View full post here](#)



We had another member of Team Jubilee retire this month, Charlie Findlay. Charlie started working in the hospital in May 1994 as a member of the estates team, who at that time also maintained and tested the decontamination equipment within CSPD. Charlie left the hospital in 1999 and later returned in 2003 to work full time in CSPD where he continued to develop his knowledge and skills to become the Test Engineer for CSPD and Endoscopy.

Charlie has seen many changes since the early days of HCI through the expansions and was heavily involved in the Phase 2 build for the new CSPD up until his retirement.

As much as Charlie works hard, he also plays hard. Charlie loves nothing more than jetting off in the winter to exotic locations with his wife Linda and we're sure he'll spend much of his retirement in the sunshine.

Happy retirement Charlie! Thanks for being part of #TeamJubilee.

[View the full post here](#)



**Christmas Jumper Day**



Team Jubilee staff did not disappoint this Christmas Jumper day with many teams sharing some Christmas joy.

[View the full post here](#)







## Contact



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*Tell us what you think...we want to hear your views!*

*If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the [feedback form](#).*

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