

Jubilee Life



Issue 14

[Welcome to the first edition of Jubilee Life's new-look monthly digital staff magazine.](#)

We are delighted to bring your staff magazine to you in a new format and frequency as it is directly based on your feedback. When we asked you about internal communications earlier this year, you told us that you wanted more digital content and asked for a monthly magazine instead of a quarterly one.

Jubilee Life now comes with embedded YouTube clips and photo reels so you can read, watch and look at all content without leaving the magazine. We have also included active contact links for every story to direct you to key people straight away.

Introducing Sway

Your new digital staff magazine is published using Microsoft Sway – a cloud-based digital storytelling platform for the creation of visually striking newsletters that can be read on any device.

We know that the digital magazine might not suit everyone, so we have also created a PDF version for anyone who prefers it. Links to both the digital and PDF versions are available on Staffnet and the Board website.

Tell us what you think

There's a Communications feedback form in every issue, so please take a few minutes to tell us what you think of the magazine format and content to help us shape future issues.

Happy reading from all at Team Jubilee Life!



News



The Future of Internal Communications and Engagement

New and innovative ways of communicating and engaging with staff will be phased in across NHS Golden Jubilee over the coming weeks and months.

The developments are a result of the internal communications survey carried out at the beginning of the year, as well as the lessons learned and the need to reduce transmission opportunities during the Coronavirus (COVID-19) pandemic.



“The Communications team has developed its future plans by taking stock of what staff told us they want going forward and also the changes we had to make during the pandemic.

“While many of our new developments will take a ‘digital first’ approach, all of our communications and engagement platforms are regularly reviewed and equality impact assessed to ensure all staff have equal access to information.”

Sandie Scott, Head of Communications, Marketing and Engagement

What you told us

- The most popular existing communication channel is e-digest, followed by our dedicated bulletins, Staffnet, Jubilee Life magazine and social media channels.
- Staff want more online and audio visual content. However, a regular staff conference was the third most popular channel requested and it is also worth noting that over 22% of respondents did not feel that any additional communication methods were needed.
- Increasing digital content was the most requested way of receiving Golden Jubilee news, followed by face to face, audio visual and print.
- The staff magazine should be produced on a monthly basis rather than the quarterly frequency at the time of the survey.



Our plans for 2020 and beyond

- Relaunch of our staff magazine in monthly digital-first format.
- Bulletins will continue on an ad-hoc basis. With the staff magazine moving to a monthly format, it is anticipated that bulletin content may move over to this on occasion.
- E-digest will be revamped to look more attractive and eye catching.
- Social media will continue to include staff stories and relevant information for staff in the public domain.
- Supporting teams to deliver Virtual Walk Rounds as part of Board Meetings and Workshops.
- Reviewing how we can provide a feeling of 'face to face' and enhanced interactive communications with staff in light of COVID-19.
- Consider digital methods in line with infection control issues on reducing transmission via surfaces.
- Working with eHealth and the national NHS Microsoft 365 project team to determine the internal capability of the wide range of digital broadcast, communications and engagement channels available within Microsoft suite of applications.



Further information

If you have any comments or questions, please contact [Christine McGuinness](#)

On the road to recovery

Since the NHS was placed on an emergency footing due to COVID-19, we continued to treat urgent heart and lung patients, and collaborated with other NHS Boards to allow a range of urgent cancer patients to be treated.

Our teams have worked really hard throughout this pandemic situation to get us to a place where we can now treat planned care patients in key in demand specialties. This means that we have started work again on scheduled heart and lung procedures, hip and knee replacements, cataracts and a range of diagnostics tests.



For the foreseeable future, we will also continue to provide diagnostic and cancer treatments to benefit patients across Scotland.

1 - The patient/staff relationship has become even closer during the COVID-19 pandemic

“We have not only redesigned existing services, but have added new specialties to the Golden Jubilee portfolio so that we can help reduce the number of people across Scotland waiting for appointments and treatment for heart disease, cancer, hip and knee replacements, cataracts, general surgery and diagnostic interventions such as endoscopies.

“To allow us to do this, we have created two new wards and will be opening these as soon as possible. We are also accelerating our planned expansion to enable the opening of six new ophthalmology theatres, which will be available from September.”

Jann Gardner, Chief Executive

[Read the full feature here](#)

Patient marries sweetheart in transplant ward

A woman who married her partner in one of our wards as he awaited a life-saving heart transplant paid tribute to the NHS Golden Jubilee staff who helped make their big day special.

Katie Morris, 51, married Steven Cairns in May whilst dressed in PPE.

As well as decorating the hospital room with flowers and an archway of balloons, staff also provided non-alcoholic champagne and Staff Nurse Liz Davidson even baked the couple a three-tier wedding cake.

[Read the full feature here](#)



2 - The happy couple, Mr and Mrs Cairns





3 - Click play to watch the video

Awards hat-trick for Golden Jubilee Conference Hotel

The Golden Jubilee Conference Hotel was named Conference Hotel of the Year 2020 at the Scottish Hotel Awards.

In a night of triple success, the four-star venue also picked up the Reception Team of the Year award with Scott Fraser being named Chef De Partie of the Year.

The winners were announced on Facebook on Sunday 25 April after the physical ceremony had to be cancelled due to the coronavirus pandemic.



4 - Hotel staff continue to gather awards for their great service

“Winning these three awards is an incredible achievement and I’m truly delighted. We invest a lot of time in the Golden Jubilee ensuring that our portfolio of conference services is meeting our clients' expectations and ahead of industry standards.

“It is also a fantastic tribute to all of our hard working, professional and dedicated staff who work so hard to ensure that our guests have the best experience and a warm welcome.”

Bronagh Bell, Hotel Director

[Read the full feature here](#)

NHSScotland Event

In March this year, organisers made the difficult decision to postpone the NHS Scotland Event 2020 due to Coronavirus (COVID-19).

At the time it was hoped that the event would run later in the year.

However, in accordance with the phased approach to the easing of lockdown, there will not be an opportunity to host an event of this scale this year.

Planning is now underway for the NHSScotland Event 2021 – more information on this will follow in the coming months.

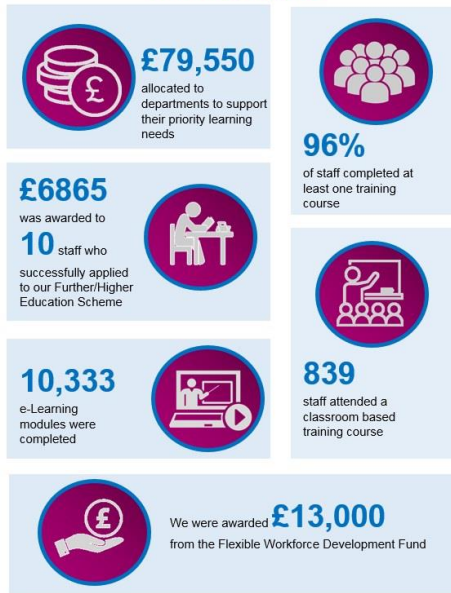


Learning & Organisational Development Annual Report

The Learning and Organisational Development Team supports a range of learning, education and organisational development activity for all staff within NHS Golden Jubilee. Below are a number of highlights from 2019/20.

Learning and Education

The Highlights



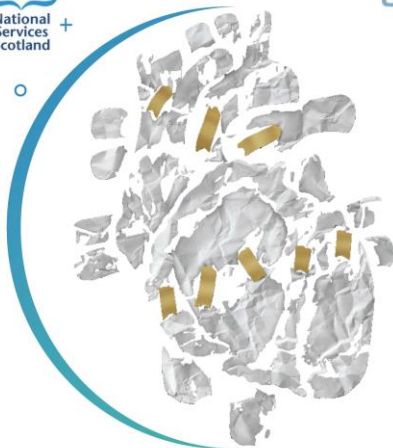
Organisational Development

The Highlights



To find out more about the activities supported in 2019/20, along with our key areas of focus for 2020/21, read our Annual Report found on [HR Connect](#).

SACCS Save the Date



Save the Date

9th Scottish Adult Congenital Cardiac Service Conference

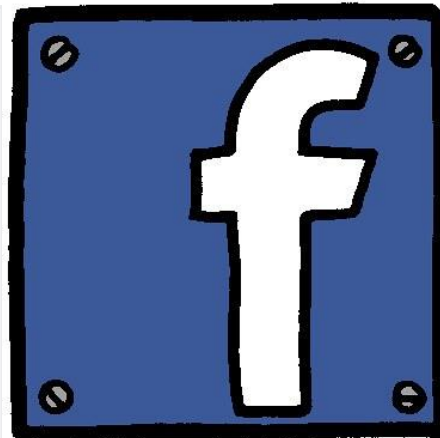
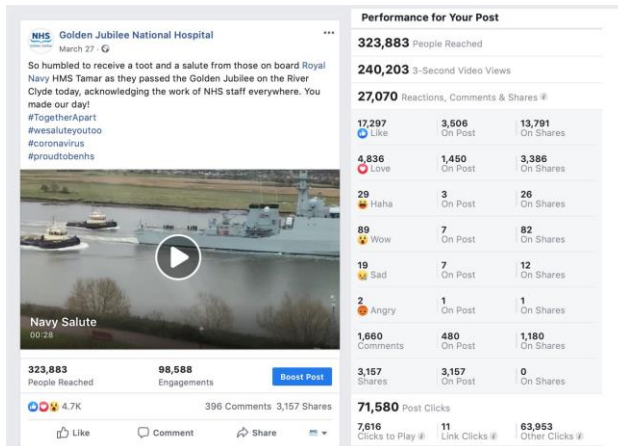
- 11 December 2020
- Register at [Eventbrite](#)
- This event will be delivered virtually
- Further details and programme coming soon

[Register at eventbrite here](#)

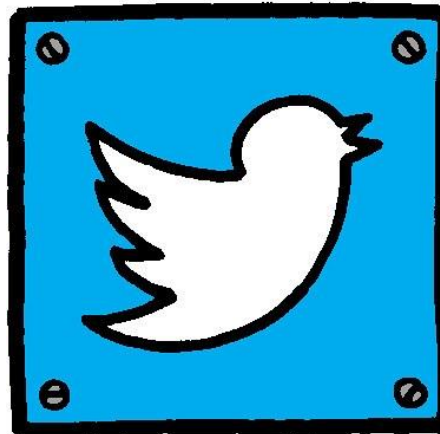
The social side

Social media is one of the most important ways we communicate with patients, the public and the world as a whole and during this pandemic we have received so much support from the public and have been able to communicate rapid changes quickly and effectively.

Facebook: Shortly after lockdown in March our video of a Navy ship saluting us as it passed the site on the River Clyde went viral with almost a quarter of a million views and was shared all over the world.

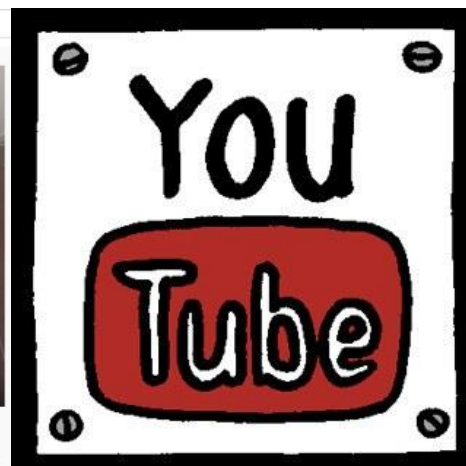


Twitter: Comedian and local boy Kevin Bridges took time out to wish his cousin Nicole and all of us here all the best, which was very popular.

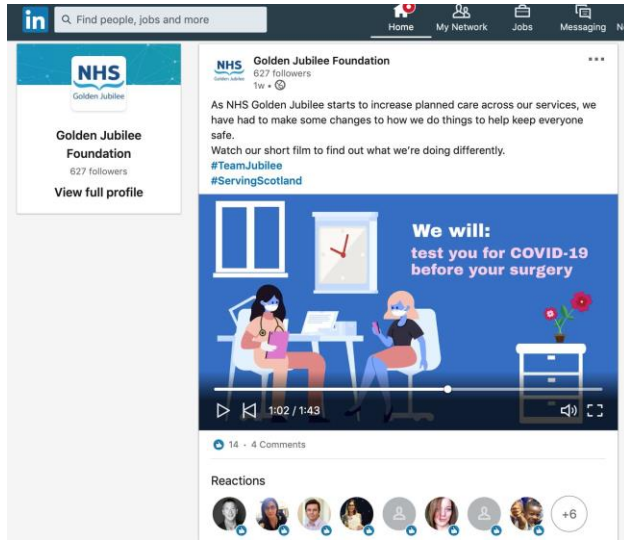


5 - [Click here to access our Twitter page](#)

YouTube: Another much-loved celebrity, actor John Hannah, sent us good wishes thanks to his family connection here – sister Joan Clacher – with a lovely video showing his support for key workers.



LinkedIn: Our video about increasing planned care again was one of the most popular on our LinkedIn page.



Get social with us and keep up to date with everything that's going on in #TeamJubilee life on our social media pages.

Val-You



Golden Jubilee Staff Awards 2020 have re-opened.

Paused as a result of the global Coronavirus (COVID-19) pandemic, nominations re-open on Friday 31 July until noon on Monday 31 August.

Whilst previous nominations across all other categories still stand, a Special Recognition award has been added to recognise an individual, group or team who has made a significant impact during COVID-19.

Prizes and certificates for winners and shortlisted participants will remain the same. But this year, all staff will be recognised for their efforts to support NHS Golden Jubilee's response to the pandemic.

Shortlisted nominees will be announced on 28 September and winners will be unveiled on 5 November.

Due to ongoing physical distancing requirements, we will no longer be able to hold an evening event as planned. Details of the new-look event will be released as soon as they are finalised.



7 - Click play to watch the video

[Nominate here](#)

People



Thank you health heroes: From the frontline to the front page



Staff from a range of departments across NHS Golden Jubilee made front page news for their roles in helping care for the public during the global coronavirus pandemic.

Key workers Eilidh McCunn (Housekeeping), Diamantino de Freitas (Rehabilitation), Gillian Lawless (eHealth), Heather Beattie (Outpatients), Maeve Coleman (Mobilisation Hub), Catherine McKechnie (Catering) and student Ailie Anderson (Laboratories), were hailed as “selfless” NHS heroes in local newspaper the Clydebank Post in May.

The feature gave an insight into how they adapted when their roles changed through physical distancing, new shift rotations and joining new teams to help services through changes.



9 - Front cover of the Clydebank Post



10 - Full article

[Read the full feature here](#)

NHS Golden Jubilee welcomes new Board Member

NHS Golden Jubilee welcomed its newest Non-Executive Board member. The two-year appointment of Elaine Cameron was announced by the Cabinet Secretary for Health and Sport, Jeane Freeman and will run from 6 April 2020 to 5 April 2022.

Elaine has held strategic leadership roles in the third sector for over a decade and has significant experience of good governance, human resources and strategic planning.

A Business Management Consultant specialising in providing business development and financial sustainability advice to the third sector, she has also previously worked within the financial sector of private business. In addition, Elaine is an associate member of the Chartered Institute for Personnel and Development.



11 - Elaine Cameron

"I am delighted to be joining NHS Golden Jubilee, an organisation that is at the forefront of innovation with a strong commitment to delivering truly person centred care services.

"I look forward to working alongside colleagues to take the organisation to the next stage of its expansion and development."

Elaine Cameron, Non-Executive Director

[Read the full feature here](#)

Welcoming Infection Control staff

The Prevention and Control of Infection Team (PCIT) welcomed two new members this year, Dr Sarah Whitehead, Consultant Microbiologist and Hannah Driscoll, Infection Control nurse.

Hannah Driscoll has spent the last nine years in the Glasgow Royal Infirmary working in Respiratory Medicine and was the link nurse for infection control.

“I’ve always had an interest in Infection control and this job allows me to delve into the murky depths and expand my knowledge and experience. Joining the team in the middle of a pandemic has been a baptism of fire. Everyone has been very welcoming and supportive.

"My new colleagues in PCIT have been very patient trying to teach me while doing their own work at the same time. I don't think I could have joined a better team."

Hannah Driscoll, Infection Control Nurse



12 - Hannah Driscoll

Our People - Dr Sarah Whitehead, Consultant Microbiologist

Sarah Whitehead joined us in May this year from NHS Lanarkshire. Working behind the scenes, her role as Consultant Microbiologist is pivotal to the health of patients.

"I didn't actually move into Medicine and then into Microbiology until I was 35.

"Before that I was a computer programmer and worked for a company in Edinburgh called GEC Marconi Avionics who made RADAR and head-up displays for fighter pilots.

"It was really interesting but it was nothing to do with medicine at all but I come from a medical family, so it was inevitable that I'd eventually become a doctor.

"After years of training and working in Virology I moved up to Scotland in 2002 and in 2009 I began working in the Southern General as a Consultant Microbiologist."



13 - Dr Sarah Whitehead

"In January 2015 I moved over to Monklands and was running a Pan-Lanarkshire service, which was very challenging because the three hospitals at Hairmyres, Monklands and Wishaw are all quite far apart so I was shooting around between them for five years.

"My job now means developing the laboratory service and making sure we continue to offer a quality service, which means doing what the clinicians need for their patients and making sure turnaround times are good. Antibiotic resistance is becoming a huge thing around the world so turnaround times are important.

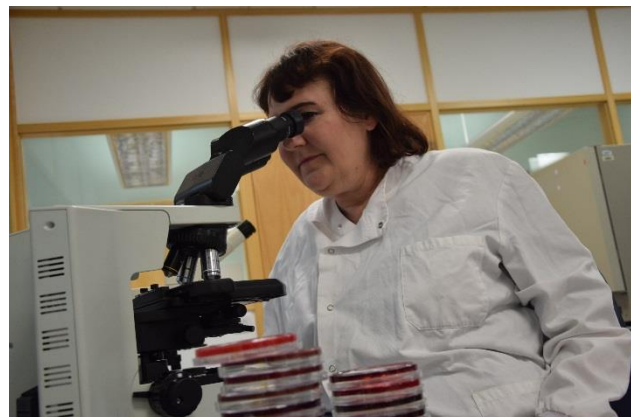
"In NHS Golden Jubilee we are actually quite a small lab with only 35 staff making up the Biochemistry, Microbiology and Haematology departments. The team are great, though, they're really nice and I think they're really pleased to have their own Microbiologist.

"For a while we were working with GG&C but they were sending over different microbiologists every week because they were so busy, which meant there was no continuity, but we all get on very well and I really like it here.

"That's what I love about the Jubilee, it's very different, it's a lovely place to work.

"It's different because it's only one hospital which makes things much easier. It's got a nice structure in that it's very easy to go and speak to the people you need to speak to, it's not too big and everyone knows who you are, which is helpful.

"A typical day for me now consists of multidisciplinary team meetings with the Heart Failure team or ICU; antimicrobial ward rounds which means myself and the anti-microbial pharmacist go round looking at all the antibiotics that patients are on and we see if it's the best thing for them to be



on. I spend a lot of time talking with doctors and Nurse Practitioners because anti-microbial stewardship is so important."

"On other days I usually have a lab meeting or an Infection Control meeting. I can be involved in technical discussions about things like how best to disinfect equipment or more 'high level' discussions like what the guidelines around coronavirus are going to be.

"Another thing you have to be as a Microbiologist is a bit of a walking encyclopaedia. Sometimes, if it's something I haven't dealt with for years I may have to go and look it up. There's quite a lot of getting answers to difficult questions about difficult infections.

"I don't get involved in the practical elements of the job as much as I used to. I will go and look at plates in the lab because the lab staff might have grown something from somebody's heart valve and staff will ask "do you think this is significant, or not"?

"I do quite a lot in the lab in terms of giving them advice but what I don't do very much of is actually sit down and play around with the bugs myself because I don't really have time. As a consultant my day is almost entirely meetings.

"It can be a very pressured job, but I've been doing it for so long now that I have become very flexible in all aspects of my life. Being an Infection Control Doctor for the last few years has meant that if something happens you have to be able to drop everything and deal with it.

"The real pressure in Microbiology comes with Infection Control issues. There's a lot of detective work involved in trying to work out how a patient got an infection, and that's why I really enjoy my job.

"I try and switch off from work during my time off. I live near Loch Lomond so I like to go for walks round there, go fishing with my partner and visit car boot sales at the weekend."

NHS Golden Jubilee Induction Programme

In November 2019 we launched our new blended learning Corporate Induction Programme, with the aim of supporting new staff to receive a more timely induction into our organisation.

New staff now complete the **e-Learning module 'NHS Golden Jubilee Induction'** found on learnPro. They also have the opportunity to attend a **Welcome Event** hosted by our Chief Executive Jann Gardner, providing them with the opportunity to network with other new employees as well as members of our executive team. Staff can enrol onto one of our Welcome events via eESS*.

[Here's what some of our staff had to say about the new induction programme:](#)

I liked the presentation, not too dense, links to access further information, videos made me feel welcome and positive

I have gained a greater understanding of all the key areas of Golden Jubilee.

An excellent overview for all staff. Very helpful in understanding the organisation.

Meeting the Chief Executive makes me feel valued as an employee rather than 'just a number'.

The induction event had a relaxed atmosphere and friendly staff.

Good to hear from other members of staff from other departments.

Short information guides for staff and managers describing the full Induction Journey can be found on the [induction page](#) on Staffnet.



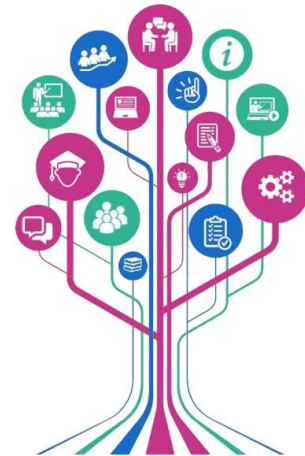
Induction Short Guide for Managers



Learning & Organisational Development
Supporting organisational effectiveness by developing people and teams to reach their full potential.



Induction Short Guide for Staff



Learning & Organisational Development
Supporting organisational effectiveness by developing people and teams to reach their full potential.

For further information, contact the Learning & Organisational Development Team on extension 5123.

* Given the impact of Coronavirus (COVID-19) and physical distancing requirements, we have been unable to facilitate the Welcome Events since March 2020 and are exploring alternative approaches.

Maeve is a wave of energy



14 - Maeve Coleman with her Mobilisation Hub colleagues



15 - Maeve at the staff picture board she inspired

If you're passing Ardmore Point on the coast near Helensburgh and you spot someone swimming in the sea – chances are it'll be our very own Maeve Coleman.

Maeve, (pronounced like the name Dave), doesn't just tread water either, she is a wave of energy and positivity in the newly-created Mobilisation Hub, set up specially to manage services at NHS Golden Jubilee during this coronavirus pandemic - which is consuming us all, both professionally and personally.

"People said I would love swimming in the lochs when I moved to Scotland, but weirdly, they don't do it for me, I love being in the sea," said Maeve, who has been at the Golden Jubilee for nine months now.

"We wanted to come to Scotland because it's similar to Ireland; people, landscape and weather along with closer travel links compared to Devon where we were before."

The Mobilisation team was created with staff from across the hospital so individuals were working together for the first time, prompting Maeve to create friendship and bond with her peers by introducing ice breakers and challenges, but she's certainly no stranger to making new friends.

Maeve, from Dublin, regularly moves home with husband Mark who endures postings to different parts of the British Isles through his job in the Royal Navy.

"My career is important to me and when you're a Navy spouse it's really hard to find a balance between a career and the Navy but you just have to work it as best you can every time you relocate, rather than say 'I can't have a career', but more, 'what can I do for me?', so coming here has been brilliant.

“I’m lucky I’m outgoing, I’m always try to be very helpful and I know sometimes I can be a bit out there, but I think people are okay with that because they know it comes from a good place.

“I think - life is short so let’s have a bit of fun and banter whenever we can, you can lace it into all aspects of life, I’m always looking to have a smile and help others smile too.”

Some of the activities Maeve introduced to the team include a stairs challenge, using the stairs instead of the lifts to stay healthy; baking days when staff cook something and bring it in for the whole team; a show-and-tell photo board with pictures of staff doing what they like outside work; and ‘Friday family get-togethers’ when everyone takes a few minutes to enjoys the bakes and have a wee chat.

And with Maeve’s dynamic and energetic personality, topped up with her soothing Irish lilt, her colleagues have embraced her friendship and ideas with gusto.

“I only knew my friends in the Orthopaedic department, where I worked before, and it was a really scary period at the start of the pandemic. I’m not a particularly anxious person, but even I was feeling it.

“I felt I had to get to know these people I would be working with through this ‘tsunami’ that was spreading through the country, and not be strangers with each other.

“I thought about the stairs challenge to help people keep healthy during lockdown with spot prizes every Friday to bring some motivation and fun into it.

“I did some research and found that together the team had to do 100 flights of the stairs to climb the equivalent of Mount Everest, we did that and more, so literally we’ve scaled the highest mountain in the world - but I think we’ve done it metaphorically too.

“This team is the best I’ve ever been part of, we all came together as strangers but we are now a family who all work very hard for all our patients, and for each other.”

The Colemans are currently very happy pitched up in Helensburgh and Maeve wants to make it a more permanent home, thanks partly to how she has settled in with her “amazing” colleagues at the Golden Jubilee.

“We’ve definitely put down roots in Scotland, I’ve joined a local running club, a sewing bee group and without doubt I’ve felt much happier since I started working at the Golden Jubilee.”

Maeve Coleman

NHS Golden Jubilee welcomes student nurses

In April, we welcomed more than 40 student nurses to the ranks at NHS Golden Jubilee in support of NHSScotland’s fight against Coronavirus (COVID-19).

The 25 final-year students and 17 second-year students from Glasgow Caledonian University, the University of the West of Scotland and the University of Glasgow have all begun working in various departments in the hospital.

The students will continue to work towards their degrees while achieving practical clinical experience by caring for patients as key members of the nursing team.



16 - Student nurses at their initial training session

[Read the full feature here](#)

Student jobs fayre

Final year student nurses were given the opportunity to apply for Band 5 posts at an NHS Golden Jubilee jobs fayre in June. The fayre provided an opportunity for the students – who are all working in the wards at the moment – to gain an understanding of all the specialties available in the hospital, as well as helping them identify their first and second choices for their applications.

The jobs fayre took place in the Hotel and stations were set up in various rooms maintaining physical distancing. Students had 15 minutes at each station to find out about the speciality and to ask questions. There was also a Human Resources station so that the students were given details of their interview and application process. Following the jobs fayre an interview workshop was organised for the students to allow them to prepare for their interview the following week.

“I’d like to thank everyone who took part and helped make the jobs fayre and interview workshops possible.”

Lorraine Allan, Lead Practice Education Facilitator



Happy retirement!

Over the last few months we've said a fond farewell to some of #TeamJubilee's longest-serving members of staff:

In May we said goodbye to one Irene Crawford who was our Cardiac Physiology Manager for more than 20 years, with over 40 years NHS experience overall. Irene led the Cardiac Physiology service with expertise and passion and retired with the best wishes of all her colleagues.



17 - Irene Crawford



18 - Linda Clements and Marion McQuiston

In July Linda Clements and Marion McQuiston both retired from the National Services Division (NSD) after 12 years at the Golden Jubilee. The dynamic duo have 40 years and 25 years of service respectively for the NHS.

Also in May, we said a physically-distant-goodbye to Gordon Rankin who retired as Head Biomedical Scientist after 26 years with us.

Gordon was a well-respected member of the laboratory team who is greatly missed by all.



19 - Gordon Rankin



20 - Keith Oldroyd (middle) with Lynne Ayton and Dr Hany Etieba

At the beginning of June, Staff showed their love and admiration with a Guard of Honour for Cardiologist Professor Keith Oldroyd on his retirement. Keith led our heart and lung services from conception in 2007 to the international centre of excellence it is today.

Thanks to all of these colleagues for all of their years of service, you'll always be part of [#TeamJubilee](#)

InVOLved



Golden Jubilee embrace technology to continue volunteering services

Our amazing Volunteers marked Volunteers Week 2020 by highlighting that they've been spending time chatting with patients over the phone.

The hospital's pastoral care service team who would normally spend time in the wards visiting patients and liaising with staff, are now using video and telephone calls to maintain contact.

Volunteers were trained on various platforms to check on the well-being of patients within the hospital, as well as those who had recently been discharged home or had ongoing needs.

Jack Morrison, 68, from Bearsden, has been a volunteer with NHS Golden Jubilee for 18 months. His weekly chats to fellow heart failure patients were put on hold when the pandemic stopped visits to hospitals.



21 - Jack Morrison

"Introducing tech into volunteering has been tremendous."

Jack Morrison, Volunteer

[Read the full feature here](#)

Health and Wellbeing



We want to encourage everyone to stay safe and healthy during these challenging times - this means taking care of both your physical and mental health.

There are many resources available via the Internet and it can sometimes be a bit overwhelming to decide which sites to visit. With this in mind, we have created a directory of resources that informs you of the services available within NHS Golden Jubilee and signposts you to several trusted external resources.



If there are particular services or resources you think would be helpful to you or your colleagues or if you have any comments or concerns, please get in touch by emailing [Staff Wellbeing](#). You can also access the services available by [clicking here](#).

Resources available

National Wellbeing Hub for health and social care workforce

Please have a look at the new National Wellbeing Hub for health and social care workers.

[Click here to access the hub](#)

Jubilee Active Blog

The latest Jubilee Active blog by our Occupational Health Physiotherapy staff focuses on how to get active again following months of lockdown.

In the blog, by Kathryn Wales, she talks about how her work and personal life have changed since the onset of COVID-19, and how she is starting to get mobile to 'fit into' her jeans again after gym closures curtailed her exercise regime.

Kathryn has detailed some great advice on how you can set goals to get fit again.



22 - Kathryn Wales

[Read the full blog here](#)

Psychological First Aid

Psychological First Aid does not entail diagnosis or formal treatment. It is simply a way to provide support and understanding to help people deal with heightened emotions, acute distress and, if appropriate, facilitate access to more specialist care.

If you are interested in accessing this service at any time, please contact Occupational Health to be allocated the next available appointment for a 30-minute consultation with Dr John Sharp, Consultant Clinical Psychologist.

Occupational Health can be contacted on extension 5435 or by emailing [Occupational Health](#).

Spiritual Care Centre

Situated in the main corridor on the ground floor between the hospital and the hotel. The spiritual care centre is open all day, every day and includes:

- The Sanctuary and Prayer Room to pray and reflect
- The Lounge to relax



Coaching for wellbeing

This is a digital coaching service. It offers two options for online coaching, both designed to support you with issues you may be facing during these challenging times. Experienced coaches will support you in building resilience and improving your wellbeing and if you lead others there will be space to explore how you support your staff too.

Whichever option you choose, coaching will bring new ways of understanding yourself and your situation, clarity as to how you can play to your strengths and further strategies for staying on track.

[You can access the wellbeing coaching document here](#)

Play



Golden Jubilee in harmony with Scottish Ensemble

NHS Golden Jubilee worked in harmony with Scottish Ensemble to help bring their new show about heart transplantation to life.

The theatrical show, *We Are In Time*, raises awareness of the process of transplantation at Scotland's heart and lung centre, following the journey of a transplanted heart through the stories of the donor and recipient.

Our staff from the Scottish National Advanced Heart Failure Service (SNAHFS) – from transplant surgeons, theatre and ward staff, members of the organ retrieval and after-care teams and patients – collaborated with the arts group to give a unique insight into the different stages of the complicated and emotional journey of heart transplantation.

Writer Pamela Carter spent time researching the piece at the Golden Jubilee, observing open heart surgery in theatres and speaking to patients awaiting a new heart in the ward.

The *We Are In Time* show, which features a new score from ground-breaking Icelandic composer Valgeir Sigurðsson, was part of Scottish Ensemble's 50th Anniversary Season with shows in Perth, Glasgow, Edinburgh and Inverness.

"It is a privilege to be part of a patient's journey through heart transplantation, it is such a rewarding thing seeing someone get their quality of life back.

"It is a very emotional journey and we get to know the families really well as after-care lasts for a lifetime following their procedure."

Lorraine Jerrett, Advanced Heart Failure Nurse Specialist and Transplant Coordinator

[Read the full feature here](#)

Lynsey lends a helping hand

A specialist nurse is collecting for foodbanks to help those who have been affected financially by the coronavirus situation.

Lynsey Paton, a Cardiothoracic Specialist Nurse who has a Masters degree in Clinical Assessment and Prescribing and now working in NHS Golden Jubilee's COVID-19 Mobilisation Unit, wanted to give back to communities after being touched by all the support the public has given NHS workers.

NHS Golden Jubilee has a food collection at Hospital Reception, which donates specifically to the local foodbank, West Dunbartonshire Community Foodshare.

Lynsey is collecting for Trussell Trust foodbanks, predominantly across the Greater Glasgow area, and is urging colleagues to search their cupboards for food they may not need, which could make a difference to the life of a whole family.



23 - Lynsey Paton wanted to give something back

“People were doing so many good things for the NHS like the clapping, discounts and special times in shops, handing food and gifts in for staff, donating all sorts of things.

“While it’s been hard for healthcare workers, we were still working and being paid, but there were people on furlough, self-employed or those who have been made redundant who weren’t getting any money and were really struggling.

“I just wanted to do something for these people and their communities.”

For more information on the Trussell Trust, which has a network of food banks across the UK, visit [Trussell Trust](#).

To donate to Lynsey’s food drive, email [Lynsey Paton](#)

Contact



Tell us what you think...we want to hear your views. If you would like to comment on any of the issues featured in this staff magazine please send your comments to [Comms](#) or complete the feedback form.
